



3/03/2018

## Antwerp Diamond Speedo Race - Antwerpen

GOLD Swimming Team  
Live slow, swim fast!

CAMERLYNCK Tim		GG	GOLD /10063/98		
Wed 14	50m vrije slag	00:25.41	-0.2	27e	8 Rp
Wed 19	50m schoolslag	00:30.96		7e	10 Rp
Wed 19	50m schoolslag	00:30.73		5e	10 Rp

CASTEUR Xander		GG	GOLD /11018/04		
Wed 41	100m rugslag	01:13.38	-0.4	7e	3 Rp
	50m	00:35.80	35.8	100m	01:13.38 37.58

DECONINCK Michiel		GG	GOLD /10107/95		
Wed 16	1500m vrije slag	17:17.26	8.11	4e	8 Rp
	50m	00:30.71	30.71	100m	01:04.35 33.64
	150m	01:38.32	33.97	200m	02:12.53 34.21
	250m	02:46.73	34.2	300m	03:21.12 34.39
	350m	03:55.38	34.26	400m	04:29.85 34.47
	450m	05:04.38	34.53	500m	05:39.10 34.72
	550m	06:13.78	34.68	600m	06:48.61 34.83
	650m	07:23.44	34.83	700m	07:58.16 34.72
	750m	08:32.97	34.81	800m	09:07.53 34.56
	850m	09:42.47	34.94	900m	10:17.63 35.16
	950m	10:52.84	35.21	1000m	11:27.96 35.12
	1050m	12:03.13	35.17	1100m	12:38.03 34.9
	1150m	13:13.05	35.02	1200m	13:48.28 35.23
	1250m	14:23.43	35.15	1300m	14:58.56 35.13
	1350m	15:33.68	35.12	1400m	16:08.48 34.8
	1450m	16:43.50	35.02	1500m	17:17.26 33.76

DEHAUDT Fernando		GG	GOLD /11029/05		
Wed 36	100m vlinderslag	01:19.44	2.28	9e	
	50m	00:36.87	36.87	100m	01:19.44 42.57
Wed 41	100m rugslag	01:18.71	2.33	13e	
	50m	00:37.89	37.89	100m	01:18.71 40.82

DELBECQUE Tore		GG	GOLD /11015/00		
Wed 04	100m schoolslag	01:10.48	0.21	11e	9 Rp
	50m	00:33.00	33	100m	01:10.48 37.48
Wed 04	100m schoolslag	01:09.63	-0.6	10e	10 Rp
	50m	00:32.59	32.59	100m	01:09.63 37.04
Wed 14	50m vrije slag	00:27.37	-0.6	63e	4 Rp
Wed 19	50m schoolslag	00:31.17	-0.07	9e	12 Rp
Wed 19	50m schoolslag	00:31.40	0.16	8e	11 Rp
Wed 23	200m schoolslag	02:37.06	0.29	4e	7 Rp
	50m	00:35.01	35.01	100m	01:16.33 41.32
	150m	01:57.66	41.33	200m	02:37.06 39.4
Wed 23	200m schoolslag	02:36.77	0	4e	7 Rp
	50m	00:34.19	34.19	100m	01:14.54 40.35
	150m	01:56.93	42.39	200m	02:36.77 39.84

DENEIR Niels		GG	GOLD /10349/03		
Wed 04	100m schoolslag	01:14.85		17e	9 Rp
	50m	00:35.42	35.42	100m	01:14.85 39.43
Wed 04	100m schoolslag	01:15.87		15e	8 Rp
	50m	00:35.63	35.63	100m	01:15.87 40.24
Wed 08	400m wisselslag	05:18.83	6.72		7 Rp
	50m	00:33.21	33.21	100m	01:13.98 40.77
	150m	01:58.24	44.26	200m	02:41.85 43.61
	250m	03:25.63	43.78	300m	04:10.78 45.15
	350m	04:45.62	34.84		

