



21/07/2017

## 2017\_CB-Cat\_BK-Kat I - GENK

**GOLD Swimming Team**  
Live slow, swim fast!



AFLOS Heren 2		GG	GOLD	
---------------	--	----	------	--

Wed 16	4x100m vrije slag	04:36.71	2e	
Thijs V/Lauwerijn L/Thibault V/Fernando D				
50m	00:31.02	31.02	100m	01:04.98 33.96
150m	01:40.90	35.92	200m	02:20.81 39.91
250m	02:53.86	33.05	300m	03:30.04 36.18
350m	04:01.82	31.78	400m	04:36.71 34.89

Wed 35	4x100m wisselslag	05:28.37	6e	
Lauwerijn L/Thibault V/Fernando D/Thijs V				
50m	00:41.27	41.27	100m	01:25.38 44.11
150m	02:10.45	45.07	200m	03:00.81 50.36
250m	03:38.82	38.01	300m	04:22.55 43.73
350m	04:53.99	31.44	400m	05:28.37 34.38

AFLOS Heren 3		GG	GOLD	
---------------	--	----	------	--

Wed 36	4x100m wisselslag	04:35.41	5e	
Miguel D/Matis V/Niels D/Bjarne V				
50m	00:35.06	35.06	100m	01:12.41 37.35
150m	01:45.85	33.44	200m	02:25.02 39.17
250m	02:57.30	32.28	300m	03:35.56 38.26
350m	04:04.15	28.59	400m	04:35.41 31.26

Wed 49	4x100m vrije slag	04:07.30	5e	
Bjarne V/Elian M/Niels D/Matis V				
50m	00:29.42	29.42	100m	01:00.89 31.47
150m	01:31.05	30.16	250m	02:35.42 32.18
300m	03:08.57	33.15	350m	03:36.11 27.54
400m	04:07.30	31.19		

CASTEUR Xander		GU	GOLD / 11018/04	
----------------	--	----	-----------------	--

Wed 06	50m vrije slag	00:29.70	-0.9	22e	7 Rp
Wed 10	100m schoolslag	01:26.37	2.74	21e	2 Rp
50m	00:41.63	41.63	100m	01:26.37	44.74
Wed 19	200m wisselslag	02:42.99	-0.6	18e	5 Rp
50m	00:35.06	35.06	100m	01:18.96	43.9
150m	02:06.59	47.63	200m	02:42.99	36.4
Wed 32	200m vrije slag	02:18.53	-3.9	13e	8 Rp
50m	00:31.93	31.93	100m	01:07.56	35.63
150m	01:43.48	35.92	200m	02:18.53	35.05
Wed 47	200m schoolslag	03:02.40	2.67	17e	5 Rp
50m	00:40.69	40.69	100m	01:26.97	46.28
150m	02:14.71	47.74	200m	03:02.40	47.69

DEHAUDT Fernando		GM	GOLD / 11029/05	
------------------	--	----	-----------------	--

Wed 12	400m vrije slag	05:00.57	-20	7e	10 Rp
50m	00:33.59	33.59	100m	01:11.04	37.45
150m	01:48.92	37.88	200m	02:27.61	38.69
250m	03:05.65	38.04	300m	03:44.36	38.71
350m	04:23.18	38.82	400m	05:00.57	37.39

Wed 30	100m vrije slag	01:07.95	-1.5	17e	7 Rp
50m	00:32.59	32.59	100m	01:07.95	35.36

Wed 39	200m wisselslag	02:50.91	-4.1	20e	6 Rp
50m	00:39.51	39.51	100m	01:20.16	40.65
150m	02:13.87	53.71	200m	02:50.91	37.04

