



1/05/2018

Coupe du Hainaut manche 3 - Charleroi

GOLD Swimming Team
Live slow, swim fast!HIGH5
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GARKA

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loodgieter
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BUYSSENS Dario

GG

GOLD /10352/01

Wed 01 1500m vrije slag 18:07.42 7.09 1e 7 Rp

50m	00:30.80	30.8	100m	01:04.91	34.11
150m	01:39.66	34.75	200m	02:14.21	34.55
250m	02:49.58	35.37	300m	03:24.61	35.03
350m	04:00.46	35.85	400m	04:36.11	35.65
450m	05:12.10	35.99	500m	05:47.67	35.57
550m	06:24.14	36.47	600m	06:59.95	35.81
650m	07:36.12	36.17	700m	08:12.69	36.57
750m	08:49.08	36.39	800m	09:25.48	36.4
850m	10:02.99	37.51	900m	10:39.31	36.32
950m	11:16.70	37.39	1000m	11:53.16	36.46
1050m	12:30.78	37.62	1100m	13:07.37	36.59
1150m	13:45.30	37.93	1200m	14:22.75	37.45
1250m	15:00.92	38.17	1300m	15:37.33	36.41
1350m	16:14.48	37.15	1400m	16:53.21	38.73
1450m	17:30.96	37.75	1500m	18:07.42	36.46

Wed 09 200m rugslag 02:21.34 3.61 1e 8 Rp

50m	00:32.67	32.67	100m	01:08.16	35.49
150m	01:45.20	37.04	200m	02:21.34	36.14

Wed 17 400m vrije slag 04:30.86 2.76 4e 8 Rp

50m	00:30.48	30.48	100m	01:03.78	33.3
150m	01:39.07	35.29	200m	02:12.84	33.77
250m	02:47.74	34.9	300m	03:21.77	34.03
350m	03:57.58	35.81	400m	04:30.86	33.28

CALLEWAERT Matisse

GG

GOLD /10353/02

Wed 13 100m vlinderslag 01:07.91 3e 2 Rp

50m	00:30.61	30.61	100m	01:07.91	37.3
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Wed 27 100m rugslag 01:05.69 1e 8 Rp

50m	00:32.46	32.46	100m	01:05.69	33.23
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Wed 31 100m vrije slag 00:58.93 1.56 1e 8 Rp

50m	00:28.28	28.28	100m	00:58.93	30.65
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CASTEUR Margaux

GG

GOLD /21012/03

Wed 08 100m schoolslag 01:21.67 3.44 1e 7 Rp

50m	00:38.70	38.7	100m	01:21.67	42.97
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Wed 22 200m wisselslag 02:49.35 0.16 2e 2 Rp

50m	00:37.29	37.29	100m	01:23.41	46.12
150m	02:08.53	45.12	200m	02:49.35	40.82

CASTEUR Xander

GG

GOLD /11018/04

Wed 21 200m wisselslag 02:34.96 1.36 3e 6 Rp

50m	00:33.00	33	100m	01:15.16	42.16
150m	01:59.97	44.81	200m	02:34.96	34.99

Wed 27 100m rugslag 01:14.13 0.75 1e 2 Rp

50m	00:35.68	35.68	100m	01:14.13	38.45
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DECONINCK Michiel

GG

GOLD /10107/95

Wed 03 800m vrije slag 09:05.03 3.05 1e 7 Rp

50m	00:31.33	31.33	100m	01:04.66	33.33
150m	01:38.88	34.22	200m	02:12.62	33.74
250m	02:46.95	34.33	300m	03:20.85	33.9
350m	03:55.57	34.72	400m	04:29.74	34.17
450m	05:04.74	35	500m	05:38.81	34.07
550m	06:13.76	34.95	600m	06:47.96	34.2
650m	07:22.96	35	700m	07:57.22	34.26
750m	08:31.87	34.65	800m	09:05.03	33.16

