



9/02/2018

VLAAMSE JEUGDKAMPIOENSCHAPPEN -  
AntwerpenGOLD Swimming Team  
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HYUNDAI SUZUKI

TUINPLANNING  
DELBECCQUECADCAMATIC  
JUST MECHATRONICS

choc-d-lait

BUBBA  
CROQUETTES

GARKA

AFLOS Dames 2		GG	GOLD		
Wed 51	4x100m wisselslag	05:35.13	2e		
Anaïs O/Faye D/Luna O/Aurelie D					
50m	00:40.38	40.38	100m	01:22.39	42.01
150m	02:03.91	41.52	200m	02:51.07	47.16
250m	03:30.87	39.8	300m	04:20.13	49.26
350m	04:55.43	35.3	400m	05:35.13	39.7

AFLOS Heren 1		GG	GOLD		
Wed 29	4x100m vrije slag	04:03.23	2e		
Miguel D/Thijs V/Goan D/Bjarne V					
50m	00:29.17	29.17	100m	01:00.63	31.46
150m	01:31.08	30.45	200m	02:04.10	33.02
250m	02:33.10	29	300m	03:04.58	31.48
350m	03:32.20	27.62	400m	04:03.23	31.03

Wed 54 4x100m wisselslag SW 10.11  
te vroeg gestart in een aflossing door 2de, 3de of 4de zwemmer

CASTEUR Xander		GG	GOLD /11018/04		
Wed 08	100m schoolslag	01:21.51	-2.1	11e 3 Rp	
50m	00:38.24	38.24	100m	01:21.51	43.27

Wed 19	200m vrije slag	02:16.01	-2.5	13e 7 Rp	
50m	00:31.30	31.3	100m	01:05.82	34.52
150m	01:41.59	35.77	200m	02:16.01	34.42

Wed 23	100m rugslag	01:13.81	18e 2 Rp		
50m	00:35.82	35.82	100m	01:13.81	37.99

Wed 31	200m wisselslag	02:33.60	-4.3	8e 7 Rp	
50m	00:33.28	33.28	100m	01:14.06	40.78
150m	01:58.49	44.43	200m	02:33.60	35.11

Wed 42	100m vrije slag	01:02.18	-2.8	15e 7 Rp	
50m	00:30.22	30.22	100m	01:02.18	31.96

DEHAUDT Fernando		GG	GOLD /11029/05		
Wed 16	100m vlinderslag	01:17.16	-9.7	9e	
50m	00:36.39	36.39	100m	01:17.16	40.77

Wed 19	200m vrije slag	02:23.35	-2.6	7e 6 Rp	
50m	00:33.28	33.28	100m	01:11.08	37.8
150m	01:47.82	36.74	200m	02:23.35	35.53

Wed 23 100m rugslag SW 6.1.c

Wed 31	200m wisselslag	02:45.53	-5.4	8e 3 Rp	
50m	00:37.09	37.09	100m	01:19.45	42.36
150m	02:09.75	50.3	200m	02:45.53	35.78

Wed 35	200m rugslag	02:38.04	-4.6	3e 6 Rp	
50m	00:38.05	38.05	100m	01:18.25	40.2
150m	01:58.90	40.65	200m	02:38.04	39.14

Wed 50	400m vrije slag	04:58.14	-2.4	5e 7 Rp	
50m	00:33.63	33.63	100m	01:12.10	38.47
150m	01:50.00	37.9	200m	02:27.97	37.97
250m	03:05.89	37.92	300m	03:44.07	38.18
350m	04:21.74	37.67	400m	04:58.14	36.4

DESCAMPS Stan		GM	GOLD /11050/06		
Wed 10	400m vrije slag	05:34.98	-17	18e 1 Rp	
50m	00:36.93	36.93	100m	01:19.30	42.37
150m	02:03.56	44.26	200m	02:47.64	44.08
250m	03:31.70	44.06	300m	04:14.41	42.71
350m	04:56.93	42.52	400m	05:34.98	38.05

Wed 17	100m vrije slag	01:16.59	-5.1	27e	
50m	00:36.76	36.76	100m	01:16.59	39.83

Wed 25	100m rugslag	01:33.18	-1.9	21e	
50m	00:44.99	44.99	100m	01:33.18	48.19

Wed 33	200m rugslag	03:12.36	15e		
50m	00:44.38	44.38	100m	01:33.58	49.2
150m	02:24.97	51.39	200m	03:12.36	47.39

