



6/11/2016

Najaarscriterium BZK - november 2016 - Brugge**GOLD Swimming Team**
Live slow, swim fast!**HIGH5**
SPORTS NUTRITIONVerzekeringen
Vanluchene
Oostrozebeke**Frptimize**
www.frptimize.be**ELIET**
Tuinmachines - www.eliel.euBouwonderneming
LAEVENS
Nieuwbouw - Verbouwingen**DECONINCK Michiel** GU **GOLD /10107/95**

Wed 06 400m vrije slag 04:13.70 -0.3 1e 10 Rp

100m	01:00.08	60.08	200m	02:04.29	64.21
400m	04:13.70	64.7			

MIGNAUW Laura GU **GOLD /21039/05**

Wed 09 200m wisselslag 03:06.17 -6.4 14e 5 Rp

50m	00:43.57	43.57	200m	03:06.17	47.53
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NAESSENS Nora GU **GOLD /20020/94**

Wed 05 400m vrije slag 04:42.98 13.5 1e 8 Rp

100m	01:04.66	64.66	200m	02:15.70	71.04
400m	04:42.98	73.64			

OVAERE Luna GM **GOLD /21040/06**

Wed 11 200m wisselslag 03:19.10 -6 1e 5 Rp

50m	00:45.23	45.23	200m	03:19.10	51.29
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SPINCEMAILLE Luna GU **GOLD /20381/03**

Wed 09 200m wisselslag 02:48.40 -1.8 9e 5 Rp

50m	00:38.49	38.49	200m	02:48.40	43.3
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VANDE CASTEELE Bjarne GU **GOLD /10380/04**

Wed 06 400m vrije slag 04:53.47 -17 2e 12 Rp

100m	01:07.58	67.58	200m	02:21.10	73.52
400m	04:53.47	76.18			

Wed 10 200m wisselslag 02:37.25 1e 12 Rp

50m	00:34.06	34.06	200m	02:37.25	41.06
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VERFAILLIE Marie GU **GOLD /21063/06**

Wed 11 200m wisselslag 03:21.08 -7.6 2e 4 Rp

50m	00:46.02	46.02	200m	03:21.08	51.69
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