



4/12/2011

9e dag Henri Lecluyse (KZK)

GOLD Swimming Team
Live slow, swim fast!

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AELBRECHT QUINTEN		GU	GOLD /097/99		
Wed 05	400 m vrije slag	05:31.16	-4.9	2e 4 Rp	
100m	01:19.49	79.49	200m	02:45.15	85.66
400m	05:31.16	83.01			

ANCKAERT ARTHUR		GU	GOLD /208/99		
Wed 05	400 m vrije slag	06:09.35	-5.6	9e	
100m	01:28.03	88.03	200m	03:05.03	97.00
400m	06:09.35	92.16			

BEKAERT THIBAUT		GU	GOLD /282/00		
Wed 05	400 m vrije slag	06:09.58	9.27	10e 1 Rp	
100m	01:27.34	87.34	200m	03:01.04	93.70
400m	06:09.58	94.27			

BRAEKEVELD TIBO		GU	GOLD /280/01		
Wed 02	400 m vrije slag	05:28.78	-9.1	1e 14 Rp	
100m	01:19.32	79.32	200m	02:43.99	84.67
400m	05:28.78	82.40			

COOREVITS SIMON		GU	GOLD /340/01		
Wed 02	400 m vrije slag	06:10.28	-21	3e 5 Rp	
100m	01:30.11	90.11	200m	03:07.55	97.44
400m	06:10.28	91.37			

COUSIN JULINE		GM	GOLD /334/02	
Wed 03	200 m rugslag	FF		

DE BACKER INNE		GR	GOLD /247/98		
Wed 01	200 m vrije slag	02:34.54	-8.6	6e 3 Rp	
50m	00:35.55	35.55	100m	01:15.98	40.43
200m	02:34.54	39.28			

Wed 08	100 m rugslag	01:27.64	-11	9e
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DE BRABANDERE MAARTEN		GU	GOLD /104/98		
Wed 05	400 m vrije slag	05:28.61	-1.9	7e 1 Rp	
100m	01:15.74	75.74	200m	02:40.42	84.68
400m	05:28.61	84.10			

DEBELS JUSTINE		GM	GOLD /289/00		
Wed 01	200 m vrije slag	02:44.81	-11	6e 5 Rp	
50m	00:39.80	39.8	100m	01:22.61	42.81
200m	02:44.81	41.10			

Wed 08 100 m rugslag SW6.4B
keerpunt niet dadelijk ingezet na borstligging en/of armtrekbeweging

DECAT CHELSEA		GR	GOLD /321/98		
Wed 01	200 m vrije slag	02:43.38	-6.7	12e	
50m	00:36.07	36.07	100m	01:17.24	41.17
200m	02:43.38	43.07			

Wed 08	100 m rugslag	01:26.63	-3.4	8e
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DEMEESTERE KEVIN		GU	GOLD /300/00		
Wed 05	400 m vrije slag	05:52.91	-4.9	7e 5 Rp	
100m	01:23.74	83.74	200m	02:54.27	90.53
400m	05:52.91	89.32			

DEQUESNE JARI		GU	GOLD /114/99		
Wed 05	400 m vrije slag	05:20.87	-7.2	1e 7 Rp	
100m	01:16.59	76.59	200m	02:39.35	82.76
400m	05:20.87	80.76			

DERYCKERE LUNA		GU	GOLD /288/00		
Wed 01	200 m vrije slag	02:59.23	-20	17e	
50m	00:40.67	40.67	100m	01:27.58	46.91
200m	02:59.23	45.83			

Wed 08	100 m rugslag	01:29.26	-6.3	11e 3 Rp
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DUMORTIER INES		GM	GOLD /290/00	
Wed 08	100 m rugslag	01:42.15	-12	18e

EGELS MAXIME		GM	GOLD /333/02		
Wed 02	400 m vrije slag	07:27.41		5e	
100m	01:43.99	103.99	200m	03:38.38	114.39
400m	07:27.41	114.52			

FLAMEY RUNE		GR	GOLD /270/00		
Wed 01	200 m vrije slag	02:58.98	-2.6	16e	
50m	00:38.01	38.01	100m	01:24.78	46.77
200m	02:58.98	47.10			

Wed 08	100 m rugslag	01:29.74	-13	12e 2 Rp
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HENNE SVEN		GR	GOLD /252/94		
Wed 04	100 m vlinderslag	01:23.37		3e	
50m	00:37.83	37.83	100m	01:23.37	45.54

Wed 07	50 m vrije slag	00:29.12	-0.4	3e 1 Rp
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HERMAN CIAN		GU	GOLD /298/01		
Wed 02	400 m vrije slag	05:51.69	-6.1	4e 9 Rp	
100m	01:25.75	85.75	200m	02:55.38	89.63
400m	05:51.69	88.16			