Wed 44	200m vrije slag	02:41.95	-5.7	24e 1 Rp	
50m	00:38.20	38.2	100m	01:20.78	42.58
150m	02:04.12	43.34	200m	02:41.95	37.83



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GARKA

## DESIMPELAERE Miguel GG GOLD /11021/04

Wed 08 100m schoolslag 01:16.94 -4.8 4e 8 Rp

50m	00:35.85	35.85	100m	01:16.94	41.09
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Wed 19 200m vrije slag 02:12.31 -6.0 5e 9 Rp

50m	00:30.35	30.35	100m	01:03.84	33.49
150m	01:38.61	34.77	200m	02:12.31	33.7

Wed 23 100m rugslag 01:09.89 -2.4 4e 7 Rp

50m	00:34.35	34.35	100m	01:09.89	35.54
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Wed 35 200m rugslag 02:31.84 -2.4 5e 7 Rp

50m	00:34.52	34.52	100m	01:12.39	37.87
150m	01:51.51	39.12	200m	02:31.84	40.33

Wed 46 200m schoolslag 02:47.83 -8.3 5e 8 Rp

50m	00:37.44	37.44	100m	01:21.56	44.12
150m	02:05.45	43.89	200m	02:47.83	42.38

Wed 50 400m vrije slag 04:46.64 -6.3 9e 8 Rp

50m	00:31.91	31.91	100m	01:07.93	36.02
150m	01:45.12	37.19	200m	02:22.30	37.18
250m	02:59.45	37.15	300m	03:36.91	37.46
350m	04:12.69	35.78	400m	04:46.64	33.95

## DUJARDIN Faye GG GOLD /21035/06

Wed 13 100m schoolslag 01:28.33 -3.6 7e 7 Rp

50m	00:42.47	42.47	100m	01:28.33	45.86
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Wed 20 200m vrije slag 02:40.37 -13 17e 4 Rp

50m	00:37.26	37.26	100m	01:18.92	41.66
150m	02:01.56	42.64	200m	02:40.37	38.81

Wed 38 200m schoolslag 03:09.52 -8.5 4e 7 Rp

50m	00:43.21	43.21	100m	01:32.45	49.24
150m	02:21.61	49.16	200m	03:09.52	47.91

Wed 41 100m vrije slag 01:13.16 -4 14e 4 Rp

50m	00:35.17	35.17	100m	01:13.16	37.99
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Wed 45 200m wisselslag 02:57.86 -4.7 13e 4 Rp

50m	00:41.69	41.69	100m	01:27.15	45.46
150m	02:17.45	50.3	200m	02:57.86	40.41

## DUJARDIN Goan GG GOLD /11020/04

Wed 08 100m schoolslag 01:23.04 -3.9 16e 2 Rp

50m	00:39.21	39.21	100m	01:23.04	43.83
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Wed 19 200m vrije slag 02:18.45 -1.2 18e 6 Rp

50m	00:31.44	31.44	100m	01:06.40	34.96
150m	01:43.08	36.68	200m	02:18.45	35.37

Wed 23 100m rugslag 01:16.18 -0.9 24e

50m	00:37.30	37.3	100m	01:16.18	38.88
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Wed 35 200m rugslag SW 6.1.c

50m	00:36.86	36.86	100m	01:18.28	41.42
150m	02:01.08	42.8			

Wed 42 100m vrije slag 01:00.39 -4.3 5e 9 Rp

50m	00:29.41	29.41	100m	01:00.39	30.98
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Wed 50 400m vrije slag 04:52.91 -4.7 15e 6 Rp

50m	00:32.66	32.66	100m	01:09.02	36.36
150m	01:45.98	36.96	200m	02:23.79	37.81
250m	03:01.87	38.08	300m	03:40.21	38.34
350m	04:17.34	37.13	400m	04:52.91	35.57

