



26/07/2019

BK-CAT-WE2 2019 - CHARLEROI

GOLD Swimming Team
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GARKA

DE SAEDELEER
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AFLOS Gemengd 1

GG

GOLD

Wed 37 4x100m vrije slag 03:58.24 5e
Bjarne V/Malou D/Alexine T/Niels D

50m	00:26.56	26.56	100m	00:56.26	29.7
150m	01:25.90	29.64	200m	01:59.74	33.84
250m	02:29.80	30.06	300m	03:02.83	33.03
350m	03:29.44	26.61	400m	03:58.24	28.8

Wed 48 4x100m wisselslag 04:29.74 6e
Alexine T/Margaux C/Niels D/Bjarne V

50m	00:35.42	35.42	100m	01:13.75	38.33
150m	01:49.75	36	200m	02:32.79	43.04
250m	03:01.43	28.64	300m	03:34.37	32.94
350m	04:00.17	25.8	400m	04:29.74	29.57

AFLOS Gemengd 2

GG

GOLD

Wed 37 4x100m vrije slag 04:01.15 5e
Tore D/Silken D/Lara H/Jannes H

50m	00:28.49	28.49	100m	00:59.39	30.9
150m	01:30.18	30.79	200m	02:04.50	34.32
250m	02:33.43	28.93	300m	03:05.23	31.8
350m	03:31.63	26.4	400m	04:01.15	29.52

Wed 48 4x100m wisselslag 04:30.05 6e
Lara H/Tore D/Silken D/Jannes H

50m	00:33.23	33.23	100m	01:10.41	37.18
150m	01:42.46	32.05	200m	02:19.75	37.29
250m	02:53.83	34.08	300m	03:34.29	40.46
350m	04:00.19	25.9	400m	04:30.05	29.86

AFLOS Heren 1

GG

GOLD

Wed 23 4x100m vrije slag 03:45.43 2e
Bjarne V/Goan D/Xander C/Niels D

50m	00:27.18	27.18	100m	00:56.59	29.41
150m	01:23.48	26.89	200m	01:54.00	30.52
250m	02:20.57	26.57	300m	02:50.08	29.51
350m	03:16.51	26.43	400m	03:45.43	28.92

BUYSENS Dario

GG

GOLD /10352/01

Wed 14 200m rugslag 02:17.75 0.02 7e 9 Rp

50m	00:32.05	32.05	100m	01:05.99	33.94
150m	01:41.15	35.16	200m	02:17.75	36.6

Wed 20 400m vrije slag 04:31.20 3.1 30e 6 Rp

50m	00:30.53	30.53	100m	01:03.94	33.41
150m	01:37.79	33.85	200m	02:11.65	33.86
250m	02:46.77	35.12	300m	03:19.56	32.79
350m	03:56.84	37.28	400m	04:31.20	34.36

Wed 28 100m vrije slag 00:57.45 0.11 57e 8 Rp

50m	00:27.57	27.57	100m	00:57.45	29.88
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Wed 50 200m vrije slag 02:06.28 1.6 35e 7 Rp

50m	00:29.07	29.07	100m	01:00.60	31.53
150m	01:33.43	32.83	200m	02:06.28	32.85

CASTEUR Margaux

GG

GOLD /21012/03

Wed 03 100m schoolslag 01:20.00 1.77 8e 8 Rp

50m	00:36.12	36.12	100m	01:20.00	43.88
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Wed 65 50m schoolslag 00:35.43 -0.7 5e 11 Rp

CASTEUR Xander

GG

GOLD /11018/04

Wed 01 50m vrije slag 00:26.27 -0.6 6e 11 Rp

Wed 15 200m wisselslag 02:22.81 -3 7e 10 Rp

50m	00:29.99	29.99	100m	01:08.28	38.29
150m	01:49.40	41.12	200m	02:22.81	33.41

Wed 27 100m vrije slag 00:57.98 -0.7 9e 10 Rp

50m	00:27.87	27.87	100m	00:57.98	30.11
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Wed 40 100m schoolslag 01:13.76 -0.8 6e 10 Rp

50m	00:34.57	34.57	100m	01:13.76	39.19
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Wed 49 200m vrije slag 02:08.88 -1.8 15e 9 Rp

