



10/02/2017

Vlaamse jeugdkampioenschappen 2017 - ANTWERPEN

GOLD Swimming Team
Live slow, swim fast!



AFLOS Dames 2 GG GOLD

Wed 28 4x100m vrije slag 04:54.36 6e
Lente L/Faye D/Aurelie D/Laura M

50m	00:31.30	31.3	100m	01:05.37	34.07
150m	01:41.43	36.06	200m	02:23.53	42.1
250m	03:00.74	37.21	300m	03:42.15	41.41
350m	04:15.68	33.53	400m	04:54.36	38.68

Wed 51 4x100m wisselslag 05:29.53 4e
Aurelie D/Faye D/Lente L/Laura M

50m	00:42.64	42.64	100m	01:27.68	45.04
150m	02:12.93	45.25	200m	03:04.39	51.46
250m	03:37.33	32.94	300m	04:18.05	40.72
350m	04:52.33	34.28	400m	05:29.53	37.2

AFLOS Heren 1 GG GOLD

Wed 27 4x100m wisselslag 05:28.36 3e
Lauwerijn L/Thibault V/Fernando D/Thijs V

50m	00:41.43	41.43	100m	01:25.44	44.01
150m	02:08.51	43.07	200m	02:58.74	50.23
250m	03:36.19	37.45	300m	04:23.96	47.77
350m	04:54.48	30.52	400m	05:28.36	33.88

Wed 52 4x100m vrije slag 04:43.77 2e
Thijs V/Stan D/Thibault V/Fernando D

50m	00:30.64	30.64	100m	01:04.23	33.59
150m	01:41.62	37.39	200m	02:24.29	42.67
250m	02:58.95	34.66	300m	03:36.87	37.92
350m	04:08.66	31.79	400m	04:43.77	35.11

AFLOS Heren 3 GG GOLD

Wed 29 4x100m vrije slag 04:06.16 2e
Matis V/Elian M/Niels D/Bjarne V

50m	00:28.05	28.05	100m	00:59.07	31.02
150m	01:29.56	30.49	200m	02:01.86	32.3
250m	02:31.70	29.84	300m	03:04.63	32.93
350m	03:33.88	29.25	400m	04:06.16	32.28

Wed 54 4x100m wisselslag 04:41.67 3e
Miguel D/Matis V/Niels D/Bjarne V

50m	00:36.83	36.83	100m	01:16.02	39.19
150m	01:50.45	34.43	200m	02:29.79	39.34
250m	03:02.02	32.23	300m	03:40.02	38
350m	04:09.27	29.25	400m	04:41.67	32.4

BRAEKEVELD Jana GU GOLD /21005/03

Wed 11 200m rugslag 02:48.69 -3.8 16e 3 Rp

50m	00:40.56	40.56	100m	01:24.80	44.24
150m	02:07.51	42.71	200m	02:48.69	41.18

Wed 18 100m vrije slag 01:08.42 -1.1 28e 4 Rp

50m	00:33.67	33.67	100m	01:08.42	34.75
-----	----------	-------	------	----------	-------

Wed 43 200m vrije slag 02:31.65 -0.4 35e 2 Rp

50m	00:34.78	34.78	100m	01:14.25	39.47
150m	01:53.49	39.24	200m	02:31.65	38.16

Wed 47 100m rugslag 01:22.18 1.4 28e

50m	00:40.30	40.3	100m	01:22.18	41.88
-----	----------	------	------	----------	-------

CASTEUR Xander GU GOLD /11018/04

Wed 08 100m schoolslag 01:23.63 -3.6 9e 5 Rp

50m	00:38.86	38.86	100m	01:23.63	44.77
-----	----------	-------	------	----------	-------

Wed 19 200m vrije slag 02:22.40 -7.1 12e 6 Rp

50m	00:33.45	33.45	100m	01:10.13	36.68
150m	01:46.92	36.79	200m	02:22.40	35.48

Wed 31 200m wisselslag 02:43.63 -7.7 11e 4 Rp

50m	00:36.47	36.47	100m	01:20.44	43.97
150m	02:06.54	46.1	200m	02:43.63	37.09

Wed 42 100m vrije slag 01:05.01 -2.0 11e 6 Rp

50m	00:31.90	31.9	100m	01:05.01	33.11
-----	----------	------	------	----------	-------

