



25/03/2010

## Amsterdam Swim Cup 2010

GOLD Swimming Team  
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**BEELPREZ JONAS** GG **GOLD /022/93**

Wed. 09 men, 200m freestyle 2:02.63 1.11 53e 12 Rp

50m	28.42	28.42	100m	59.38	30.96
150m	1:30.71	31.33	200m	2:02.63	31.92

Wed. 16 men, 800m freesty 8:57.86 14.7 15e 13 Rp

50m	30.30	30.30	100m	1:03.77	33.47
150m	1:37.54	33.77	200m	2:11.57	34.03
250m	2:45.21	33.64	300m	3:19.07	33.86
350m	3:52.85	33.78	400m	4:26.67	33.82
450m	5:00.29	33.62	500m	5:35.06	34.77
550m	6:08.00	32.94	600m	6:42.04	34.04
650m	7:15.99	33.95	700m	7:50.18	34.19
750m	8:24.62	34.44	800m	8:57.86	33.24

**BOERHAVE GILLES** GG **GOLD /002/92**

Wed. 04 men, 200m breaststroke 2:25.81 1.57 18e 14 Rp

50m	33.04	33.04	100m	1:09.72	36.68
150m	1:48.06	38.34	200m	2:25.81	37.75

Wed. 22 men, 50m breaststroke 31.34 0.37 30e

Wed. 29 men, 100m breaststroke 1:08.53 1.57 29e 12 Rp

50m	32.25	32.25	100m	1:08.53	36.28
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**COREELMAN JONAS** GG **GOLD /003/91**

Wed. 04 men, 200m breaststroke 2:18.98 1.48 6e 16 Rp

50m	31.51	31.51	100m	1:06.50	34.99
150m	1:42.45	35.95	200m	2:18.98	36.53

Wed. 04 men, 200m breaststroke 2:21.18 2.2 8e 15 Rp

50m	31.48	31.48	100m	1:07.16	35.68
150m	1:44.31	37.15	200m	2:21.18	36.87

Wed. 22 men, 50m breaststroke 30.59 0.16 20e

Wed. 29 men, 100m breaststroke 1:05.78 1.33 16e 13 Rp

50m	30.74	30.74	100m	1:05.78	35.04
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**DE MARE BAVO** GU **GOLD /004/92**

Wed. 17 men, 50m freestyle 25.19 0.18 66e

Wed. 20 men, 50m backstroke 28.37 0.77 24e

Wed. 27 men, 100m backstroke 1:02.06 2.2 32e 12 Rp

Wed. 31 men, 100m freestyle 55.94 1.05 61e 11 Rp

**DECONINCK LAURA** GG **GOLD /005/93**

Wed. 01 women, 200m freestyle 2:10.62 -1 54e 12 Rp

50m	30.40	30.40	100m	1:03.60	33.20
150m	1:37.35	33.75	200m	2:10.62	33.27

Wed. 21 women, 200m medley 2:22.58 0.15 11e 15 Rp

50m	30.27	30.27	100m	1:06.54	36.27
150m	1:48.50	41.96	200m	2:22.58	34.08

**DROOGNE DIDIER** GU **GOLD /006/92**

Wed. 19 men, 200m fly 2:20.31 2.84 22e 8 Rp

50m	29.78	29.78	100m	1:05.16	35.38
150m	1:42.77	37.61	200m	2:20.31	37.54

Wed. 24 men, 400m freesty 4:19.76 3.34 35e 11 Rp

50m	29.58	29.58	100m	1:02.04	32.46
150m	1:35.29	33.25	200m	2:08.68	33.39
250m	2:41.63	32.95	300m	3:15.19	33.56
350m	3:48.31	33.12	400m	4:19.76	31.45

Wed. 34 men, 1500m freestyle 6:44.03 6.42 10e

50m	30.12	30.12	100m	1:02.97	32.85
150m	1:36.54	33.57	200m	2:10.25	33.71
250m	2:43.96	33.71	300m	3:17.98	34.02
350m	3:51.52	33.54	400m	4:25.08	33.56
450m	4:58.48	33.40	500m	5:32.11	33.63
550m	6:05.75	33.64	600m	6:39.57	33.82
650m	7:13.13	33.56	700m	7:46.70	33.57
750m	8:20.74	34.04	800m	8:54.42	33.68
850m	9:27.99	33.57	900m	10:01.60	33.61
950m	10:35.73	34.13	1000m	11:09.35	33.62
1050m	11:43.17	33.82	1100m	12:16.76	33.59
1150m	12:50.73	33.97	1200m	13:24.83	34.10
1250m	13:58.74	33.91	1300m	14:32.45	33.71
1350m	15:06.13	33.68	1400m	15:39.98	33.85
1450m	16:13.46	33.48	1500m	16:44.03	30.57

