



09/11/2019

BK-CB-25-2019 - Sint Amandsberg

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AFLOS Gemengd 1

GG

GOLD

Wed 18 4x50m wisselslag 01:55.39 11e

Lara H/Tore D/Tim C/Alexine T

25m	00:15.60	15.6	50m	00:31.48	15.88
75m	00:45.05	13.57	100m	01:01.93	16.88
125m	01:13.48	11.55	150m	01:27.34	13.86
175m	01:40.87	13.53	200m	01:55.39	14.52

Wed 38 4x50m vrije slag 01:44.37 11e

Tim C/Lara H/Alexine T/Jannes H

25m	00:11.67	11.67	50m	00:24.00	12.33
75m	00:37.33	13.33	100m	00:51.54	14.21
125m	01:05.04	13.5	150m	01:19.84	14.8
175m	01:31.62	11.78	200m	01:44.37	12.75

AFLOS Heren 1

GG

GOLD

Wed 20 4x50m wisselslag 01:44.33 3e

Emmanuel V/Tore D/Tim C/Jannes H

25m	00:12.19	12.19	50m	00:24.96	12.77
75m	00:38.47	13.51	100m	00:54.97	16.5
125m	01:06.45	11.48	150m	01:20.10	13.65
175m	01:31.63	11.53	200m	01:44.33	12.7

Wed 39 4x50m vrije slag 01:37.61 10e

Tim C/Bjarne V/Jannes H/Niels D

25m	00:11.59	11.59	50m	00:24.09	12.5
75m	00:35.69	11.6	100m	00:48.59	12.9
125m	01:00.52	11.93	150m	01:13.23	12.71
175m	01:24.74	11.51	200m	01:37.61	12.87

CAMERLYNCK Tim

GG

GOLD /10063/98

Wed 03 50m schoolslag 00:29.58 0.5 10e 13 Rp

25m	00:13.68	13.68	50m	00:29.58	15.9
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Wed 12 50m vlinderslag SW 4.4 18e

valse start

Wed 33 50m vrije slag 00:24.02 0.58 24e 12 Rp

25m	00:11.65	11.65	50m	00:24.02	12.37
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CASTEUR Xander

GG

GOLD /11018/04

Wed 16 100m wisselslag 01:02.23 -1.5 45e

25m	00:12.88	12.88	50m	00:30.05	17.17
75m	00:47.20	17.15	100m	01:02.23	15.03

Wed 24 100m schoolslag 01:08.88 -9.4 34e 15 Rp

25m	00:14.81	14.81	50m	00:32.42	17.61
75m	00:50.34	17.92	100m	01:08.88	18.54

DECONINCK Michiel

GG

GOLD /10107/95

Wed 11 400m vrije slag 04:15.20 -1.3 33e 9 Rp

25m	00:13.72	13.72	50m	00:29.10	15.38
75m	00:44.65	15.55	100m	01:00.44	15.79
125m	01:16.26	15.82	150m	01:32.36	16.1
175m	01:48.62	16.26	200m	02:04.82	16.2
225m	02:21.14	16.32	250m	02:37.51	16.37
275m	02:53.87	16.36	300m	03:10.26	16.39
325m	03:26.65	16.39	350m	03:43.16	16.51
375m	03:59.53	16.37	400m	04:15.20	15.67