Wed 45	100m rugslag	01:16.38	-4.9	7e	8 Rp
50m	00:37.32	37.32	100m	01:16.38	39.06

DENEIR Niels		GU	GOLD / 10349/03	
--------------	--	----	-----------------	--

Wed 14	400m wisselslag	05:27.84	1.23	24e	7 Rp
50m	00:33.91	33.91	100m	01:14.92	41.01
150m	02:00.80	45.88	200m	02:44.17	43.37
250m	03:28.57	44.4	300m	04:14.62	46.05
350m	04:51.98	37.36	400m	05:27.84	35.86

Wed 19	200m wisselslag	02:33.45	0.83	29e	7 Rp
50m	00:30.74	30.74	100m	01:12.14	41.4
150m	01:57.99	45.85	200m	02:33.45	35.46

Wed 33	1500m vrije slag	18:30.82	11.6	8e	10 Rp
50m	00:32.13	32.13	100m	01:08.57	36.44
150m	01:45.79	37.22	200m	02:22.51	36.72
250m	02:59.56	37.05	300m	03:36.67	37.11
350m	04:14.03	37.36	400m	04:51.24	37.21
450m	05:28.87	37.63	500m	06:06.05	37.18
550m	06:43.91	37.86	600m	07:20.80	36.89
650m	07:58.58	37.78	700m	08:35.15	36.57
750m	09:12.26	37.11	800m	09:49.94	37.68
850m	10:27.69	37.75	900m	11:05.47	37.78
950m	11:43.94	38.47	1000m	12:20.13	36.19
1050m	12:57.42	37.29	1100m	13:34.91	37.49
1150m	14:12.74	37.83	1200m	14:50.51	37.77
1250m	15:28.05	37.54	1300m	16:05.78	37.73
1350m	16:43.04	37.26	1400m	17:18.89	35.85
1450m	17:55.67	36.78	1500m	18:30.82	35.15

Wed 47	200m schoolslag	02:45.16	-0.2	10e	9 Rp
50m	00:37.33	37.33	100m	01:20.01	42.68
150m	02:02.95	42.94	200m	02:45.16	42.21



21/07/2017

2017\_CB-Cat\_BK-Kat I - GENK

**GOLD Swimming Team**  
Live slow, swim fast!



**HIGHS**  
SPORTS NUTRITION



**Frptimize**  
www.frptimize.be



**ASTCO**  
www.astco.be

**ELIET**  
Tuintmachines - www.eliel.eu

Bouwonderneming  
**LAEVENS**  
Nieuwbouw - Verbouwingen

**TVH**  
www.tvh.com

**DAZZLE**  
EVENTS

Paul & Tom DESCAMPS  
www.descampsmenen.be



DESIMPELAERE Aurelie		GM	GOLD / 21043/06		
Wed 03	100m vrije slag	01:15.09	0.37	21e 5 Rp	
50m	00:35.67	35.67	100m	01:15.09	39.42
Wed 11	100m rugslag	01:26.07	-0.2	25e 5 Rp	
50m	00:41.55	41.55	100m	01:26.07	44.52
Wed 20	100m vlinderslag	01:25.90	-1.8	7e 3 Rp	
50m	00:39.52	39.52	100m	01:25.90	46.38
Wed 40	400m vrije slag	05:31.22	-7.0	11e 9 Rp	
50m	00:36.83	36.83	100m	01:17.84	41.01
150m	02:00.67	42.83	200m	02:43.41	42.74
250m	03:26.42	43.01	300m	04:08.87	42.45
350m	04:51.12	42.25	400m	05:31.22	40.1
Wed 46	200m wisselslag	02:59.98	-5.9	14e 7 Rp	
50m	00:39.75	39.75	100m	01:25.14	45.39
150m	02:18.50	53.36	200m	02:59.98	41.48