Wed 46 200m schoolslag 02:59.73 -9.7 6e 6 Rp

50m	00:40.90	40.9	100m	01:27.96	47.06
150m	02:14.49	46.53	200m	02:59.73	45.24

DEHAUDT Fernando GM GOLD /11029/05

Wed 02 800m vrije slag 10:36.78 2e 11 Rp

50m	00:35.39	35.39	100m	01:14.98	39.59
150m	01:55.14	40.16	200m	02:35.03	39.89
250m	03:15.59	40.56	300m	03:55.81	40.22
350m	04:35.88	40.07	400m	05:15.76	39.88
450m	05:55.70	39.94	500m	06:36.20	40.5
550m	07:17.15	40.95	600m	07:57.64	40.49
650m	08:38.29	40.65	700m	09:18.14	39.85
750m	09:58.17	40.03	800m	10:36.78	38.61

Wed 17 100m vrije slag 01:09.48 -0.8 7e 6 Rp

50m	00:32.78	32.78	100m	01:09.48	36.7
-----	----------	-------	------	----------	------

Wed 33 200m rugslag 02:45.42 -6 3e 7 Rp

50m	00:39.73	39.73	100m	01:22.73	43
150m	02:04.85	42.12	200m	02:45.42	40.57

Wed 44 200m vrije slag 02:28.80 -6.2 4e 8 Rp

50m	00:34.39	34.39	100m	01:13.28	38.89
150m	01:52.67	39.39	200m	02:28.80	36.13

Wed 48 100m vlinderslag 01:26.84 0.99 15e

50m	00:40.79	40.79	100m	01:26.84	46.05
-----	----------	-------	------	----------	-------



10/02/2017

Vlaamse jeugdkampioenschappen 2017 - ANTWERPEN

GOLD Swimming Team
Live slow, swim fast!



HIGHS
SPORTS NUTRITION

Verzekeringen
Vanluchene
Oostrozobekke

Frptimize
www.frptimize.be



CASTCO
www.castco.be

ELIET
Tuintmachines - www.eliel.eu

Bouwonderneming
LAEVENS
Nieuwbouw - Verbouwingen

TVH
www.tvh.com

DAZZLE
EVENTS

Paul & Tom DESCAMPS
www.descampsmen.be

HYUNDAI SUZUKI
TUINPLANNING
DELBEQUE

DEHAUDT Malou GM GOLD /20393/04

Wed 15 200m vinderslag 02:41.54 -5.7 2e 8 Rp

50m	00:33.62	33.62	100m	01:13.65	40.03
150m	01:56.98	43.33	200m	02:41.54	44.56

Wed 18 100m vrije slag 01:06.37 0.68 12e 8 Rp

50m	00:31.38	31.38	100m	01:06.37	34.99
-----	----------	-------	------	----------	-------

Wed 26 400m vrije slag 04:51.98 -1.7 3e 11 Rp

50m	00:32.81	32.81	100m	01:08.86	36.05
150m	01:45.40	36.54	200m	02:22.84	37.44
250m	03:00.47	37.63	300m	03:38.80	38.33
350m	04:15.61	36.81	400m	04:51.98	36.37

Wed 40 100m vinderslag 01:11.84 -0.4 4e 9 Rp

50m	00:32.56	32.56	100m	01:11.84	39.28
-----	----------	-------	------	----------	-------