Wed 37 1500m vrije slag 16:38.56 -5.8 15e 10 Rp

25m	00:14.05	14.05	50m	00:29.82	15.77
75m	00:46.31	16.49	100m	01:02.61	16.3
125m	01:19.27	16.66	150m	01:35.61	16.34
175m	01:52.25	16.64	200m	02:08.71	16.46
225m	02:25.31	16.6	250m	02:41.79	16.48
275m	02:58.50	16.71	300m	03:15.03	16.53
325m	03:31.68	16.65	350m	03:48.18	16.5
375m	04:04.83	16.65	400m	04:21.56	16.73
425m	04:38.25	16.69	450m	04:54.89	16.64
475m	05:11.47	16.58	500m	05:27.98	16.51
525m	05:44.73	16.75	550m	06:01.29	16.56
575m	06:18.11	16.82	600m	06:34.71	16.6
625m	06:51.63	16.92	650m	07:08.20	16.57
675m	07:25.07	16.87	700m	07:41.70	16.63
725m	07:58.61	16.91	750m	08:15.10	16.49
775m	08:31.83	16.73	800m	08:48.28	16.45
825m	09:04.93	16.65	850m	09:21.46	16.53
875m	09:38.21	16.75	900m	09:54.82	16.61
925m	10:11.63	16.81	950m	10:28.19	16.56
975m	10:45.06	16.87	1000m	11:01.92	16.86
1025m	11:18.86	16.94	1050m	11:35.73	16.87
1075m	11:52.62	16.89	1100m	12:09.47	16.85
1125m	12:26.46	16.99	1150m	12:43.10	16.64
1175m	13:00.00	16.9	1200m	13:16.83	16.83
1225m	13:33.57	16.74	1250m	13:50.49	16.92
1275m	14:07.56	17.07	1300m	14:24.40	16.84
1325m	14:41.30	16.9	1350m	14:58.02	16.72
1375m	15:14.99	16.97	1400m	15:31.84	16.85
1425m	15:48.82	16.98	1450m	16:05.71	16.89
1475m	16:22.58	16.87	1500m	16:38.56	15.98



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DEHAUDT Fernando GG GOLD /11029/05

Wed 37 1500m vrije slag 16:40.17 16e 17 Rp

25m	00:13.77	13.77	50m	00:29.26	15.49
75m	00:45.43	16.17	100m	01:01.82	16.39
125m	01:18.15	16.33	150m	01:34.65	16.5
175m	01:50.91	16.26	200m	02:07.61	16.7
225m	02:24.09	16.48	250m	02:41.12	17.03
275m	02:57.57	16.45	300m	03:14.09	16.52
325m	03:30.66	16.57	350m	03:47.40	16.74
375m	04:03.82	16.42	400m	04:20.66	16.84
425m	04:37.46	16.8	450m	04:54.19	16.73
475m	05:10.87	16.68	500m	05:27.60	16.73
525m	05:44.28	16.68	550m	06:01.22	16.94
575m	06:17.73	16.51	600m	06:34.71	16.98
625m	06:51.29	16.58	650m	07:08.07	16.78
675m	07:24.86	16.79	700m	07:41.96	17.1
725m	07:58.39	16.43	750m	08:15.08	16.69
775m	08:31.76	16.68	800m	08:48.69	16.93
825m	09:05.78	17.09	850m	09:22.96	17.18
875m	09:39.93	16.97	900m	09:57.17	17.24
925m	10:14.12	16.95	950m	10:31.09	16.97
975m	10:47.39	16.3	1000m	11:04.08	16.69
1025m	11:20.89	16.81	1050m	11:37.85	16.96
1075m	11:55.01	17.16	1100m	12:12.17	17.16
1125m	12:28.99	16.82	1150m	12:46.19	17.2
1175m	13:02.93	16.74	1200m	13:20.18	17.25
1225m	13:37.07	16.89	1250m	13:54.21	17.14
1275m	14:11.19	16.98	1300m	14:28.22	17.03
1325m	14:45.34	17.12	1350m	15:02.37	17.03
1375m	15:19.35	16.98	1400m	15:36.81	17.46
1425m	15:53.98	17.17	1450m	16:10.28	16.3
1475m	16:25.43	15.15	1500m	16:40.17	14.74

DEHAUDT Malou GM GOLD /20393/04

Wed 06 100m vlinderslag 01:08.70 -4.2 39e 9 Rp

25m	00:14.66	14.66	50m	00:31.55	16.89
75m	00:49.51	17.96	100m	01:08.70	19.19

Wed 29 200m vlinderslag 02:34.82 -6.2 22e 7 Rp

25m	00:15.16	15.16	50m	00:32.48	17.32
75m	00:50.96	18.48	100m	01:09.71	18.75
125m	01:29.48	19.77	150m	01:49.86	20.38
175m	02:11.93	22.07	200m	02:34.82	22.89

DELBEQUE Tore GG GOLD /11015/00

Wed 03 50m schoolslag 00:30.72 0.16 21e 10 Rp

25m	00:14.25	14.25	50m	00:30.72	16.47
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Wed 14 200m schoolslag 02:26.04 -0.5 14e 10 Rp

25m	00:15.08	15.08	50m	00:32.97	17.89
75m	00:51.78	18.81	100m	01:10.97	19.19
125m	01:29.94	18.97	150m	01:48.96	19.02
175m	02:07.70	18.74	200m	02:26.04	18.34