DESIMPELAERE Miguel		GM	GOLD / 11021/04		
Wed 02	200m rugslag	02:34.28	-3.1	8e 9 Rp	
50m	00:36.09	36.09	100m	01:15.19	39.1
150m	01:55.62	40.43	200m	02:34.28	38.66
Wed 10	100m schoolslag	01:21.73	-1.3	7e 7 Rp	
50m	00:38.36	38.36	100m	01:21.73	43.37
Wed 23	100m rugslag	01:13.60	0.55	13e 6 Rp	
50m	00:36.02	36.02	100m	01:13.60	37.58
Wed 32	200m vrije slag	02:18.34	-3.4	11e 8 Rp	
50m	00:31.10	31.1	100m	01:06.15	35.05
150m	01:42.91	36.76	200m	02:18.34	35.43
Wed 41	400m vrije slag	04:52.93	-16	13e 9 Rp	
50m	00:32.19	32.19	100m	01:08.53	36.34
150m	01:46.29	37.76	200m	02:24.16	37.87
250m	03:01.51	37.35	300m	03:39.25	37.74
350m	04:16.36	37.11	400m	04:52.93	36.57
Wed 43	100m vrije slag	01:03.60	-0.02	14e 8 Rp	
50m	00:30.78	30.78	100m	01:03.60	32.82

DUJARDIN Faye		GM	GOLD / 21035/06		
Wed 03	100m vrije slag	01:17.12	2.71	28e 3 Rp	
50m	00:37.07	37.07	100m	01:17.12	40.05
Wed 11	100m rugslag	01:27.15	-1.5	28e 4 Rp	
50m	00:43.23	43.23	100m	01:27.15	43.92
Wed 29	100m schoolslag	01:31.90	-2	5e 7 Rp	
50m	00:43.95	43.95	100m	01:31.90	47.95
Wed 46	200m wisselslag	03:02.59	-1.6	18e 6 Rp	
50m	00:43.44	43.44	100m	01:30.31	46.87
150m	02:21.01	50.7	200m	03:02.59	41.58

DUJARDIN Goan		GM	GOLD / 11020/04		
Wed 06	50m vrije slag	00:29.80	-1.1	25e 7 Rp	
Wed 32	200m vrije slag	02:19.69	0.09	15e 8 Rp	
50m	00:32.51	32.51	100m	01:08.12	35.61
150m	01:44.60	36.48	200m	02:19.69	35.09
Wed 41	400m vrije slag	04:57.57	-4.8	18e 8 Rp	
50m	00:33.58	33.58	100m	01:11.18	37.6
150m	01:49.34	38.16	200m	02:27.48	38.14
250m	03:05.59	38.11	300m	03:44.31	38.72
350m	04:22.51	38.2	400m	04:57.57	35.06
Wed 43	100m vrije slag	01:06.89	1.95	37e 4 Rp	
50m	00:32.01	32.01	100m	01:06.89	34.88

LAZOU Lauwerijn		GU	GOLD / 11049/06		
Wed 04	100m vlinderslag	01:26.31	-1.4	15e 3 Rp	
50m	00:40.75	40.75	100m	01:26.31	45.56
Wed 39	200m wisselslag	03:00.86	0.71	17e 7 Rp	
50m	00:40.91	40.91	100m	01:26.02	45.11
150m	02:19.19	53.17	200m	03:00.86	41.67

LAZOU Lente		GU	GOLD / 21013/05		
Wed 03	100m vrije slag	01:03.56	-0.2	3e 14 Rp	
50m	00:30.51	30.51	100m	01:03.56	33.05
Wed 20	100m vlinderslag	01:13.68	0	2e 11 Rp	
50m	00:35.14	35.14	100m	01:13.68	38.54
Wed 40	400m vrije slag	04:46.25	-6.4	1e 15 Rp	
50m	00:32.25	32.25	100m	01:07.21	34.96
150m	01:43.45	36.24	200m	02:19.86	36.41
250m	02:56.30	36.44	300m	03:33.72	37.42
350m	04:10.24	36.52	400m	04:46.25	36.01
Wed 46	200m wisselslag	02:38.53	-2.3	5e 13 Rp	
50m	00:34.18	34.18	100m	01:16.39	42.21
150m	02:03.46	47.07	200m	02:38.53	35.07