DEHAUDT Fernando

GG

GOLD /11029/05

Wed 09 200m rugslag 02:40.79 2.75 2e 5 Rp

50m	00:37.97	37.97	100m	01:18.56	40.59
150m	02:00.51	41.95	200m	02:40.79	40.28

Wed 33 400m wisselslag 05:43.50 3e 5 Rp

50m	00:38.00	38	100m	01:21.70	43.7
150m	02:03.83	42.13	200m	02:45.82	41.99
250m	03:37.47	51.65	300m	04:29.95	52.48
350m	05:07.73	37.78	400m	05:43.50	35.77

DELBECQUE Tore

GG

GOLD /11015/00

Wed 07 100m schoolslag 01:09.76 0.13 1e 9 Rp

50m	00:33.33	33.33	100m	01:09.76	36.43
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Wed 33 400m wisselslag 05:28.59 1e 1 Rp

50m	00:34.68	34.68	100m	01:17.82	43.14
150m	02:02.62	44.8	200m	02:45.00	42.38
250m	03:29.77	44.77	300m	04:13.11	43.34
350m	04:52.22	39.11	400m	05:28.59	36.37

DENEIR Niels

GG

GOLD /10349/03

Wed 01 1500m vrije slag 17:48.51 13.9 1e 11 Rp

50m	00:30.99	30.99	100m	01:04.73	33.74
150m	01:40.04	35.31	200m	02:15.19	35.15
250m	02:51.37	36.18	300m	03:26.45	35.08
350m	04:02.69	36.24	400m	04:38.42	35.73
450m	05:14.66	36.24	500m	05:50.48	35.82
550m	06:27.11	36.63	600m	07:02.83	35.72
650m	07:39.82	36.99	700m	08:15.43	35.61
750m	08:52.14	36.71	800m	09:28.24	36.1
850m	10:05.15	36.91	900m	10:41.09	35.94
950m	11:17.63	36.54	1000m	11:53.32	35.69
1050m	12:29.53	36.21	1100m	13:04.93	35.4
1150m	13:41.44	36.51	1200m	14:17.23	35.79
1250m	14:53.60	36.37	1300m	15:28.95	35.35
1350m	16:04.46	35.51	1400m	16:39.72	35.26
1450m	17:15.61	35.89	1500m	17:48.51	32.9



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bvba**DENEIR Silken** GG **GOLD /20051/99**

Wed 08 100m schoolslag 01:18.12 0.92 1e 8 Rp

50m	00:37.38	37.38	100m	01:18.12	40.74
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Wed 34 400m wisselslag 05:37.21 1e 5 Rp

50m	00:34.21	34.21	100m	01:14.90	40.69
150m	02:01.45	46.55	200m	02:46.66	45.21
250m	03:32.57	45.91	300m	04:18.78	46.21
350m	05:00.61	41.83	400m	05:37.21	36.6

HERMAN Lara GG **GOLD /20067/00**

Wed 28 100m rugslag 01:10.10 2.15 1e 8 Rp

50m	00:33.92	33.92	100m	01:10.10	36.18
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Wed 32 100m vrije slag 01:04.35 0.94 1e 6 Rp

50m	00:30.90	30.9	100m	01:04.35	33.45
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NAESSENS Nora GG **GOLD /20020/94**

Wed 02 1500m vrije slag 17:59.17 7.44 1e 11 Rp

50m	00:33.04	33.04	100m	01:08.14	35.1
150m	01:44.02	35.88	200m	02:19.39	35.37
250m	02:55.30	35.91	300m	03:30.71	35.41
350m	04:06.98	36.27	400m	04:42.80	35.82
450m	05:18.84	36.04	500m	05:54.75	35.91
550m	06:31.07	36.32	600m	07:06.77	35.7
650m	07:43.09	36.32	700m	08:18.99	35.9
750m	08:55.32	36.33	800m	09:31.32	36
850m	10:07.68	36.36	900m	10:43.78	36.1
950m	11:20.42	36.64	1000m	11:56.45	36.03
1050m	12:33.18	36.73	1100m	13:09.41	36.23
1150m	13:46.02	36.61	1200m	14:21.73	35.71
1250m	14:58.22	36.49	1300m	15:34.16	35.94
1350m	16:11.12	36.96	1400m	16:46.98	35.86
1450m	17:23.74	36.76	1500m	17:59.17	35.43

