



| AFLOS Dames 1                     |                   | GG       | GOLD  |                     |
|-----------------------------------|-------------------|----------|-------|---------------------|
| Wed 11                            | 4x100m wisselslag | 06:39.63 | 8e    |                     |
| Luna S/Laura P/Pauline D/Alyssa V |                   |          |       |                     |
|                                   | 100m              | 01:22.84 | 82.84 | 400m 06:39.63 105.6 |

| AFLOS Heren 2              |                   | GG       | GOLD  |                      |
|----------------------------|-------------------|----------|-------|----------------------|
| Wed 12                     | 4x100m wisselslag | 07:01.72 | 8e    |                      |
| Jens B/Ian D/Stan C/Ryan D |                   |          |       |                      |
|                            | 100m              | 01:38.94 | 98.94 | 400m 07:01.72 107.59 |

| BENOOT Jens |                 | GM       | GOLD/11097/08 |                     |
|-------------|-----------------|----------|---------------|---------------------|
| Wed 07      | 100m vrije slag | 01:27.61 | -17           | 10e                 |
|             | 50m             | 00:41.40 | 41.4          | 100m 01:27.61 46.21 |

| DE MOOR Maxime |                 | GM       | GOLD/11094/09 |                     |
|----------------|-----------------|----------|---------------|---------------------|
| Wed 05         | 200m rugslag    | 03:24.06 | -22           | 8e 2 Rp             |
| Wed 10         | 100m wisselslag | 01:46.10 | -4            | 7e                  |
|                | 50m             | 00:50.67 | 50.67         | 100m 01:46.10 55.43 |

| DE MOOR Pauline |                 | GM       | GOLD /21066/06 |                     |
|-----------------|-----------------|----------|----------------|---------------------|
| Wed 01          | 400m wisselslag | 07:16.13 | 9e             |                     |
|                 | 50m             | 00:49.59 | 49.59          | 100m 01:49.48 59.89 |
|                 | 150m            | 02:43.20 | 53.72          | 200m 03:36.09 52.89 |
|                 | 250m            | 04:37.49 | 61.4           | 300m 05:40.05 62.56 |
|                 | 350m            | 06:28.90 | 48.85          | 400m 07:16.13 47.23 |

|        |                 |          |       |                     |
|--------|-----------------|----------|-------|---------------------|
| Wed 06 | 100m vrije slag | 01:22.26 | -5.5  | 14e                 |
|        | 50m             | 00:39.03 | 39.03 | 100m 01:22.26 43.23 |

| DECLERCQ Ryan |                 | GM       | GOLD/11107/08 |                     |
|---------------|-----------------|----------|---------------|---------------------|
| Wed 07        | 100m vrije slag | 01:44.44 | 12e           |                     |
|               | 50m             | 00:45.91 | 45.91         | 100m 01:44.44 58.53 |

| DEPOORTER Ian |                 | GM       | GOLD/11100/07 |                     |
|---------------|-----------------|----------|---------------|---------------------|
| Wed 07        | 100m vrije slag | 01:13.22 | -5.6          | 7e 1 Rp             |
|               | 50m             | 00:34.68 | 34.68         | 100m 01:13.22 38.54 |

| DEPRAETERE Zoë |                 | GG       | GOLD/21086/08 |                     |
|----------------|-----------------|----------|---------------|---------------------|
| Wed 01         | 400m wisselslag | 06:12.60 | 5e 10 Rp      |                     |
|                | 50m             | 00:40.69 | 40.69         | 100m 01:30.17 49.48 |
|                | 150m            | 02:15.65 | 45.48         | 200m 03:00.49 44.84 |
|                | 250m            | 03:53.04 | 52.55         | 300m 04:47.74 54.7  |
|                | 350m            | 05:30.89 | 43.15         | 400m 06:12.60 41.71 |

| DUJARDIN Faye |                 | GG       | GOLD /21035/06 |                     |
|---------------|-----------------|----------|----------------|---------------------|
| Wed 01        | 400m wisselslag | 05:42.34 | 4e 9 Rp        |                     |
|               | 50m             | 00:37.81 | 37.81          | 100m 01:25.01 47.2  |
|               | 150m            | 02:08.38 | 43.37          | 200m 02:50.77 42.39 |
|               | 250m            | 03:37.50 | 46.73          | 300m 04:25.88 48.38 |
|               | 350m            | 05:42.58 | 76.7           | 400m 05:42.34 -0.24 |

