



12/07/2019

VLAAMS ZOMERCRITERIUM 2019 - GENK

GOLD Swimming Team
Live slow, swim fast!



HIGH5
SPORTS NUTRITION



Verzekeringen
Vanluchene
Oostrozebeke

Frptimize
www.prooptimize.be



CASTCO
BROU- & VERLENDEBOUWMAATSCHAP

Bouwonderneming
LAEVENS
Nieuwbouw - Verbouwingen

AXIS
Finance
www.axisfinance.be



Paul & Tom DESCAMPS
www.descampsmen.be



CADCAMATIC
JUST MECHATRONICS

choc-à-lait



GARKA

DE SAEDELEER
JEAN-LUC
loodgieter
asfalt- & zinkwerken

VROEGVOGEL
bvba

AFLOS Gemengd 1

GG

GOLD

Wed 52 4x100m vrije slag 05:54.96 6e

Merel L/Laura P/Jens B/Ian D

50m	00:40.66	40.66	100m	01:31.19	50.53
150m	02:12.50	41.31	200m	03:01.32	48.82
250m	03:45.77	44.45	300m	04:35.64	49.87
350m	05:12.75	37.11	400m	05:54.96	42.21

BENOOT Jens

GM

GOLD/11097/08

Wed 07 400m vrije slag 07:06.71 -2.5 20e

100m	01:39.29	99.29	200m	03:30.65	111.36
400m	07:06.71	108.03			

Wed 35 100m schoolslag 01:51.01 -6 6e

50m	00:53.29	53.29	100m	01:51.01	57.72
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Wed 49 100m rugslag 01:44.89 23e

50m	00:51.01	51.01	100m	01:44.89	53.88
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Wed 56 100m vrije slag 01:38.40 -0.9 23e

50m	00:46.52	46.52	100m	01:38.40	51.88
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DECLERCQ Ryan**GOLD/11107/08**

Wed 35 100m schoolslag 02:08.52 0.98 18e

50m	00:59.10	59.1	100m	02:08.52	69.42
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Wed 56 100m vrije slag 01:40.07 -4.8 24e

50m	00:45.36	45.36	100m	01:40.07	54.71
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DEPOORTER Ian

GM

GOLD/11100/07

Wed 35 100m schoolslag 01:36.19 -3.5 2e

50m	00:44.47	44.47	100m	01:36.19	51.72
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Wed 49 100m rugslag 01:30.43 -5.9 25e

50m	00:44.15	44.15	100m	01:30.43	46.28
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Wed 56 100m vrije slag 01:17.39 -1 21e

50m	00:36.59	36.59	100m	01:17.39	40.8
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LERNOUT Merel

GM

GOLD/21104/07

Wed 24 100m schoolslag 01:55.05 2.02 38e

50m	00:53.91	53.91	100m	01:55.05	61.14
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Wed 45 100m vrije slag 01:32.86 1.67 40e

50m	00:42.80	42.8	100m	01:32.86	50.06
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PACKET Laura

GM

GOLD/21092/08

Wed 24 100m schoolslag 01:50.99 2.86 30e

50m	00:52.29	52.29	100m	01:50.99	58.7
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Wed 45 100m vrije slag 01:28.17 -4.4 37e

50m	00:42.33	42.33	100m	01:28.17	45.84
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Wed 60 100m rugslag 01:48.81 -0.6 32e

50m	00:51.97	51.97	100m	01:48.81	56.84
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