ONGENAE Dries GG **GOLD /10350/00**

Wed 15 200m vrije slag 02:01.45 2.79 1e 10 Rp

50m	00:27.61	27.61	100m	00:58.12	30.51
150m	01:29.76	31.64	200m	02:01.45	31.69

Wed 17 400m vrije slag 04:23.77 10.6 1e 8 Rp

50m	00:30.28	30.28	100m	01:03.25	32.97
150m	01:37.51	34.26	200m	02:10.91	33.4
250m	02:45.37	34.46	300m	03:18.91	33.54
350m	03:53.06	34.15	400m	04:23.77	30.71

Wed 31 100m vrije slag 00:55.68 0.55 1e 10 Rp

50m	00:27.22	27.22	100m	00:55.68	28.46
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OVAERE Luna GG **GOLD /21040/06**

Wed 14 100m vlinderslag 01:25.48 -0.8 2e

50m	00:39.97	39.97	100m	01:25.48	45.51
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Wed 22 200m wisselslag 02:57.62 -10 2e 4 Rp

50m	00:40.53	40.53	100m	01:25.53	45
150m	02:18.69	53.16	200m	02:57.62	38.93

Wed 30 200m vlinderslag 03:10.82 2e

50m	00:43.87	43.87	100m	01:32.74	48.87
150m	02:24.15	51.41	200m	03:10.82	46.67

TRUYE Alexine GG **GOLD /21011/04**

Wed 04 800m vrije slag 09:59.81 9.65 1e 9 Rp

50m	00:32.98	32.98	100m	01:09.38	36.4
150m	01:47.17	37.79	200m	02:24.24	37.07
250m	03:02.68	38.44	300m	03:39.79	37.11
350m	04:18.05	38.26	400m	04:55.90	37.85
450m	05:34.18	38.28	500m	06:11.81	37.63
550m	06:50.89	39.08	600m	07:28.77	37.88
650m	08:07.35	38.58	700m	08:44.59	37.24
750m	09:22.75	38.16	800m	09:59.81	37.06

VANDAMME Thijs GG **GOLD /11055/05**

Wed 09 200m rugslag 02:36.99 1.2 1e 7 Rp

50m	00:36.48	36.48	100m	01:16.45	39.97
150m	01:57.61	41.16	200m	02:36.99	39.38

Wed 15 200m vrije slag 02:22.62 3.13 4e 6 Rp

50m	00:32.31	32.31	100m	01:08.69	36.38
150m	01:46.93	38.24	200m	02:22.62	35.69

Wed 21 200m wisselslag 02:39.30 1.05 4e 6 Rp

50m	00:36.66	36.66	100m	01:15.93	39.27
150m	02:05.10	49.17	200m	02:39.30	34.2

Wed 31 100m vrije slag 01:03.51 0.24 3e 8 Rp

50m	00:30.86	30.86	100m	01:03.51	32.65
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VANDE CASTEELE Bjarne GG **GOLD /10380/04**

Wed 13 100m vlinderslag 01:07.44 0.29 1e 7 Rp

50m	00:31.79	31.79	100m	01:07.44	35.65
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Wed 15 200m vrije slag 02:11.04 3.14 1e 10 Rp

50m	00:30.18	30.18	100m	01:02.97	32.79
150m	01:37.94	34.97	200m	02:11.04	33.1

Wed 31 100m vrije slag 00:58.44 0.76 1e 11 Rp

50m	00:28.68	28.68	100m	00:58.44	29.76
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VANDE CASTEELE Niels GG **GOLD /11058/07**

Wed 15 200m vrije slag 02:38.85 -1.3 2e 8 Rp

50m	00:36.15	36.15	100m	01:16.18	40.03
150m	01:57.99	41.81	200m	02:38.85	40.86

Wed 27 100m rugslag 01:32.66 7e

50m	00:45.27	45.27	100m	01:32.66	47.39
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Wed 31 100m vrije slag 01:14.24 0.56 3e 5 Rp

50m	00:35.26	35.26	100m	01:14.24	38.98
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