21/07/2017

2017\_CB-Cat\_BK-Kat I - GENK

**GOLD Swimming Team**  
Live slow, swim fast!



**HIGHS**  
SPORTS NUTRITION

Verzekeringen  
Vanluchene  
Oostrozebeke

**Frptimize**  
www.frptimize.be



**CASTCO**  
www.castco.be

**ELIET**  
Tuinmachines - www.eliel.eu

Bouwonderneming  
**LAEVENS**  
Nieuwboer - Verboezingen

**TVH**  
www.tvh.com

**DAZZLE**  
EVENTS

Paul & Tom DESCAMPS  
www.descampsmen.be



**MABBE Elian** GU **GOLD /11042/04**

Wed 02 200m rugslag 02:39.59 -4.1 16e 6 Rp

50m	00:36.59	36.59	100m	01:16.89	40.3
150m	01:59.18	42.29	200m	02:39.59	40.41

Wed 06 50m vrije slag 00:29.26 -0.05 15e 8 Rp

Wed 23 100m rugslag 01:14.42 -2.5 16e 5 Rp

50m	00:35.83	35.83	100m	01:14.42	38.59
-----	----------	-------	------	----------	-------

Wed 32 200m vrije slag 02:20.62 -1.8 17e 7 Rp

50m	00:31.62	31.62	100m	01:07.31	35.69
150m	01:44.82	37.51	200m	02:20.62	35.8

Wed 41 400m vrije slag 04:50.61 -8.2 12e 9 Rp

50m	00:31.54	31.54	100m	01:07.94	36.4
150m	01:45.69	37.75	200m	02:23.63	37.94
250m	03:01.20	37.57	300m	03:38.97	37.77
350m	04:15.87	36.9	400m	04:50.61	34.74

Wed 43 100m vrije slag 01:03.15 -0.4 11e 8 Rp

50m	00:30.11	30.11	100m	01:03.15	33.04
-----	----------	-------	------	----------	-------

**TRUYE Alexine** GU **GOLD /21011/04**

Wed 13 200m schoolslag 02:51.85 -4.2 4e 12 Rp

50m	00:39.75	39.75	100m	01:23.24	43.49
150m	02:07.48	44.24	200m	02:51.85	44.37

Wed 24 800m vrije slag 09:50.16 -7.3 3e 13 Rp

50m	00:33.27	33.27	100m	01:09.87	36.6
150m	01:47.33	37.46	200m	02:24.71	37.38
250m	03:02.41	37.7	300m	03:39.83	37.42
350m	04:17.46	37.63	400m	04:55.22	37.76
450m	05:32.59	37.37	500m	06:09.83	37.24
550m	06:47.37	37.54	600m	07:24.43	37.06
650m	08:01.86	37.43	700m	08:38.88	37.02
750m	09:15.42	36.54	800m	09:50.16	34.74

Wed 38 200m rugslag 02:39.19 -3 9e 9 Rp

50m	00:38.26	38.26	100m	01:18.76	40.5
150m	02:00.08	41.32	200m	02:39.19	39.11

Wed 44 100m schoolslag 01:22.23 -1.0 7e 9 Rp

50m	00:38.83	38.83	100m	01:22.23	43.4
-----	----------	-------	------	----------	------

**VANDAMME Thijs** GM **GOLD /11055/05**

Wed 04 100m vlinderslag 01:22.62 -7.2 19e

50m	00:37.91	37.91	100m	01:22.62	44.71
-----	----------	-------	------	----------	-------

Wed 12 400m vrije slag 04:56.96 -5.5 4e 11 Rp

50m	00:32.67	32.67	100m	01:09.42	36.75
150m	01:47.95	38.53	200m	02:26.42	38.47
250m	03:05.19	38.77	300m	03:43.72	38.53
350m	04:22.15	38.43	400m	04:56.96	34.81

Wed 30 100m vrije slag 01:04.73 0.5 8e 11 Rp

50m	00:30.93	30.93	100m	01:04.73	33.8
-----	----------	-------	------	----------	------