Wed 43 200m vrije slag 02:21.99 -0.9 5e 9 Rp

50m	00:32.53	32.53	100m	01:08.87	36.34
150m	01:45.36	36.49	200m	02:21.99	36.63

DENEIR Niels GU GOLD /10349/03

Wed 06 1500m vrije slag 18:19.26 -24 2e 11 Rp

50m	00:31.39	31.39	100m	01:06.12	34.73
150m	01:42.46	36.34	200m	02:19.02	36.56
250m	02:55.48	36.46	300m	03:32.03	36.55
350m	04:08.53	36.5	400m	04:45.35	36.82
450m	05:21.88	36.53	500m	05:59.35	37.47
550m	06:35.78	36.43	600m	07:13.39	37.61
650m	07:50.10	36.71	700m	08:27.63	37.53
750m	09:04.56	36.93	800m	09:42.17	37.61
850m	10:18.73	36.56	900m	10:56.17	37.44
950m	11:32.85	36.68	1000m	12:10.94	38.09
1050m	12:47.51	36.57	1100m	13:25.13	37.62
1150m	14:01.86	36.73	1200m	14:39.53	37.67
1250m	15:16.34	36.81	1300m	15:53.50	37.16
1350m	16:30.86	37.36	1400m	17:07.93	37.07
1450m	17:44.13	36.2	1500m	18:19.26	35.13

Wed 19 200m vrije slag 02:17.36 -1.7 19e 7 Rp

50m	00:31.16	31.16	100m	01:06.64	35.48
150m	01:42.44	35.8	200m	02:17.36	34.92

Wed 31 200m wisselslag 02:35.11 -8 14e 6 Rp

50m	00:33.02	33.02	100m	01:15.19	42.17
150m	02:01.44	46.25	200m	02:35.11	33.67

Wed 50 400m vrije slag 04:43.59 -1.8 13e 9 Rp

50m	00:31.33	31.33	100m	01:06.63	35.3
150m	01:42.50	35.87	200m	02:19.03	36.53
250m	02:55.53	36.5	300m	03:32.45	36.92
350m	04:08.89	36.44	400m	04:43.59	34.7

DESCAMPS Stan GM GOLD /11050/06

Wed 10 400m vrije slag 06:07.12 -6.1 22e 1 Rp

50m	00:38.93	38.93	100m	01:25.00	46.07
150m	02:11.42	46.42	200m	02:58.94	47.52
250m	03:45.93	46.99	300m	04:33.51	47.58
350m	05:21.22	47.71	400m	06:07.12	45.9

Wed 17 100m vrije slag 01:23.49 -4.2 22e

50m	00:38.98	38.98	100m	01:23.49	44.51
-----	----------	-------	------	----------	-------

Wed 25 100m rugslag 01:36.27 -3.5 17e

50m	00:46.21	46.21	100m	01:36.27	50.06
-----	----------	-------	------	----------	-------

Wed 44 200m vrije slag 02:53.93 -5.0 9e 1 Rp

50m	00:39.31	39.31	100m	01:25.53	46.22
150m	02:11.29	45.76	200m	02:53.93	42.64

DESIMPELAERE Aurelie GM GOLD /21043/06

Wed 24 100m vinderslag 01:27.70 -13 2e 1 Rp

50m	00:41.58	41.58	100m	01:27.70	46.12
-----	----------	-------	------	----------	-------

Wed 34 400m vrije slag 05:38.25 -25 3e 7 Rp

50m	00:39.31	39.31	100m	01:22.76	43.45
150m	02:05.89	43.13	200m	02:50.06	44.17
250m	03:32.40	42.34	300m	04:15.72	43.32
350m	04:58.03	42.31	400m	05:38.25	40.22

Wed 41 100m vrije slag 01:16.34 -5.5 11e 4 Rp

50m	00:36.44	36.44	100m	01:16.34	39.9
-----	----------	-------	------	----------	------

Wed 45 200m wisselslag 03:06.47 -14 6e 4 Rp

50m	00:43.16	43.16	100m	01:31.34	48.18
150m	02:25.46	54.12	200m	03:06.47	41.01

Wed 49 100m rugslag 01:29.14 -3.9 16e 2 Rp

50m	00:44.02	44.02	100m	01:29.14	45.12
-----	----------	-------	------	----------	-------

DESIMPELAERE Miguel GM GOLD /11021/04

Wed 08 100m schoolslag 01:23.03 -4.0 6e 5 Rp

50m	00:39.09	39.09	100m	01:23.03	43.94
-----	----------	-------	------	----------	-------

Wed 19 200m vrije slag 02:21.76 -12 10e 7 Rp

50m	00:32.03	32.03	100m	01:08.35	36.32
150m	01:45.93	37.58	200m	02:21.76	35.83

Wed 23 100m rugslag 01:15.17 -0.4 10e 4 Rp

50m	00:36.61	36.61	100m	01:15.17	38.56
-----	----------	-------	------	----------	-------