| NAERT Zoë |                 | GG       | GOLD /21081/08 |                     |
|-----------|-----------------|----------|----------------|---------------------|
| Wed 01    | 400m wisselslag | 06:04.27 | 2e 11 Rp       |                     |
|           | 50m             | 00:41.08 | 41.08          | 100m 01:32.22 51.14 |
|           | 150m            | 02:17.57 | 45.35          | 200m 03:02.22 44.65 |
|           | 250m            | 03:51.14 | 48.92          | 300m 04:42.65 51.51 |
|           | 350m            | 05:24.01 | 41.36          | 400m 06:04.27 40.26 |

| OOSTERLYNCK Anaïs |                 | GG       | GOLD/21090/06 |                     |
|-------------------|-----------------|----------|---------------|---------------------|
| Wed 01            | 400m wisselslag | 05:35.45 | -28           | 2e 10 Rp            |
|                   | 50m             | 00:34.87 | 34.87         | 100m 01:17.41 42.54 |
|                   | 400m            | 05:35.45 | 43.01         |                     |

| OVAERE Luna |                 | GG       | GOLD /21040/06 |                     |
|-------------|-----------------|----------|----------------|---------------------|
| Wed 01      | 400m wisselslag | 05:39.02 | 3e 9 Rp        |                     |
|             | 50m             | 00:36.03 | 36.03          | 100m 01:19.74 43.71 |
|             | 150m            | 02:02.90 | 43.16          | 200m 02:44.89 41.99 |
|             | 250m            | 03:33.52 | 48.63          | 300m 04:23.13 49.61 |
|             | 350m            | 05:39.05 | 75.92          | 400m 05:39.02 -0.03 |

| PACKET Laura |                 | GM       | GOLD/21092/08 |                     |
|--------------|-----------------|----------|---------------|---------------------|
| Wed 06       | 100m vrije slag | 01:29.74 | 1.78          | 13e                 |
|              | 50m             | 00:41.50 | 41.5          | 100m 01:29.74 48.24 |

| SIX Luna |                 | GM       | GOLD /21071/07 |                     |
|----------|-----------------|----------|----------------|---------------------|
| Wed 06   | 100m vrije slag | 01:15.02 | -10            | 3e 2 Rp             |
|          | 50m             | 00:35.11 | 35.11          | 100m 01:15.02 39.91 |

| VANDE GHINSTE Alyssa |                 | GM       | GOLD/21109/08 |                     |
|----------------------|-----------------|----------|---------------|---------------------|
| Wed 06               | 100m vrije slag | 01:35.56 | 15e           |                     |
|                      | 50m             | 00:44.17 | 44.17         | 100m 01:35.56 51.39 |

| VANDEN BAVIERE Margo |                 | GM       | GOLD/21096/09 |                    |
|----------------------|-----------------|----------|---------------|--------------------|
| Wed 05               | 200m rugslag    | 03:52.14 | 7e            |                    |
| Wed 10               | 100m wisselslag | 01:45.99 | 4e            |                    |
|                      | 50m             | 00:50.59 | 50.59         | 100m 01:45.99 55.4 |

| VANSTEENKISTE Lona |                 | GG       | GOLD /21082/08 |                     |
|--------------------|-----------------|----------|----------------|---------------------|
| Wed 01             | 400m wisselslag | 06:07.17 | 3e 11 Rp       |                     |
|                    | 50m             | 00:37.75 | 37.75          | 100m 01:22.64 44.89 |
|                    | 150m            | 02:13.23 | 50.59          | 200m 03:00.26 47.03 |
|                    | 250m            | 03:53.43 | 53.17          | 300m 04:47.24 53.81 |
|                    | 350m            | 05:27.41 | 40.17          | 400m 06:07.17 39.76 |

| WILL Jamie |                 | GM       | GOLD/11106/10 |                     |
|------------|-----------------|----------|---------------|---------------------|
| Wed 05     | 200m rugslag    | 04:01.09 | 1e            |                     |
| Wed 10     | 100m wisselslag | 01:53.53 | 3e            |                     |
|            | 50m             | 00:54.11 | 54.11         | 100m 01:53.53 59.42 |