



23/01/2021

## Flanders Qualification Meet - Antwerp

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## DEHAUDT Fernando GG GOLD /11029/05

Wed 01 200m vrije slag 02:02.93 1.44 23e 11 Rp

50m	00:28.52	28.52	100m	00:59.80	31.28
150m	01:31.98	32.18	200m	02:02.93	30.95

Wed 09 400m vrije slag 04:20.83 3.23 12e 11 Rp

50m	00:28.96	28.96	100m	01:00.87	31.91
150m	01:33.85	32.98	200m	02:07.38	33.53
250m	02:41.20	33.82	300m	03:14.93	33.73
350m	03:47.89	32.96	400m	04:20.83	32.94

Wed 09 400m vrije slag 04:24.39 6.79 11e 10 Rp

50m	00:30.17	30.17	100m	01:03.84	33.67
150m	01:37.91	34.07	200m	02:12.29	34.38
250m	02:46.34	34.05	300m	03:19.87	33.53
350m	03:53.78	33.91	400m	04:24.39	30.61

Wed 13 50m vrije slag 00:26.64 0.06 15e 8 Rp

Wed 13 50m vrije slag 00:26.00 -0.6 15e 10 Rp

Wed 20 50m rugslag 00:31.09 0.59 7e 7 Rp

Wed 20 50m rugslag 00:30.38 -0.1 6e 8 Rp

Wed 30 200m rugslag 02:20.39 0.46 3e 9 Rp

50m	00:32.84	32.84	100m	01:08.64	35.8
150m	01:45.25	36.61	200m	02:20.39	35.14

Wed 30 200m rugslag 02:22.45 2.52 3e 8 Rp

50m	00:33.57	33.57	100m	01:10.40	36.83
150m	01:46.76	36.36	200m	02:22.45	35.69

## LAZOU Lente GG GOLD/21110/05

Wed 16 800m vrije slag 09:24.31 -1.7 4e 12 Rp

50m	00:31.44	31.44	100m	01:05.97	34.53
150m	01:41.40	35.43	200m	02:16.47	35.07
250m	02:51.85	35.38	300m	03:27.15	35.3
350m	04:02.81	35.66	400m	04:38.11	35.3
450m	05:13.98	35.87	500m	05:49.39	35.41
550m	06:25.54	36.15	600m	07:01.26	35.72
650m	07:37.37	36.11	700m	08:13.22	35.85
750m	08:49.65	36.43	800m	09:24.31	34.66

Wed 19 200m vrije slag 02:06.35 -1.5 9e 14 Rp

50m	00:29.55	29.55	100m	01:01.85	32.3
150m	01:34.25	32.4	200m	02:06.35	32.1

Wed 19 200m vrije slag 02:07.48 -0.4 9e 13 Rp

50m	00:29.78	29.78	100m	01:02.50	32.72
150m	01:35.39	32.89	200m	02:07.48	32.09

Wed 27 400m vrije slag 04:26.37 -2.4 2e 14 Rp

50m	00:30.27	30.27	100m	01:03.32	33.05
150m	01:36.69	33.37	200m	02:10.68	33.99
250m	02:44.57	33.89	300m	03:18.76	34.19
350m	03:53.20	34.44	400m	04:26.37	33.17

Wed 27 400m vrije slag 04:26.58 -2.2 1e 14 Rp

50m	00:31.27	31.27	100m	01:04.82	33.55
150m	01:38.95	34.13	200m	02:12.93	33.98
250m	02:46.73	33.8	300m	03:20.66	33.93
350m	03:54.04	33.38	400m	04:26.58	32.54