Wed 31 200m wisselslag 02:40.49 -3.2 7e 6 Rp

50m	00:35.68	35.68	100m	01:17.24	41.56
150m	02:03.45	46.21	200m	02:40.49	37.04

Wed 35 200m rugslag 02:37.41 -5.2 4e 7 Rp

50m	00:36.77	36.77	100m	01:16.89	40.12
150m	01:57.94	41.05	200m	02:37.41	39.47

Wed 46 200m schoolslag 03:04.15 -2.3 10e 4 Rp

50m	00:40.87	40.87	100m	01:28.47	47.6
150m	02:16.34	47.87	200m	03:04.15	47.81



10/02/2017

Vlaamse jeugdkampioenschappen 2017 - ANTWERPEN

GOLD Swimming Team
 Live slow, swim fast!

HIGHS
 SPORTS NUTRITION

Frptimize
 www.frptimize.be

CASTCO
 www.castco.be

ELIET
 Tuinmachines - www.eliel.eu

 Bouwonderneming
LAEVENS
 Nieuwbouw - Verbouwingen

TVH
 www.tvh.com

DAZZLE
 EVENTS

 Paul & Tom DESCAMPS
 www.descampsmen.be

DUJARDIN Faye GM **GOLD / 21035/06**

Wed 13 100m schoolslag 01:34.34 -7.3 4e 5 Rp

50m	00:44.99	44.99	100m	01:34.34	49.35
-----	----------	-------	------	----------	-------

Wed 20 200m vrije slag 02:53.32 13e

50m	00:39.94	39.94	100m	01:25.98	46.04
150m	02:10.72	44.74	200m	02:53.32	42.6

Wed 38 200m schoolslag 03:19.63 3e 7 Rp

50m	00:45.94	45.94	100m	01:37.39	51.45
150m	02:28.76	51.37	200m	03:19.63	50.87

Wed 41 100m vrije slag 01:19.97 -3.8 19e

50m	00:37.10	37.1	100m	01:19.97	42.87
-----	----------	------	------	----------	-------

Wed 45 200m wisselslag 03:10.44 -6.8 12e 3 Rp

50m	00:45.03	45.03	100m	01:34.71	49.68
150m	02:27.32	52.61	200m	03:10.44	43.12

DUJARDIN Goan GM **GOLD / 11020/04**

Wed 08 100m schoolslag 01:29.28 -7.1 15e

50m	00:42.11	42.11	100m	01:29.28	47.17
-----	----------	-------	------	----------	-------

Wed 19 200m vrije slag 02:23.28 -5.7 14e 6 Rp

50m	00:32.21	32.21	100m	01:09.12	36.91
150m	01:46.97	37.85	200m	02:23.28	36.31

Wed 23 100m rugslag 01:21.67 -1.2 28e

50m	00:39.69	39.69	100m	01:21.67	41.98
-----	----------	-------	------	----------	-------

Wed 42 100m vrije slag 01:05.05 -2.8 14e 6 Rp

50m	00:31.53	31.53	100m	01:05.05	33.52
-----	----------	-------	------	----------	-------

Wed 50 400m vrije slag 05:02.32 -9.5 11e 6 Rp

50m	00:32.51	32.51	100m	01:10.23	37.72
150m	01:49.73	39.5	200m	02:28.47	38.74
250m	03:07.31	38.84	300m	03:47.03	39.72
350m	04:25.63	38.6	400m	05:02.32	36.69

LAZOU Lauwerijn GU **GOLD / 11049/06**

Wed 21 200m wisselslag 03:04.09 -13 3e 6 Rp

50m	00:41.26	41.26	100m	01:25.73	44.47
150m	02:21.51	55.78	200m	03:04.09	42.58

Wed 25 100m rugslag 01:24.45 -9 2e 6 Rp

50m	00:41.47	41.47	100m	01:24.45	42.98
-----	----------	-------	------	----------	-------

Wed 37 100m schoolslag SW 7.4.a

beenbewegingen niet gelijktijdig of niet in hetzelfde horizontale vlak uitgevoerd