Wed 16 100m wisselslag 01:04.20 -0.01 67e

25m	00:13.73	13.73	50m	00:30.99	17.26
75m	00:48.70	17.71	100m	01:04.20	15.5

Wed 24 100m schoolslag 01:07.56 1.73 24e 10 Rp

25m	00:14.67	14.67	50m	00:31.73	17.06
75m	00:49.38	17.65	100m	01:07.56	18.18

Wed 30 200m wisselslag 02:19.39 0.24 56e 7 Rp

25m	00:14.10	14.1	50m	00:31.42	17.32
75m	00:50.22	18.8	100m	01:08.01	17.79
125m	01:27.73	19.72	150m	01:47.37	19.64
175m	02:04.22	16.85	200m	02:19.39	15.17



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bvba**DENEIR Niels** GG **GOLD /10349/03**

Wed 12 50m vinderslag 00:27.38 -0.4 60e 11 Rp

25m	00:12.53	12.53	50m	00:27.38	14.85
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Wed 14 200m schoolslag 02:31.99 -4.3 22e 11 Rp

25m	00:15.54	15.54	50m	00:34.56	19.02
75m	00:53.54	18.98	100m	01:13.31	19.77
125m	01:32.97	19.66	150m	01:52.71	19.74
175m	02:12.36	19.65	200m	02:31.99	19.63

Wed 16 100m wisselslag 01:05.13 2.24 79e

25m	00:13.06	13.06	50m	00:30.01	16.95
75m	00:49.40	19.39	100m	01:05.13	15.73

Wed 26 100m vinderslag 01:00.56 0.5 49e 11 Rp

25m	00:12.77	12.77	50m	00:28.04	15.27
75m	00:43.98	15.94	100m	01:00.56	16.58

Wed 37 1500m vrije slag 17:09.80 15.8 24e 12 Rp

25m	00:13.58	13.58	50m	00:29.03	15.45
75m	00:45.01	15.98	100m	01:01.37	16.36
125m	01:17.87	16.5	150m	01:34.58	16.71
175m	01:51.20	16.62	200m	02:08.13	16.93
225m	02:24.70	16.57	250m	02:41.75	17.05
275m	02:58.62	16.87	300m	03:15.71	17.09
325m	03:32.67	16.96	350m	03:50.02	17.35
375m	04:07.23	17.21	400m	04:24.77	17.54
425m	04:42.07	17.3	450m	04:59.57	17.5
475m	05:16.97	17.4	500m	05:34.58	17.61
525m	05:51.87	17.29	550m	06:09.52	17.65
575m	06:26.87	17.35	600m	06:44.47	17.6
625m	07:01.69	17.22	650m	07:19.07	17.38
675m	07:36.57	17.5	700m	07:54.25	17.68
725m	08:11.65	17.4	750m	08:29.10	17.45
775m	08:46.60	17.5	800m	09:04.21	17.61
825m	09:21.52	17.31	850m	09:39.04	17.52
875m	09:56.20	17.16	900m	10:13.80	17.6
925m	10:30.96	17.16	950m	10:48.47	17.51
975m	11:05.81	17.34	1000m	11:22.88	17.07
1025m	11:40.00	17.12	1050m	11:57.38	17.38
1075m	12:14.77	17.39	1100m	12:32.46	17.69
1125m	12:50.16	17.7	1150m	13:07.69	17.53
1175m	13:24.97	17.28	1200m	13:42.61	17.64
1225m	14:00.01	17.4	1250m	14:17.53	17.52
1275m	14:34.97	17.44	1300m	14:52.52	17.55
1325m	15:09.64	17.12	1350m	15:27.01	17.37
1375m	15:44.31	17.3	1400m	16:01.63	17.32
1425m	16:18.92	17.29	1450m	16:36.12	17.2
1475m	16:53.38	17.26	1500m	17:09.80	16.42

HERMAN Lara GG **GOLD /20067/00**

Wed 08 50m rugslag 00:31.21 0.55 26e 11 Rp

25m	00:15.54	15.54	50m	00:31.21	15.67
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Wed 15 200m rugslag 02:25.32 23e 10 Rp

25m	00:16.25	16.25	50m	00:33.93	17.68
75m	00:52.18	18.25	100m	01:10.69	18.51
125m	01:29.48	18.79	150m	01:48.41	18.93
175m	02:07.18	18.77	200m	02:25.32	18.14