Wed 14	50m vrije slag	00:27.62	0.62	67e	7 Rp
Wed 23	200m schoolslag	02:43.20	-2	9e	8 Rp
	50m	00:36.94	36.94	100m	01:18.85 41.91
	150m	02:01.33	42.48	200m	02:43.20 41.87
Wed 23	200m schoolslag	02:46.11	0.95	8e	7 Rp
	50m	00:37.05	37.05	100m	01:19.94 42.89
	150m	02:03.70	43.76	200m	02:46.11 42.41
Wed 29	400m vrije slag	04:31.75	1.92	22e	10 Rp
	50m	00:31.12	31.12	100m	01:04.87 33.75
	150m	01:39.53	34.66	200m	02:14.76 35.23
	250m	02:49.99	35.23	300m	03:24.70 34.71
	350m	03:59.11	34.41	400m	04:31.75 32.64

DENEIR Silken		GG	GOLD /20051/99		
Wed 03	100m schoolslag	01:18.56	1.36	12e	7 Rp
	50m	00:36.13	36.13	100m	01:18.56 42.43
Wed 03	100m schoolslag	01:18.57	1.37	13e	7 Rp
	50m	00:36.83	36.83	100m	01:18.57 41.74
Wed 09	200m schoolslag	02:55.61	8.26	13e	4 Rp
	50m	00:37.82	37.82	100m	01:23.35 45.53
	150m	02:09.27	45.92	200m	02:55.61 46.34
Wed 20	50m schoolslag	00:35.94	0.62	17e	7 Rp
Wed 20	50m schoolslag	00:36.26	0.94	15e	7 Rp
Wed 24	200m wisselslag	02:44.46	5.9	27e	2 Rp
	50m	00:33.42	33.42	100m	01:19.96 46.54
	150m	02:04.55	44.59	200m	02:44.46 39.91
Wed 30	50m vlinderslag	00:32.12	0.02	33e	3 Rp

DESIMPELAERE Miguel		GG	GOLD /11021/04		
Wed 51	100m vrije slag	01:01.20	0.57	5e	8 Rp
	50m	00:29.36	29.36	100m	01:01.20 31.84

DUJARDIN Goan		GG	GOLD /11020/04		
Wed 46	100m schoolslag	01:25.65	2.61	7e	
	50m	00:39.77	39.77	100m	01:25.65 45.88
Wed 51	100m vrije slag	01:02.08	1.69	6e	7 Rp
	50m	00:30.30	30.3	100m	01:02.08 31.78



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**HIMPE Jannes** GG **GOLD /10068/98**

Wed 17 100m vrije slag 00:57.20 -0.5 49e 6 Rp

50m	00:27.50	27.5	100m	00:57.20	29.7
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Wed 27 100m rugslag 01:07.02 -1 18e 2 Rp

50m	00:32.45	32.45	100m	01:07.02	34.57
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Wed 27 100m rugslag 01:06.94 -1.1 14e 2 Rp

50m	00:32.09	32.09	100m	01:06.94	34.85
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**NAESSENS Nora** GG **GOLD /20020/94**

Wed 32 800m vrije slag 09:31.52 -9.5 4e 9 Rp

50m	00:32.20	32.2	100m	01:07.18	34.98
150m	01:42.28	35.1	200m	02:17.60	35.32
250m	02:53.46	35.86	300m	03:29.19	35.73
350m	04:05.43	36.24	400m	04:41.67	36.24
450m	05:18.26	36.59	500m	05:54.48	36.22
550m	06:30.92	36.44	600m	07:06.97	36.05
650m	07:43.45	36.48	700m	08:19.35	35.9
750m	08:56.11	36.76	800m	09:31.52	35.41

**ONGENAE Dries** GG **GOLD /10350/00**

Wed 02 200m vrije slag 02:01.49 2.83 23e 10 Rp

50m	00:27.70	27.7	100m	00:57.85	30.15
150m	01:29.40	31.55	200m	02:01.49	32.09

Wed 14 50m vrije slag 00:26.02 0.68 41e 8 Rp

Wed 17 100m vrije slag 00:55.33 0.2 32e 10 Rp

50m	00:26.69	26.69	100m	00:55.33	28.64
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Wed 29 400m vrije slag 04:17.31 4.11 10e 10 Rp