Wed 48 100m vlinderslag 01:27.73 -6.2 3e 2 Rp

50m	00:40.80	40.8	100m	01:27.73	46.93
-----	----------	------	------	----------	-------

LAZOU Lente GU **GOLD / 21013/05**

Wed 01 800m vrije slag 10:09.15 1e 14 Rp

50m	00:32.50	32.5	100m	01:09.33	36.83
150m	01:46.25	36.92	200m	02:24.24	37.99
250m	03:03.11	38.87	300m	03:41.46	38.35
350m	04:20.58	39.12	400m	05:00.23	39.65
450m	05:39.46	39.23	500m	06:18.75	39.29
550m	06:58.76	40.01	600m	07:37.82	39.06
650m	08:16.72	38.9	700m	08:55.21	38.49
750m	09:33.43	38.22	800m	10:09.15	35.72

Wed 20 200m vrije slag 02:18.17 -6.1 1e 15 Rp

50m	00:32.03	32.03	100m	01:07.56	35.53
150m	01:43.53	35.97	200m	02:18.17	34.64

Wed 24 100m vlinderslag 01:13.68 -4.4 1e 11 Rp

50m	00:34.42	34.42	100m	01:13.68	39.26
-----	----------	-------	------	----------	-------

Wed 34 400m vrije slag 04:52.64 -7.6 1e 14 Rp

50m	00:33.02	33.02	100m	01:09.97	36.95
150m	01:48.00	38.03	200m	02:25.65	37.65
250m	03:03.13	37.48	300m	03:40.86	37.73
350m	04:17.86	37	400m	04:52.64	34.78

Wed 41 100m vrije slag 01:03.71 -1.7 2e 14 Rp

50m	00:31.13	31.13	100m	01:03.71	32.58
-----	----------	-------	------	----------	-------

MABBE Elian GU **GOLD / 11042/04**

Wed 19 200m vrije slag 02:22.42 -10 13e 6 Rp

50m	00:32.55	32.55	100m	01:09.81	37.26
150m	01:47.79	37.98	200m	02:22.42	34.63

Wed 23 100m rugslag 01:18.31 -1.6 17e 1 Rp

50m	00:38.89	38.89	100m	01:18.31	39.42
-----	----------	-------	------	----------	-------

Wed 35 200m rugslag 02:43.69 -9.5 11e 4 Rp

50m	00:38.46	38.46	100m	01:21.13	42.67
150m	02:03.81	42.68	200m	02:43.69	39.88

Wed 42 100m vrije slag 01:03.56 -4.2 5e 8 Rp

50m	00:30.59	30.59	100m	01:03.56	32.97
-----	----------	-------	------	----------	-------

Wed 50 400m vrije slag 04:59.72 -22 8e 7 Rp

50m	00:33.37	33.37	100m	01:10.86	37.49
150m	01:49.53	38.67	200m	02:28.79	39.26
250m	03:07.10	38.31	300m	03:46.35	39.25
350m	04:24.29	37.94	400m	04:59.72	35.43



10/02/2017

Vlaamse jeugdkampioenschappen 2017 -
ANTWERPENGOLD Swimming Team
Live slow, swim fast!HIGHS
SPORTS NUTRITIONVerzekeringen
Vanluchene
OostrozebekeFrptimize
www.frptimize.beZORGHUIS
AGORA

CASTCO

ELIET
Tuintmachines - www.eliel.euBouwonderneming
LAEVENS
Nieuwbouw - VerbouwingenTVH
www.tvh.comDAZZLE
EVENTSPaul & Tom DESCAMPS
www.descampsmen.beHYUNDAI SUZUKI
TUINPLANNING
DELBEQUE**MIGNAUW Laura** GU **GOLD /21039/05**

Wed 09 200m rugslag 02:57.31 -23 13e 4 Rp

50m	00:42.19	42.19	100m	01:28.04	45.85
150m	02:13.57	45.53	200m	02:57.31	43.74

Wed 20 200m vrije slag 02:36.34 -13 19e 6 Rp

50m	00:35.97	35.97	100m	01:16.50	40.53
150m	01:56.52	40.02	200m	02:36.34	39.82

Wed 34 400m vrije slag 05:27.32 -26 17e 6 Rp

50m	00:37.02	37.02	100m	01:18.86	41.84
150m	02:00.74	41.88	200m	02:42.41	41.67
250m	03:24.77	42.36	300m	04:06.65	41.88
350m	04:48.81	42.16	400m	05:27.32	38.51