Wed 21 100m vrije slag 01:00.71 0.28 51e 9 Rp

25m	00:13.92	13.92	50m	00:29.27	15.35
75m	00:44.97	15.7	100m	01:00.71	15.74

Wed 27 100m rugslag 01:08.12 2.52 32e 9 Rp

25m	00:15.81	15.81	50m	00:32.57	16.76
75m	00:50.56	17.99	100m	01:08.12	17.56

HIMPE Jannes GG **GOLD /10068/98**

Wed 01 100m vrije slag 00:54.34 -0.3 78e 10 Rp

25m	00:12.24	12.24	50m	00:26.10	13.86
75m	00:39.92	13.82	100m	00:54.34	14.42

Wed 28 50m rugslag 00:29.11 -0.2 41e 7 Rp

25m	00:14.49	14.49	50m	00:29.11	14.62
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Wed 33 50m vrije slag 00:25.20 0.26 78e 9 Rp

25m	00:12.35	12.35	50m	00:25.20	12.85
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LAZOU Lente

GG

GOLD/21110/05

Wed 02 200m vrije slag 02:08.61 -2.6 29e 14 Rp

25m	00:14.25	14.25	50m	00:29.84	15.59
75m	00:46.04	16.2	100m	01:02.52	16.48
125m	01:18.86	16.34	150m	01:35.52	16.66
175m	01:52.42	16.9	200m	02:08.61	16.19

Wed 17 800m vrije slag 09:24.16 11.9 14e 14 Rp

25m	00:14.86	14.86	50m	00:31.07	16.21
75m	00:47.70	16.63	100m	01:04.71	17.01
125m	01:21.58	16.87	150m	01:38.61	17.03
175m	01:55.81	17.2	200m	02:13.16	17.35
225m	02:30.59	17.43	250m	02:48.09	17.5
275m	03:05.75	17.66	300m	03:23.60	17.85
325m	03:41.52	17.92	350m	03:59.18	17.66
375m	04:17.09	17.91	400m	04:35.10	18.01
425m	04:52.93	17.83	450m	05:10.92	17.99
475m	05:28.92	18	500m	05:47.15	18.23
525m	06:05.05	17.9	550m	06:23.18	18.13
575m	06:41.11	17.93	600m	06:59.31	18.2
625m	07:17.52	18.21	650m	07:35.85	18.33
675m	07:54.14	18.29	700m	08:12.55	18.41
725m	08:30.63	18.08	750m	08:48.81	18.18
775m	09:06.73	17.92	800m	09:24.16	17.43

Wed 21 100m vrije slag 01:00.24 0.41 38e 13 Rp

25m	00:14.03	14.03	50m	00:29.30	15.27
75m	00:44.99	15.69	100m	01:00.24	15.25

Wed 31 400m vrije slag 04:29.64 2.26 15e 15 Rp

25m	00:14.43	14.43	50m	00:30.71	16.28
75m	00:47.46	16.75	100m	01:04.66	17.2
125m	01:21.55	16.89	150m	01:38.49	16.94
175m	01:55.73	17.24	200m	02:13.04	17.31
225m	02:30.10	17.06	250m	02:47.40	17.3
275m	03:04.72	17.32	300m	03:22.08	17.36
325m	03:39.13	17.05	350m	03:56.45	17.32
375m	04:13.61	17.16	400m	04:29.64	16.03

NAESSENS Nora

GG

GOLD /20020/94

Wed 17 800m vrije slag 09:18.49 -0.9 12e 11 Rp

25m	00:14.82	14.82	50m	00:31.14	16.32
75m	00:48.12	16.98	100m	01:05.25	17.13
125m	01:22.34	17.09	150m	01:39.49	17.15
175m	01:56.65	17.16	200m	02:13.98	17.33
225m	02:31.29	17.31	250m	02:48.66	17.37
275m	03:05.96	17.3	300m	03:23.46	17.5
325m	03:40.97	17.51	350m	03:58.47	17.5
375m	04:16.07	17.6	400m	04:33.67	17.6
425m	04:51.32	17.65	450m	05:09.07	17.75
475m	05:26.56	17.49	500m	05:44.33	17.77
525m	06:02.14	17.81	550m	06:20.08	17.94
575m	06:37.87	17.79	600m	06:55.75	17.88
625m	07:13.58	17.83	650m	07:31.46	17.88
675m	07:49.41	17.95	700m	08:07.37	17.96
725m	08:25.34	17.97	750m	08:43.30	17.96
775m	09:01.28	17.98	800m	09:18.49	17.21