LAGAE MICHELLE		GR	GOLD /269/98		
Wed 01	200 m vrije slag	02:37.42	-13	9e 1 Rp	
50m	00:36.11	36.11	100m	01:16.97	40.86
200m	02:37.42	40.23			

Wed 08	100 m rugslag	01:29.89	-7.7	10e
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LAVAERT ROBRECHT		GU	GOLD /209/99		
Wed 05	400 m vrije slag	05:31.48	-16	3e 4 Rp	
100m	01:16.97	76.97	200m	02:45.60	88.63
400m	05:31.48	82.94			



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MEERT YANNICK		GU	GOLD /342/99	
Wed 05	400 m vrije slag		05:51.95	-13 6e
	100m	01:24.58	<i>84.58</i>	200m 02:54.13 <i>89.55</i>
	400m	05:51.95	<i>88.91</i>	

MEERT YOLINNE		GU	GOLD /343/01	
Wed 03	200 m rugslag		03:38.59	6e

MOERMAN MICHIEL		GM	GOLD /304/97	
Wed 05	400 m vrije slag		05:12.50	-67 5e 2 Rp
	100m	01:15.19	<i>75.19</i>	200m 02:35.04 <i>79.85</i>
	400m	05:12.50	<i>78.73</i>	

MOYAERT THEODORE		GR	GOLD /268/01	
Wed 02	400 m vrije slag		05:51.27	-4 3e 9 Rp
	100m	01:21.18	<i>81.18</i>	200m 02:50.13 <i>88.95</i>
	400m	05:51.27	<i>90.57</i>	

QUINTELIER JADE		GR	GOLD /305/02	
Wed 03	200 m rugslag		03:21.34	1e 12 Rp

QUINTELIER QUINTEN		GR	GOLD /277/00	
Wed 05	400 m vrije slag		06:52.85	-11 16e
	100m	01:36.89	<i>96.89</i>	200m 03:24.52 <i>107.63</i>
	400m	06:52.85	<i>104.17</i>	

ROOSE YARA		GM	GOLD /075/99	
Wed 01	200 m vrije slag		02:38.95	-2.8 3e 5 Rp
	50m	00:35.98	<i>35.98</i>	100m 01:15.98 <i>40.00</i>
	200m	02:38.95	<i>41.49</i>	

Wed 08	100 m rugslag		01:27.60	3.01 5e
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SPILEBEEN EMIEL		GU	GOLD /203/97	
Wed 05	400 m vrije slag		05:49.55	-6.0 10e
	100m	01:22.16	<i>82.16</i>	200m 02:51.53 <i>89.37</i>
	400m	05:49.55	<i>89.01</i>	

SPINCEMAILLE LAURA		GU	GOLD /301/00	
Wed 01	200 m vrije slag		02:43.59	-17 2e 6 Rp
	50m	00:35.83	<i>35.83</i>	100m 01:19.45 <i>43.62</i>
	200m	02:43.59	<i>42.07</i>	

Wed 08	100 m rugslag		01:25.02	1e 7 Rp
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VAN WELDEN VITAL		GU	GOLD /293/00	
Wed 05	400 m vrije slag		AT	

VANDENABEELE IMAR		GM	GOLD /291/00	
Wed 05	400 m vrije slag		06:40.56	-19 14e
	100m	01:34.88	<i>94.88</i>	200m 03:17.85 <i>102.97</i>
	400m	06:40.56	<i>101.36</i>	

VANDENABEELE INDRA		GM	GOLD /292/02	
Wed 03	200 m rugslag		03:21.83	2e 11 Rp

VERBEKE HANNE		GU	GOLD /141/98	
Wed 01	200 m vrije slag		02:40.25	3.22 11e
	50m	00:36.78	<i>36.78</i>	100m 01:17.38 <i>40.60</i>
	200m	02:40.25	<i>41.44</i>	

VERBEKE LORE		GU	GOLD /140/00	
Wed 01	200 m vrije slag		03:12.01	-21 21e
	50m	00:42.86	<i>42.86</i>	100m 01:32.56 <i>49.70</i>
	200m	03:12.01	<i>49.73</i>	

VERMEERSCH SEBASTIEN		GR	GOLD /330/97	
Wed 05	400 m vrije slag		05:35.81	-12 9e
	100m	01:16.74	<i>76.74</i>	200m 02:43.85 <i>87.11</i>
	400m	05:35.81	<i>85.98</i>	

VROMAN JARNE		GM	GOLD /061/98	
Wed 05	400 m vrije slag		AT	

YSENBAERT JULIE		GU	GOLD /337/01	
Wed 03	200 m rugslag		SW64.B	