50m	00:28.71	28.71	100m	01:00.47	31.76
150m	01:33.13	32.66	200m	02:06.14	33.01
250m	02:39.22	33.08	300m	03:12.37	33.15
350m	03:45.98	33.61	400m	04:17.31	31.33

Wed 29 400m vrije slag 04:20.95 7.75 8e 9 Rp

50m	00:27.20	27.2	100m	00:57.66	30.46
150m	01:30.34	32.68	200m	02:04.18	33.84
250m	02:38.40	34.22	300m	03:12.32	33.92
350m	03:46.90	34.58	400m	04:20.95	34.05

**OOSTERLYNCK Anaïs** GG **GOLD /21090/06**

Wed 43 100m schoolslag 01:38.12 -16 13e

50m	00:46.26	46.26	100m	01:38.12	51.86
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Wed 48 100m vrije slag 01:13.84 -4.1 8e 3 Rp

50m	00:36.09	36.09	100m	01:13.84	37.75
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**OVAERE Luna** GG **GOLD /21040/06**

Wed 33 100m vlinderslag 01:26.28 -2.9 1e

50m	00:39.90	39.9	100m	01:26.28	46.38
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Wed 38 100m rugslag 01:28.48 0.52 8e

50m	00:42.40	42.4	100m	01:28.48	46.08
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Wed 48 100m vrije slag 01:13.86 -0.7 9e 3 Rp

50m	00:35.85	35.85	100m	01:13.86	38.01
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**TRUYE Alexine** GG **GOLD /21011/04**

Wed 07 50m rugslag 00:35.84 24e 4 Rp

Wed 13 200m vrije slag 02:21.86 1.35 37e 7 Rp

50m	00:32.73	32.73	100m	01:09.53	36.8
150m	01:46.08	36.55	200m	02:21.86	35.78

Wed 18 100m vrije slag 01:06.31 -2.4 63e 6 Rp

50m	00:31.49	31.49	100m	01:06.31	34.82
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Wed 28 200m rugslag 02:41.96 2.77 18e 6 Rp

50m	00:37.73	37.73	100m	01:18.65	40.92
150m	02:00.71	42.06	200m	02:41.96	41.25

**VANDAMME Thijs** GG **GOLD /11055/05**

Wed 36 100m vlinderslag 01:17.08 -5.5 6e

50m	00:36.03	36.03	100m	01:17.08	41.05
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Wed 41 100m rugslag 01:12.95 1.7 6e 6 Rp

50m	00:35.54	35.54	100m	01:12.95	37.41
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**VANDE CASTEELE Bjarne** GG **GOLD /10380/04**

Wed 46 100m schoolslag 01:16.48 2e 8 Rp

50m	00:36.23	36.23	100m	01:16.48	40.25
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Wed 51 100m vrije slag 00:58.78 1.1 1e 11 Rp

50m	00:29.18	29.18	100m	00:58.78	29.6
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**VANDE CASTEELE Niels** GG **GOLD /11058/07**

Wed 45 100m schoolslag 01:42.76 2.38 23e

50m	00:48.06	48.06	100m	01:42.76	54.7
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Wed 50 100m vrije slag 01:14.43 0.75 16e 5 Rp

50m	00:34.91	34.91	100m	01:14.43	39.52
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**VANDECASTEELE Matis** GG **GOLD /10365/03**

Wed 04 100m schoolslag 01:14.93 3.43 18e 9 Rp

50m	00:35.08	35.08	100m	01:14.93	39.85
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Wed 04 100m schoolslag 01:12.72 1.22 12e 11 Rp

50m	00:33.68	33.68	100m	01:12.72	39.04
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Wed 14 50m vrije slag 00:26.12 0.3 46e 11 Rp

Wed 27 100m rugslag 01:07.56 1.65 20e 7 Rp

50m	00:32.28	32.28	100m	01:07.56	35.28
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Wed 31 100m vlinderslag 01:07.92 5.32 30e 3 Rp

50m	00:30.59	30.59	100m	01:07.92	37.33
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