Wed 41 100m vrije slag 01:13.84 -2.7 29e 3 Rp

50m	00:35.25	35.25	100m	01:13.84	38.59
-----	----------	-------	------	----------	-------

OVAERE Luna GM **GOLD /21040/06**

Wed 09 200m rugslag 03:16.07 14e

50m	00:46.53	46.53	100m	01:36.23	49.7
150m	02:27.14	50.91	200m	03:16.07	48.93

Wed 34 400m vrije slag 06:16.99 -23 24e

50m	00:40.70	40.7	100m	01:26.68	45.98
150m	02:14.33	47.65	200m	03:03.02	48.69
250m	03:50.73	47.71	300m	04:40.98	50.25
350m	05:29.07	48.09	400m	06:16.99	47.92

Wed 41 100m vrije slag 01:23.49 28e

50m	00:38.82	38.82	100m	01:23.49	44.67
-----	----------	-------	------	----------	-------

Wed 45 200m wisselslag 03:15.25 -9.1 15e 1 Rp

50m	00:45.12	45.12	100m	01:34.19	49.07
150m	02:31.47	57.28	200m	03:15.25	43.78

Wed 49 100m rugslag 01:32.47 -3.8 22e

50m	00:44.77	44.77	100m	01:32.47	47.7
-----	----------	-------	------	----------	------

SPINCEMAILLE Zita GU **GOLD /21045/06**

Wed 09 200m rugslag 03:13.45 13e 1 Rp

50m	00:47.26	47.26	100m	01:36.95	49.69
150m	02:26.93	49.98	200m	03:13.45	46.52

Wed 13 100m schoolslag 01:39.32 -9.9 14e 1 Rp

50m	00:47.83	47.83	100m	01:39.32	51.49
-----	----------	-------	------	----------	-------

Wed 24 100m vlinderslag 01:35.54 5e

50m	00:44.50	44.5	100m	01:35.54	51.04
-----	----------	------	------	----------	-------

Wed 45 200m wisselslag SW 9.3

een wedstrijdgedeelte (stijl) niet beëindigd (= A) zoals
voorgescreven voor die stijl

Wed 49 100m rugslag 01:32.35 -4.6 21e

50m	00:45.26	45.26	100m	01:32.35	47.09
-----	----------	-------	------	----------	-------

TRUYE Alexine GU **GOLD /21011/04**

Wed 03 800m vrije slag 09:57.46 -21 2e 12 Rp

50m	00:33.01	33.01	100m	01:09.95	36.94
150m	01:47.30	37.35	200m	02:25.59	38.29
250m	02:53.53	27.94	300m	03:41.89	48.36
350m	04:20.04	38.15	400m	04:57.38	37.34
450m	05:35.36	37.98	500m	06:13.84	38.48
550m	06:51.81	37.97	600m	07:29.43	37.62
650m	08:07.35	37.92	700m	08:45.42	38.07
750m	09:22.17	36.75	800m	09:57.46	35.29

Wed 07 200m wisselslag 02:37.82 -2.4 4e 10 Rp

50m	00:34.89	34.89	100m	01:16.11	41.22
150m	02:01.15	45.04	200m	02:37.82	36.67

Wed 22 200m schoolslag 02:59.00 2.42 4e 9 Rp

50m	00:40.11	40.11	100m	01:25.79	45.68
150m	02:12.18	46.39	200m	02:59.00	46.82

Wed 32 100m schoolslag 01:23.52 -1.1 3e 8 Rp

50m	00:39.83	39.83	100m	01:23.52	43.69
-----	----------	-------	------	----------	-------