50m	00:29.32	29.32	100m	01:02.56	33.24
150m	01:36.84	34.28	200m	02:08.88	32.04

Wed 63 50m vlinderslag 00:28.93 -1.1 13e 8 Rp

DEHAUDT Malou

GM

GOLD /20393/04

Wed 07 100m vrije slag 01:04.53 -1.2 30e 7 Rp

50m	00:30.11	30.11	100m	01:04.53	34.42
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Wed 17 200m vlinderslag 02:34.05 4e 8 Rp

50m	00:33.10	33.1	100m	01:11.23	38.13
150m	01:51.95	40.72	200m	02:34.05	42.1

Wed 25 200m vrije slag 02:19.13 -2.4 13e 8 Rp

50m	00:32.26	32.26	100m	01:06.89	34.63
150m	01:42.27	35.38	200m	02:19.13	36.86

Wed 51 100m vlinderslag 01:11.69 0.46 13e 6 Rp

50m	00:32.60	32.6	100m	01:11.69	39.09
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Wed 61 50m vrije slag 00:30.01 -0.1 33e 7 Rp

DELBECQUE Tore

GG

GOLD /11015/00

Wed 06 50m schoolslag 00:31.94 0.89 13e 7 Rp

Wed 41 100m schoolslag 01:09.56 1.64 11e 8 Rp

50m	00:33.29	33.29	100m	01:09.56	36.27
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Wed 68 200m schoolslag 02:36.68 4.48 10e 4 Rp

50m	00:35.16	35.16	100m	01:15.29	40.13
150m	01:56.23	40.94	200m	02:36.68	40.45



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DENEIR Niels GG **GOLD /10349/03**

Wed 09 100m vinderslag 01:00.73 -1.4 8e 11 Rp

50m	00:29.18	29.18	100m	01:00.73	31.55
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Wed 19 400m vrije slag 04:18.46 -2.7 5e 12 Rp

50m	00:29.23	29.23	100m	01:01.40	32.17
150m	01:33.58	32.18	200m	02:07.06	33.48
250m	02:40.22	33.16	300m	03:14.11	33.89
350m	03:46.98	32.87	400m	04:18.46	31.48

Wed 27 100m vrije slag 00:56.39 -1.4 12e 11 Rp

50m	00:27.41	27.41	100m	00:56.39	28.98
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Wed 44 1500m vrije slag 16:58.56 -18 3e 13 Rp

50m	00:30.23	30.23	100m	01:03.74	33.51
150m	01:37.01	33.27	200m	02:10.75	33.74
250m	02:44.44	33.69	300m	03:18.40	33.96
350m	03:52.20	33.8	400m	04:26.28	34.08
450m	05:00.23	33.95	500m	05:34.32	34.09
550m	06:08.42	34.1	600m	06:42.64	34.22
650m	07:16.65	34.01	700m	07:50.68	34.03
750m	08:24.87	34.19	800m	08:59.17	34.3
850m	09:33.44	34.27	900m	10:07.72	34.28
950m	10:41.85	34.13	1000m	11:16.29	34.44
1050m	11:50.85	34.56	1100m	12:25.30	34.45
1150m	13:00.00	34.7	1200m	13:34.76	34.76
1250m	14:09.66	34.9	1300m	14:44.53	34.87
1350m	15:19.34	34.81	1400m	15:53.89	34.55
1450m	16:27.05	33.16	1500m	16:58.56	31.51

Wed 57 400m wisselslag 05:01.79 -3.9 10e 9 Rp

50m	00:29.91	29.91	100m	01:04.03	34.12
150m	01:46.42	42.39	200m	02:27.13	40.71
250m	03:10.07	42.94	300m	03:53.60	43.53
350m	04:28.46	34.86	400m	05:01.79	33.33

Wed 67 200m schoolslag 02:36.93 1.28 4e 9 Rp

50m	00:35.52	35.52	100m	01:14.58	39.06
150m	01:56.78	42.2	200m	02:36.93	40.15

DENEIR Silken GG **GOLD /20051/99**

Wed 04 100m schoolslag 01:19.64 3.17 6e 6 Rp

50m	00:37.72	37.72	100m	01:19.64	41.92
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Wed 30 200m schoolslag 02:54.98 4.3 4e 5 Rp