Wed 39 200m wisselslag 02:45.65 2.68 12e 8 Rp

50m	00:36.08	36.08	100m	01:18.75	42.67
150m	02:09.45	50.7	200m	02:45.65	36.2

Wed 45 100m rugslag 01:15.35 1 5e 9 Rp

50m	00:36.42	36.42	100m	01:15.35	38.93
-----	----------	-------	------	----------	-------

**VANDE CASTEELE Bjarne** GU **GOLD /10380/04**

Wed 06 50m vrije slag 00:28.10 -1.1 6e 11 Rp

Wed 19 200m wisselslag 02:31.11 -1.7 5e 10 Rp

50m	00:31.70	31.7	100m	01:11.18	39.48
150m	01:56.63	45.45	200m	02:31.11	34.48

Wed 32 200m vrije slag 02:11.11 -1.9 2e 12 Rp

50m	00:30.26	30.26	100m	01:04.19	33.93
150m	01:38.65	34.46	200m	02:11.11	32.46

Wed 41 400m vrije slag 04:39.49 -2.1 6e 12 Rp

50m	00:31.40	31.4	100m	01:06.73	35.33
150m	01:42.29	35.56	200m	02:18.14	35.85
250m	02:53.94	35.8	300m	03:30.14	36.2
350m	04:06.00	35.86	400m	04:39.49	33.49

Wed 43 100m vrije slag 00:59.99 -1.6 2e 12 Rp

50m	00:28.93	28.93	100m	00:59.99	31.06
-----	----------	-------	------	----------	-------

**VANDECASTEELE Matis** GM **GOLD /10365/03**

Wed 06 50m vrije slag 00:26.19 -1.5 3e 13 Rp

Wed 10 100m schoolslag 01:11.50 -1.2 6e 13 Rp

50m	00:34.04	34.04	100m	01:11.50	37.46
-----	----------	-------	------	----------	-------

Wed 19 200m wisselslag 02:25.62 -1.3 6e 11 Rp

50m	00:31.22	31.22	100m	01:08.21	36.99
150m	01:51.97	43.76	200m	02:25.62	33.65

Wed 23 100m rugslag 01:08.29 -0.8 8e 9 Rp

50m	00:33.66	33.66	100m	01:08.29	34.63
-----	----------	-------	------	----------	-------

Wed 37 100m vlinderslag 01:07.17 -1.5 14e 7 Rp

50m	00:31.51	31.51	100m	01:07.17	35.66
-----	----------	-------	------	----------	-------

Wed 43 100m vrije slag 00:59.92 0.85 19e 10 Rp

50m	00:28.87	28.87	100m	00:59.92	31.05
-----	----------	-------	------	----------	-------

Wed 47 200m schoolslag 02:43.82 -0.2 9e 9 Rp

50m	00:36.02	36.02	100m	01:17.78	41.76
150m	02:00.78	43	200m	02:43.82	43.04



21/07/2017

2017\_CB-Cat\_BK-Kat I - GENK

**GOLD Swimming Team**  
Live slow, swim fast!



<b>VANHAVERBEKE Thibault</b>		<b>GU</b>	<b>GOLD / 11006/05</b>	
Wed 04	100m vlinderslag		01:17.91	-1.7 9e 4 Rp
50m	00:36.65	36.65	100m	01:17.91 41.26
Wed 21	100m schoolslag		01:33.91	-5.1 16e 1 Rp
50m	00:45.03	45.03	100m	01:33.91 48.88
Wed 39	200m wisselslag		02:51.67	-1.5 23e 5 Rp
50m	00:37.84	37.84	100m	01:21.11 43.27
150m	02:13.83	52.72	200m	02:51.67 37.84
Wed 45	100m rugslag		01:19.99	-0.8 18e 4 Rp
50m	00:39.26	39.26	100m	01:19.99 40.73