## OOSTERLYNCK Anaïs GG GOLD /21090/06

Wed 09 200m rugslag 02:51.47 -8.7 8e 6 Rp

50m	00:40.97	40.97	100m	01:25.44	44.47
150m	02:09.32	43.88	200m	02:51.47	42.15

Wed 20 200m vrije slag 02:36.73 -14 10e 5 Rp

50m	00:37.18	37.18	100m	01:18.13	40.95
150m	01:59.38	41.25	200m	02:36.73	37.35

Wed 24 100m vlinderslag 01:30.07 14e

50m	00:42.65	42.65	100m	01:30.07	47.42
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Wed 34 400m vrije slag 05:24.17 -18 9e 6 Rp

50m	00:36.73	36.73	100m	01:17.97	41.24
150m	01:58.77	40.8	200m	02:40.15	41.38
250m	03:21.88	41.73	300m	04:03.66	41.78
350m	04:45.11	41.45	400m	05:24.17	39.06

Wed 45 200m wisselslag 02:57.16 -12 12e 4 Rp

50m	00:42.12	42.12	100m	01:25.41	43.29
150m	02:18.02	52.61	200m	02:57.16	39.14

Wed 49 100m rugslag 01:22.93 -2.5 11e 3 Rp

50m	00:41.01	41.01	100m	01:22.93	41.92
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GARKA

## OVAERE Luna

GG

GOLD /21040/06

Wed 09	200m rugslag	03:06.16	-9.9	18e
	50m	00:44.09	44.09	
	100m	01:31.37	47.28	
	150m	02:19.31	47.94	
	200m	03:06.16	46.85	
Wed 20	200m vrije slag	02:42.41		24e 3 Rp
	50m	00:37.98	37.98	
	100m	01:19.93	41.95	
	150m	02:02.96	43.03	
	200m	02:42.41	39.45	
Wed 24	100m vlinderslag	01:29.16	-16	11e
	50m	00:40.34	40.34	
	100m	01:29.16	48.82	
Wed 34	400m vrije slag	05:34.20	-15	14e 4 Rp
	50m	00:37.40	37.4	
	100m	01:19.48	42.08	
	150m	02:03.21	43.73	
	200m	02:46.37	43.16	
	250m	03:30.00	43.63	
	300m	04:12.85	42.85	
	350m	04:54.85	42	
	400m	05:34.20	39.35	
Wed 41	100m vrije slag	01:14.54	-2.4	22e 2 Rp
	50m	00:35.40	35.4	
	100m	01:14.54	39.14	
Wed 49	100m rugslag	01:27.96	-3	23e
	50m	00:41.78	41.78	
	100m	01:27.96	46.18	

## TRUYE Alexine

GG

GOLD /21011/04

Wed 05	800m vrije slag	09:52.47	2.31	4e 10 Rp
	50m	00:32.50	32.5	
	100m	01:08.75	36.25	
	150m	01:45.85	37.1	
	200m	02:23.01	37.16	
	250m	03:00.40	37.39	
	300m	03:38.15	37.75	
	350m	04:15.79	37.64	
	400m	04:53.71	37.92	
	450m	05:31.32	37.61	
	500m	06:09.02	37.7	
	550m	06:46.54	37.52	
	600m	07:24.20	37.66	
	650m	08:02.09	37.89	
	700m	08:40.23	38.14	
	750m	09:16.75	36.52	
	800m	09:52.47	35.72	
Wed 07	200m wisselslag	02:37.42	2.85	7e 9 Rp
	50m	00:35.32	35.32	
	100m	01:14.95	39.63	
	150m	02:00.82	45.87	
	200m	02:37.42	36.6	
Wed 22	200m schoolslag	02:58.08	6.23	7e 8 Rp
	50m	00:40.79	40.79	
	100m	01:26.26	45.47	
	150m	02:11.49	45.23	
	200m	02:58.08	46.59	
Wed 32	100m schoolslag	01:25.12	2.89	10e 5 Rp
	50m	00:40.16	40.16	
	100m	01:25.12	44.96	
Wed 43	200m vrije slag	02:20.51	-2.5	15e 8 Rp
	50m	00:32.76	32.76	
	100m	01:09.04	36.28	
	150m	01:45.30	36.26	
	200m	02:20.51	35.21	