50m	00:39.18	39.18	100m	01:23.99	44.81
150m	02:09.92	45.93	200m	02:54.98	45.06

Wed 66 50m schoolslag 00:36.31 1.57 9e 7 Rp

DUJARDIN Goan GG **GOLD /11020/04**

Wed 01 50m vrije slag 00:27.03 0.12 14e 9 Rp

Wed 09 100m vinderslag 01:06.12 -1.3 13e 5 Rp

50m	00:29.89	29.89	100m	01:06.12	36.23
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Wed 27 100m vrije slag 00:58.62 -0.07 13e 9 Rp

50m	00:28.56	28.56	100m	00:58.62	30.06
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Wed 40 100m schoolslag 01:17.96 0.43 19e 6 Rp

50m	00:35.52	35.52	100m	01:17.96	42.44
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Wed 49 200m vrije slag 02:09.47 -1.2 17e 8 Rp

50m	00:29.65	29.65	100m	01:02.61	32.96
150m	01:37.43	34.82	200m	02:09.47	32.04

Wed 63 50m vinderslag 00:29.06 -0.8 15e 8 Rp

HERMAN Lara GG **GOLD /20067/00**

Wed 08 100m vrije slag 01:01.33 -0.4 14e 9 Rp

50m	00:29.37	29.37	100m	01:01.33	31.96
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Wed 12 50m rugslag 00:32.42 0.59 6e 8 Rp

Wed 47 100m rugslag 01:09.64 1.43 6e 8 Rp

50m	00:33.50	33.5	100m	01:09.64	36.14
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Wed 62 50m vrije slag 00:28.65 0.29 11e 8 Rp

HIMPE Jannes GG **GOLD /10068/98**

Wed 02 50m vrije slag 00:25.76 0.22 31e 7 Rp

Wed 28 100m vrije slag 00:56.46 -0.01 41e 7 Rp

50m	00:26.50	26.5	100m	00:56.46	29.96
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TRUYE Alexine

GG

GOLD / 21011/04

Wed 21 800m vrije slag 09:41.19 -5.2 7e 11 Rp

50m	00:32.22	32.22	100m	01:07.39	35.17
150m	01:43.35	35.96	200m	02:19.42	36.07
250m	02:55.42	36	300m	03:31.88	36.46
350m	04:08.23	36.35	400m	04:45.34	37.11
450m	05:21.53	36.19	500m	05:58.40	36.87
550m	06:35.21	36.81	600m	07:11.84	36.63
650m	07:48.59	36.75	700m	08:25.87	37.28
750m	09:03.93	38.06	800m	09:41.19	37.26

Wed 33 400m wisselslag 05:16.56 -4.7 3e 12 Rp

50m	00:33.90	33.9	100m	01:12.89	38.99
150m	01:53.51	40.62	200m	02:33.63	40.12
250m	03:19.11	45.48	300m	04:05.48	46.37
350m	04:42.18	36.7	400m	05:16.56	34.38

Wed 42 400m vrije slag 04:43.23 -0.1 8e 10 Rp

50m	00:32.16	32.16	100m	01:07.74	35.58
150m	01:44.26	36.52	200m	02:20.27	36.01
250m	02:56.45	36.18	300m	03:32.80	36.35
350m	04:08.69	35.89	400m	04:43.23	34.54

Wed 59 200m wisselslag 02:32.60 -2.7 6e 10 Rp

50m	00:33.77	33.77	100m	01:12.29	38.52
150m	01:57.30	45.01	200m	02:32.60	35.3

VANDE CASTEELE Bjarne

GG

GOLD / 10380/04

Wed 01 50m vrije slag 00:25.84 0.18 2e 12 Rp

Wed 09 100m vlinderslag 01:03.53 -0.7 7e 9 Rp

50m	00:28.91	28.91	100m	01:03.53	34.62
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Wed 27 100m vrije slag 00:56.23 0.16 3e 12 Rp

50m	00:27.28	27.28	100m	00:56.23	28.95
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Wed 40 100m schoolslag 01:15.13 0.57 10e 8 Rp

50m	00:34.76	34.76	100m	01:15.13	40.37
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Wed 49 200m vrije slag 02:06.06 -0.6 9e 10 Rp

50m	00:28.35	28.35	100m	01:00.51	32.16
150m	01:33.71	33.2	200m	02:06.06	32.35

Wed 63 50m vlinderslag 00:28.56 0.07 7e 9 Rp