Wed 31 400m vrije slag 04:34.59 0.92 20e 10 Rp

25m	00:14.40	14.4	50m	00:30.57	16.17
75m	00:47.43	16.86	100m	01:04.41	16.98
125m	01:21.58	17.17	150m	01:38.99	17.41
175m	01:56.37	17.38	200m	02:13.91	17.54
225m	02:31.40	17.49	250m	02:49.06	17.66
275m	03:06.55	17.49	300m	03:24.41	17.86
325m	03:41.95	17.54	350m	03:59.85	17.9
375m	04:17.33	17.48	400m	04:34.59	17.26



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GG

GOLD /21011/04

Wed 17 800m vrije slag 09:14.13 10e 14 Rp

25m	00:15.04	15.04	50m	00:31.67	16.63
75m	00:48.76	17.09	100m	01:05.78	17.02
125m	01:23.06	17.28	150m	01:40.26	17.2
175m	01:57.62	17.36	200m	02:14.87	17.25
225m	02:32.23	17.36	250m	02:49.61	17.38
275m	03:07.09	17.48	300m	03:24.60	17.51
325m	03:42.04	17.44	350m	03:59.76	17.72
375m	04:17.17	17.41	400m	04:35.12	17.95
425m	04:52.47	17.35	450m	05:09.92	17.45
475m	05:27.52	17.6	500m	05:45.21	17.69
525m	06:02.81	17.6	550m	06:20.21	17.4
575m	06:37.72	17.51	600m	06:55.54	17.82
625m	07:13.07	17.53	650m	07:30.42	17.35
675m	07:48.20	17.78	700m	08:05.79	17.59
725m	08:23.30	17.51	750m	08:40.44	17.14
775m	08:57.35	16.91	800m	09:14.13	16.78

VANLUCHENE Emmanuel

GG

GOLD /10011/92

Wed 16 100m wisselslag 00:56.37 1.6 1e

25m	00:11.05	11.05	50m	00:24.87	13.82
75m	00:41.50	16.63	100m	00:56.37	14.87

Wed 16 100m wisselslag 00:54.19 -0.6 1e

25m	00:10.93	10.93	50m	00:24.61	13.68
75m	00:40.79	16.18	100m	00:54.19	13.4

Wed 25 400m wisselslag 05:08.06 7e 14 Rp

25m	00:15.37	15.37	50m	00:33.84	18.47
75m	00:52.68	18.84	100m	01:12.12	19.44
125m	01:32.12	20	150m	01:51.12	19
175m	02:10.94	19.82	200m	02:29.98	19.04
225m	02:51.76	21.78	250m	03:13.53	21.77
275m	03:35.77	22.24	300m	03:58.19	22.42
325m	04:16.60	18.41	350m	04:34.50	17.9
375m	04:51.62	17.12	400m	05:08.06	16.44

Wed 25 400m wisselslag 05:09.14 8e 13 Rp

25m	00:15.43	15.43	50m	00:33.99	18.56
75m	00:52.75	18.76	100m	01:12.24	19.49
125m	01:32.06	19.82	150m	01:51.23	19.17
175m	02:10.92	19.69	200m	02:30.65	19.73
225m	02:52.00	21.35	250m	03:14.35	22.35
275m	03:36.02	21.67	300m	03:58.18	22.16
325m	04:16.87	18.69	350m	04:34.69	17.82
375m	04:51.92	17.23	400m	05:09.14	17.22

VANDE CASTEELE Bjarne

GG

GOLD /10380/04

Wed 01 100m vrije slag 00:55.61 1.1 97e 13 Rp

25m	00:12.72	12.72	50m	00:26.84	14.12
75m	00:41.14	14.3	100m	00:55.61	14.47

Wed 26 100m vlinderslag 01:02.74 0.25 72e 9 Rp

25m	00:12.93	12.93	50m	00:28.67	15.74
75m	00:45.09	16.42	100m	01:02.74	17.65

Wed 33 50m vrije slag 00:25.51 0.22 88e 13 Rp

25m	00:12.34	12.34	50m	00:25.51	13.17
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