



21/12/2018

Open Nederlandse Kampioenschappen  
korte baan 2018 - Tilburg



**DECONINCK Michiel** GG **GOLD /10107/95**

Wed 44 1500m vrije slag 16:44.35 18.4 16e 10 Rp

50m	00:30.54	30.54	100m	01:03.42	32.88
150m	01:36.57	33.15	200m	02:09.88	33.31
250m	02:43.24	33.36	300m	03:16.49	33.25
350m	03:49.93	33.44	400m	04:23.73	33.8
450m	04:57.13	33.4	500m	05:31.05	33.92
550m	06:04.82	33.77	600m	06:38.57	33.75
650m	07:12.38	33.81	700m	07:46.05	33.67
750m	08:19.92	33.87	800m	08:53.54	33.62
850m	09:27.18	33.64	900m	10:01.02	33.84
950m	10:34.66	33.64	1000m	11:08.11	33.45
1050m	11:41.83	33.72	1100m	12:15.76	33.93
1150m	12:49.40	33.64	1200m	13:22.78	33.38
1250m	13:56.60	33.82	1300m	14:30.35	33.75
1350m	15:04.03	33.68	1400m	15:37.79	33.76
1450m	16:11.47	33.68	1500m	16:44.35	32.88

**NAESSENS Nora** GG **GOLD /20020/94**

Wed 30 800m vrije slag 09:19.38 2.23 13e 11 Rp

50m	00:31.81	31.81	100m	01:05.94	34.13
150m	01:40.59	34.65	200m	02:15.52	34.93
250m	02:50.33	34.81	300m	03:25.40	35.07
350m	04:00.63	35.23	400m	04:35.73	35.1
450m	05:11.13	35.4	500m	05:46.54	35.41
550m	06:22.04	35.5	600m	06:57.72	35.68
650m	07:33.47	35.75	700m	08:08.88	35.41
750m	08:44.45	35.57	800m	09:19.38	34.93

**DELBECQUE Tore** GG **GOLD /11015/00**

Wed 21 100m schoolslag 01:06.43 -0.2 38e 13 Rp

50m	00:31.21	31.21	100m	01:06.43	35.22
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**DENEIR Niels** GG **GOLD /10349/03**

Wed 44 1500m vrije slag 17:02.60 8.61 18e 14 Rp

50m	00:29.05	29.05	100m	01:01.42	32.37
150m	01:34.39	32.97	200m	02:08.00	33.61
250m	02:41.59	33.59	300m	03:15.03	33.44
350m	03:48.74	33.71	400m	04:22.55	33.81
450m	04:56.62	34.07	500m	05:30.67	34.05
550m	06:04.81	34.14	600m	06:38.85	34.04
650m	07:12.89	34.04	700m	07:47.39	34.5
750m	08:21.87	34.48	800m	08:56.41	34.54
850m	09:31.17	34.76	900m	10:06.04	34.87
950m	10:41.18	35.14	1000m	11:15.05	33.87
1050m	11:49.80	34.75	1100m	12:24.46	34.66
1150m	12:59.44	34.98	1200m	13:34.24	34.8
1250m	14:09.19	34.95	1300m	14:44.15	34.96
1350m	15:19.32	35.17	1400m	15:54.28	34.96
1450m	16:29.24	34.96	1500m	17:02.60	33.36

**DENEIR Silken** GG **GOLD /20051/99**

Wed 10 200m schoolslag

Wed 26 50m schoolslag

Wed 39 100m schoolslag

**HERMAN Lara** GG **GOLD /20067/00**

Wed 04 50m rugslag