



DEHAUDT Fernando GG **GOLD /11029/05**

Wed 88 200m rugslag 02:17.27 -2.7 4e 11 Rp

50m	00:31.60	31.6	100m	01:05.70	34.1
150m	01:41.47	35.77	200m	02:17.27	35.8

Wed 100 400m vrije slag 04:11.16 -6.4 1e 14 Rp

50m	00:29.92	29.92	100m	01:01.32	31.4
150m	01:32.98	31.66	200m	02:04.96	31.98
250m	02:37.08	32.12	300m	03:09.53	32.45
350m	03:41.32	31.79	400m	04:11.16	29.84

Wed 146 200m vrije slag 01:59.00 -2.5 1e 13 Rp

50m	00:27.87	27.87	100m	00:58.14	30.27
150m	01:29.18	31.04	200m	01:59.00	29.82

Wed 186 100m rugslag 01:03.16 -2.5 4e 10 Rp

50m	00:30.99	30.99	100m	01:03.16	32.17
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DELBECQUE Tore GG **GOLD /11015/00**

Wed 36 50m schoolslag 00:31.15 0.4 11e 9 Rp

Wed 50 100m schoolslag 01:09.31 1.11 8e 8 Rp

50m	00:32.50	32.5	100m	01:09.31	36.81
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DUJARDIN Faye GG **GOLD /21035/06**

Wed 51 200m vrije slag 02:17.43 -6.5 8e 8 Rp

50m	00:31.12	31.12	100m	01:06.03	34.91
150m	01:41.97	35.94	200m	02:17.43	35.46

Wed 111 100m vrije slag 01:02.25 -1.2 6e 10 Rp

50m	00:29.53	29.53	100m	01:02.25	32.72
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Wed 169 50m vrije slag 00:28.38 -1.2 6e 11 Rp

LAMMENS Louise GG **GOLD /21122/04**

Wed 07 400m vrije slag 04:42.06 -7.7 10e 10 Rp

50m	00:32.24	32.24	100m	01:07.19	34.95
150m	01:42.52	35.33	200m	02:18.50	35.98
250m	02:54.33	35.83	300m	03:30.68	36.35
350m	04:06.87	36.19	400m	04:42.06	35.19

Wed 53 200m vrije slag 02:16.13 -2.8 13e 8 Rp

50m	00:31.57	31.57	100m	01:05.95	34.38
150m	01:41.38	35.43	200m	02:16.13	34.75

LAZOU Lente GG **GOLD /21110/05**

Wed 06 400m vrije slag 04:27.97 4.48 1e 13 Rp

50m	00:30.56	30.56	100m	01:04.20	33.64
150m	01:38.13	33.93	200m	02:12.02	33.89
250m	02:45.81	33.79	300m	03:19.94	34.13
350m	03:54.29	34.35	400m	04:27.97	33.68

Wed 68 400m wisselslag 05:11.55 1e 12 Rp

50m	00:31.97	31.97	100m	01:09.76	37.79
150m	01:51.47	41.71	200m	02:32.07	40.6
250m	03:17.73	45.66	300m	04:03.61	45.88
350m	04:38.13	34.52	400m	05:11.55	33.42

Wed 112 100m vrije slag 00:59.19 -0.3 3e 13 Rp

50m	00:28.64	28.64	100m	00:59.19	30.55
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NAERT Zoé GM **GOLD /21081/08**

Wed 15 200m schoolslag 03:00.84 1.15 6e 8 Rp

50m	00:40.22	40.22	100m	01:25.98	45.76
150m	02:13.50	47.52	200m	03:00.84	47.34

Wed 149 100m schoolslag 01:22.21 -1.4 5e 9 Rp

50m	00:38.06	38.06	100m	01:22.21	44.15
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OOSTERLYNCK Anaïs GG **GOLD /21090/06**

Wed 67 400m wisselslag 05:46.46 3.18 7e 5 Rp

50m	00:34.94	34.94	100m	01:16.56	41.62
150m	02:02.81	46.25	200m	02:47.58	44.77
250m	03:37.78	50.2	300m	04:27.90	50.12
350m	05:08.26	40.36	400m	05:46.46	38.2

OVAERE Luna GG **GOLD /21040/06**

Wed 67 400m wisselslag 05:34.04 -7.4 5e 8 Rp

50m	00:34.90	34.9	100m	01:15.52	40.62
150m	01:59.12	43.6	200m	02:42.04	42.92
250m	03:30.74	48.7	300m	04:20.14	49.4
350m	04:57.28	37.14	400m	05:34.04	36.76

Wed 157 200m vlinderslag 02:40.80 -4.8 5e 4 Rp

50m	00:34.85	34.85	100m	01:14.97	40.12
150m	01:57.71	42.74	200m	02:40.80	43.09

VANDAMME Thijs GG **GOLD /11055/05**

Wed 18 100m vrije slag 00:55.45 -2.1 6e 12 Rp

50m	00:26.79	26.79	100m	00:55.45	28.66
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Wed 88 200m rugslag 02:21.17 -2 6e 8 Rp

50m	00:32.84	32.84	100m	01:07.92	35.08
150m	01:44.89	36.97	200m	02:21.17	36.28

Wed 138 50m rugslag 00:29.77 -1.2 6e 10 Rp

Wed 186 100m rugslag 01:04.98 -0.1 6e 8 Rp

50m	00:30.75	30.75	100m	01:04.98	34.23
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31/07/2021

Zomercriterium/Criterium D' Été - Antwerpen



VANSTEENKISTE Lona		GM	GOLD / 21082/08		
Wed 57	400m wisselslag	05:32.35	-15	3e	11 Rp
50m	00:34.18	34.18	100m	01:13.91	39.73
150m	01:58.52	44.61	200m	02:40.36	41.84
250m	03:30.37	50.01	300m	04:20.19	49.82
350m	04:57.36	37.17	400m	05:32.35	34.99
Wed 85	200m vrije slag	02:16.23	-10	4e	12 Rp
50m	00:31.24	31.24	100m	01:05.62	34.38
150m	01:41.97	36.35	200m	02:16.23	34.26
Wed 119	100m vrije slag	01:03.28	-2.3	4e	12 Rp
50m	00:30.45	30.45	100m	01:03.28	32.83
Wed 165	400m vrije slag	04:45.08	-20	3e	13 Rp
50m	00:31.95	31.95	100m	01:07.94	35.99
150m	01:44.04	36.1	200m	02:20.75	36.71
250m	02:56.99	36.24	300m	03:34.17	37.18
350m	04:10.51	36.34	400m	04:45.08	34.57
Wed 177	200m vlinderslag	02:34.83	-12	2e	11 Rp
50m	00:34.51	34.51	100m	01:14.89	40.38
150m	01:55.82	40.93	200m	02:34.83	39.01