Wed 43 200m vrije slag 02:23.54 -2.1 6e 8 Rp

50m	00:33.26	33.26	100m	01:10.11	36.85
150m	01:47.46	37.35	200m	02:23.54	36.08

VANDAMME Thijs GM **GOLD /11055/05**

Wed 10 400m vrije slag 05:06.58 -11 3e 8 Rp

50m	00:32.98	32.98	100m	01:10.97	37.99
150m	01:50.46	39.49	200m	02:30.18	39.72
250m	03:09.62	39.44	300m	03:49.54	39.92
350m	04:29.25	39.71	400m	05:06.58	37.33

Wed 17 100m vrije slag 01:04.86 -4.9 3e 11 Rp

50m	00:31.53	31.53	100m	01:04.86	33.33
-----	----------	-------	------	----------	-------

Wed 25 100m rugslag 01:14.35 -5.4 2e 10 Rp

50m	00:36.25	36.25	100m	01:14.35	38.1
-----	----------	-------	------	----------	------

Wed 33 200m rugslag 02:39.99 -9.2 2e 10 Rp

50m	00:37.65	37.65	100m	01:19.04	41.39
150m	02:00.61	41.57	200m	02:39.99	39.38

Wed 44 200m vrije slag 02:22.34 -7.8 3e 11 Rp

50m	00:32.75	32.75	100m	01:10.20	37.45
150m	01:47.89	37.69	200m	02:22.34	34.45



10/02/2017

Vlaamse jeugdkampioenschappen 2017 - ANTWERPEN

GOLD Swimming Team
 Live slow, swim fast!

HIGHS
 SPORTS NUTRITION

Frptimize
 www.frptimize.be

CASTCO
 www.castco.be

ELIET
 Tuinmachines - www.eliel.eu

 Bouwonderneming
LAEVENS
 Nieuwbouw - Verbouwingen

TVH
 www.tvh.com

DAZZLE
 EVENTS

 Paul & Tom DESCAMPS
 www.descampsmen.be

VANDE CASTEELE Bjarne GU **GOLD /10380/04**

Wed 04 1500m vrije slag 18:42.87 -89 1e 12 Rp

50m	00:33.33	33.33	100m	01:10.52	37.19
150m	01:48.96	38.44	200m	02:27.07	38.11
250m	03:05.32	38.25	300m	03:43.71	38.39
350m	04:22.43	38.72	400m	05:00.55	38.12
450m	05:38.64	38.09	500m	06:16.44	37.8
550m	06:53.92	37.48	600m	07:31.17	37.25
650m	08:08.67	37.5	700m	08:46.17	37.5
750m	09:24.29	38.12	800m	10:02.26	37.97
850m	10:40.68	38.42	900m	11:18.23	37.55
950m	11:56.59	38.36	1000m	12:34.49	37.9
1050m	13:11.92	37.43	1100m	13:49.52	37.6
1150m	14:27.46	37.94	1200m	15:04.81	37.35
1250m	15:42.24	37.43	1300m	16:19.62	37.38
1350m	16:57.30	37.68	1400m	17:34.62	37.32
1450m	18:09.85	35.23	1500m	18:42.87	33.02

Wed 19 200m vrije slag 02:13.01 -10 1e 11 Rp

50m	00:31.02	31.02	100m	01:05.53	34.51
150m	01:40.21	34.68	200m	02:13.01	32.8

Wed 23 100m rugslag 01:14.13 -1.6 4e 5 Rp

50m	00:36.59	36.59	100m	01:14.13	37.54
-----	----------	-------	------	----------	-------

Wed 31 200m wisselslag 02:32.82 -7.4 3e 10 Rp

50m	00:33.24	33.24	100m	01:13.58	40.34
150m	01:58.85	45.27	200m	02:32.82	33.97

Wed 42 100m vrije slag 01:02.00 -2.2 1e 10 Rp

50m	00:30.06	30.06	100m	01:02.00	31.94
-----	----------	-------	------	----------	-------

Wed 50 400m vrije slag 04:41.56 -9.4 2e 12 Rp

50m	00:31.47	31.47	100m	01:07.08	35.61
150m	01:43.37	36.29	200m	02:19.77	36.4
250m	02:55.56	35.79	300m	03:32.27	36.71
350m	04:08.08	35.81	400m	04:41.56	33.48

VANDECASTEELE Matis GM **GOLD /10365/03**

Wed 08 100m schoolslag 01:12.71 -3.4 5e 12 Rp

50m	00:34.67	34.67	100m	01:12.71	38.04
-----	----------	-------	------	----------	-------