## VANDAMME Thijs

GG

GOLD /11055/05

Wed 19	200m vrije slag	02:19.49	-2.9	5e 8 Rp
	50m	00:31.19	31.19	
	100m	01:07.66	36.47	
	150m	01:44.44	36.78	
	200m	02:19.49	35.05	
Wed 23	100m rugslag	01:11.25	-3.1	3e 8 Rp
	50m	00:34.40	34.4	
	100m	01:11.25	36.85	
Wed 31	200m wisselslag	02:38.25	-4.7	5e 7 Rp
	50m	00:35.04	35.04	
	100m	01:16.11	41.07	
	150m	02:03.97	47.86	
	200m	02:38.25	34.28	
Wed 35	200m rugslag	02:35.79	-4.2	2e 8 Rp
	50m	00:35.68	35.68	
	100m	01:16.49	40.81	
	150m	01:57.14	40.65	
	200m	02:35.79	38.65	
Wed 42	100m vrije slag	01:03.27	-1	5e 8 Rp
	50m	00:30.18	30.18	
	100m	01:03.27	33.09	
Wed 50	400m vrije slag	04:57.86	0.9	4e 7 Rp
	50m	00:32.36	32.36	
	100m	01:10.21	37.85	
	150m	01:48.56	38.35	
	200m	02:27.20	38.64	
	250m	03:05.96	38.76	
	300m	03:44.51	38.55	
	350m	04:22.98	38.47	
	400m	04:57.86	34.88	

## VANDE CASTEELE Bjarne

GG

GOLD /10380/04

Wed 06	1500m vrije slag	18:02.90	-19	2e 11 Rp
	50m	00:31.13	31.13	
	100m	01:06.72	35.59	
	150m	01:43.53	36.81	
	200m	02:20.03	36.5	
	250m	02:56.44	36.41	
	300m	03:33.03	36.59	
	350m	04:10.02	36.99	
	400m	04:47.05	37.03	
	450m	05:23.65	36.6	
	500m	06:00.66	37.01	
	550m	06:37.27	36.61	
	600m	07:13.75	36.48	
	650m	07:50.16	36.41	
	700m	08:26.80	36.64	
	750m	09:03.52	36.72	
	800m	09:40.43	36.91	
	850m	10:16.85	36.42	
	900m	10:53.05	36.2	
	950m	11:29.26	36.21	
	1000m	12:05.83	36.57	
	1050m	12:41.99	36.16	
	1100m	13:18.49	36.5	
	1150m	13:54.84	36.35	
	1200m	14:31.15	36.31	
	1250m	15:07.26	36.11	
	1300m	15:43.49	36.23	
	1350m	16:19.91	36.42	
	1400m	16:56.39	36.48	
	1450m	17:31.05	34.66	
Wed 19	200m vrije slag	02:07.90	-3.2	2e 12 Rp
	50m	00:29.27	29.27	
	100m	01:02.31	33.04	
	150m	01:35.45	33.14	
	200m	02:07.90	32.45	
Wed 31	200m wisselslag	02:27.89	-3.2	4e 10 Rp
	50m	00:30.83	30.83	
	100m	01:10.26	39.43	
	150m	01:54.07	43.81	
	200m	02:27.89	33.82	
Wed 42	100m vrije slag	00:57.68	-2.3	1e 12 Rp
	50m	00:28.17	28.17	
	100m	00:57.68	29.51	
Wed 50	400m vrije slag	04:34.77	-4.7	3e 11 Rp
	50m	00:31.16	31.16	
	100m	01:05.38	34.22	
	150m	01:40.68	35.3	
	200m	02:15.91	35.23	
	250m	02:51.61	35.7	
	300m	03:26.91	35.3	
	350m	04:02.65	35.74	
	400m	04:34.77	32.12	



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Antwerpen

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VANDE CASTEELE Niels		GG	GOLD /11058/07	
Wed 17	100m vrije slag	01:13.68	8e	6 Rp
50m	00:34.87 34.87	100m	01:13.68 38.81	
Wed 21	200m wisselslag	03:07.35 -19	8e	3 Rp
50m	00:42.69 42.69	100m	01:32.15 49.46	
150m	02:27.05 54.9	200m	03:07.35 40.3	
Wed 37	100m schoolslag	01:40.38	8e	2 Rp
50m	00:46.51 46.51	100m	01:40.38 53.87	
Wed 44	200m vrije slag	02:40.18	6e	7 Rp
50m	00:36.59 36.59	100m	01:17.09 40.5	
150m	01:59.42 42.33	200m	02:40.18 40.76	