**ROBBE MICHAEL** GG **GOLD /008/85**

Wed. 02 men, 50m fly 26.01 0.03 38e

Wed. 06 men, 200m backstroke 2:15.41 1.82 8e 9 Rp

50m	30.84	30.84	100m	1:04.93	34.09
150m	1:40.33	35.40	200m	2:15.41	35.08

Wed. 09 men, 200m freestyle DNS

Wed. 13 men, 200m medley 2:13.28 4.29 28e 12 Rp

50m	27.36	27.36	100m	1:00.42	33.06
150m	1:41.05	40.63	200m	2:13.28	32.23

Wed. 19 men, 200m fly 2:11.25 2.22 13e 11 Rp

50m	27.82	27.82	100m	1:00.95	33.13
150m	1:36.07	35.12	200m	2:11.25	35.18

Wed. 27 men, 100m backstroke 1:00.40 -1.2 19e 12 Rp

50m	29.34	29.34	100m	1:00.40	31.06
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Wed. 31 men, 100m freestyle 53.71 0.17 54e 12 Rp

50m	25.84	25.84	100m	53.71	27.87
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**SCHOUTTETENS RUTH** GU **GOLD /009/93**

Wed. 21 women, 200m medley 2:27.85 0.79 22e 13 Rp

50m	31.43	31.43	100m	1:09.59	38.16
150m	1:53.89	44.30	200m	2:27.85	33.96

Wed. 23 women, 100m freestyle 1:01.65 0.25 8e 11 Rp

50m	29.49	29.49	100m	1:01.65	32.16
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Wed. 26 women, 50m fly 30.23 0.58 40e

Wed. 32 women, 50m freestyle 28.39 0.59 62e

**VANEYGHEN MIET** GK **GOLD /041/93**

Wed. 25 women, 800m freesty 9:47.21 17.4 18e 10 Rp

50m	32.19	32.19	100m	1:08.51	36.32
150m	1:44.86	36.35	200m	2:21.78	36.92
250m	2:58.07	36.29	300m	3:35.14	37.07
350m	4:11.58	36.44	400m	4:49.09	37.51
450m	5:25.69	36.60	500m	6:03.12	37.43
550m	6:40.12	37.00	600m	7:17.86	37.74
650m	7:55.0	37.14	700m	8:32.7	37.70
750m	9:10.0	37.30	800m	9:47.2	37.20

Wed. 28 women, 200m backstrok 2:37.63 6.15 8e 7 Rp

50m	35.92	35.92	100m	1:16.34	40.42
150m	1:56.72	40.38	200m	2:37.63	40.91

Wed. 33 women, 400m freesty 4:47.58 8.69 32e 9 Rp

50m	33.18	33.18	100m	1:08.99	35.81
150m	1:45.06	36.07	200m	2:22.07	37.01
250m	2:58.38	36.31	300m	3:35.48	37.10
350m	4:11.67	36.19	400m	4:47.58	35.91

**VANLUCHENE EMMANUEL** GG **GOLD /011/92**

Wed. 02 men, 50m fly 25.47 0.35 21e

Wed. 06 men, 200m backstroke DNS

Wed. 11 men, 100m fly 57.48 1.44 21e 14 Rp

50m	26.59	26.59	100m	57.48	30.89
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Wed. 17 men, 50m freestyle 23.57 -0.06 14e

Wed. 20 men, 50m backstroke 26.89 -0.3 6e

Wed. 20 men, 50m backstroke 27.15 -0.7 7e

Wed. 31 men, 100m freestyle 51.99 1.02 25e 16 Rp

50m	24.91	24.91	100m	51.99	27.08
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**VANNESTE JONI** GG **GOLD /028/93**

Wed. 28 women, 200m backstrok 2:24.84 0.65 8e 13 Rp

50m	34.55	34.55	100m	1:10.58	36.03
150m	1:48.20	37.62	200m	2:24.84	36.64

Wed. 33 women, 400m freesty 4:36.40 7.83 24e 12 Rp

50m	31.00	31.00	100m	1:04.98	33.98
150m	1:40.00	35.02	200m	2:15.02	35.02
250m	2:50.65	35.63	300m	3:26.51	35.86
350m	4:02.26	35.75	400m	4:36.40	34.14

**VERMEERSCH LORENZ** GK **GOLD /042/91**

Wed. 09 men, 200m freestyle 2:04.47 1.62 65e 8 Rp

50m	28.20	28.20	100m	1:00.29	32.09
150m	1:32.18	31.89	200m	2:04.47	32.29

Wed. 13 men, 200m medley 2:20.25 1.41 43e 8 Rp

50m	29.74	29.74	100m	1:04.69	34.95
150m	1:48.02	43.33	200m	2:20.25	32.23

Wed. 17 men, 50m freestyle 25.72 -0.01 86e

Wed. 20 men, 50m backstroke 28.75 -0.2 29e

Wed. 27 men, 100m backstroke 1:03.17 1.29 42e 8 Rp

50m	29.79	29.79	100m	1:03.17	33.38
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Wed. 31 men, 100m freestyle 56.70 0.96 61e 8 Rp

50m	26.95	26.95	100m	56.70	29.75
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