Wed 16 100m vlinderslag 01:08.67 -4.2 6e 6 Rp

50m	00:31.88	31.88	100m	01:08.67	36.79
-----	----------	-------	------	----------	-------

Wed 23 100m rugslag 01:09.10 -0.9 4e 8 Rp

50m	00:33.77	33.77	100m	01:09.10	35.33
-----	----------	-------	------	----------	-------

Wed 31 200m wisselslag 02:29.12 -2.2 7e 9 Rp

50m	00:32.81	32.81	100m	01:10.90	38.09
150m	01:55.85	44.95	200m	02:29.12	33.27

Wed 42 100m vrije slag 00:59.09 0.02 7e 11 Rp

50m	00:28.60	28.6	100m	00:59.09	30.49
-----	----------	------	------	----------	-------

Wed 46 200m schoolslag 02:44.04 -3.3 6e 9 Rp

50m	00:36.98	36.98	100m	01:18.86	41.88
150m	02:02.29	43.43	200m	02:44.04	41.75

VANHAVERBEKE Thibault GU **GOLD /11006/05**

Wed 21 200m wisselslag 02:53.15 -5.1 7e 5 Rp

50m	00:37.70	37.7	100m	01:22.49	44.79
150m	02:13.32	50.83	200m	02:53.15	39.83

Wed 25 100m rugslag 01:20.75 -2 4e 3 Rp

50m	00:39.20	39.2	100m	01:20.75	41.55
-----	----------	------	------	----------	-------

Wed 33 200m rugslag 02:51.75 -6.6 6e 4 Rp

50m	00:41.10	41.1	100m	01:26.04	44.94
150m	02:10.17	44.13	200m	02:51.75	41.58

Wed 48 100m vlinderslag 01:19.66 -4.4 5e 3 Rp

50m	00:37.48	37.48	100m	01:19.66	42.18
-----	----------	-------	------	----------	-------

VERFAILLIE Marie GU **GOLD /21063/06**

Wed 09 200m rugslag 03:12.44 11e 1 Rp

50m	00:44.78	44.78	100m	01:33.89	49.11
150m	02:24.38	50.49	200m	03:12.44	48.06

Wed 20 200m vrije slag 03:00.47 18e

50m	00:40.95	40.95	100m	01:28.15	47.2
150m	02:16.86	48.71	200m	03:00.47	43.61

Wed 38 200m schoolslag 03:37.96 6e

50m	00:50.89	50.89	100m	01:47.37	56.48
150m	02:44.23	56.86	200m	03:37.96	53.73

Wed 45 200m wisselslag 03:23.18 -13 19e

50m	00:48.85	48.85	100m	01:39.65	50.8
150m	02:36.89	57.24	200m	03:23.18	46.29

Wed 49 100m rugslag 01:33.31 -0.6 25e

50m	00:45.64	45.64	100m	01:33.31	47.67
-----	----------	-------	------	----------	-------

YSENBAERT Amélie GU **GOLD /21048/06**

Wed 09 200m rugslag 03:13.15 12e 1 Rp

50m	00:46.34	46.34	100m	01:35.72	49.38
150m	02:26.08	50.36	200m	03:13.15	47.07

Wed 13 100m schoolslag 01:40.24 -9.9 16e

50m	00:47.59	47.59	100m	01:40.24	52.65
-----	----------	-------	------	----------	-------

Wed 24 100m vlinderslag 01:33.23 4e

50m	00:41.58	41.58	100m	01:33.23	51.65
-----	----------	-------	------	----------	-------

Wed 34 400m vrije slag 06:04.71 -14 17e 1 Rp

50m	00:39.73	39.73	100m	01:24.99	45.26
150m	02:12.18	47.19	200m	02:59.76	47.58
250m	03:46.89	47.13	300m	04:34.31	47.42
350m	05:21.14	46.83	400m	06:04.71	43.57

Wed 41 100m vrije slag 01:17.49 -6.6 13e 3 Rp

50m	00:37.75	37.75	100m	01:17.49	39.74
-----	----------	-------	------	----------	-------