



13/11/2021

Bk-Cb - 25m - Leuven

GOLD Swimming Team
Live slow, swim fast!HIGHS
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GARKA

DE SAEDELEER
JEAN-LUC
loodgieter
asfalt- & zinkwerkenVROEGVOGEL
bvba**DEHAUDT Fernando** GG **GOLD /11029/05**

Wed 11 400m vrije slag 04:01.95 0.11 6e 17 Rp

50m	00:27.74	27.74	100m	00:57.51	29.77
150m	01:27.89	30.38	200m	01:58.32	30.43
250m	02:28.90	30.58	300m	03:00.07	31.17
350m	03:31.42	31.35	400m	04:01.95	30.53

Wed 11 400m vrije slag 04:03.49 1.65 7e 16 Rp

50m	00:28.10	28.1	100m	00:57.98	29.88
150m	01:28.32	30.34	200m	01:58.72	30.4
250m	02:29.76	31.04	300m	03:00.96	31.2
350m	03:33.52	32.56	400m	04:03.49	29.97

Wed 37 1500m vrije slag 16:05.08 -13 5e 17 Rp

50m	00:29.34	29.34	100m	01:00.14	30.8
150m	01:31.63	31.49	200m	02:03.44	31.81
250m	02:35.29	31.85	300m	03:07.36	32.07
350m	03:39.46	32.1	400m	04:11.56	32.1
450m	04:44.07	32.51	500m	05:16.25	32.18
550m	05:48.44	32.19	600m	06:20.65	32.21
650m	06:52.90	32.25	700m	07:25.31	32.41
750m	07:57.77	32.46	800m	08:30.15	32.38
850m	09:02.63	32.48	900m	09:35.20	32.57
950m	10:07.72	32.52	1000m	10:40.24	32.52
1050m	11:12.74	32.5	1100m	11:45.38	32.64
1150m	12:18.52	33.14	1200m	12:51.74	33.22
1250m	13:25.06	33.32	1300m	13:58.09	33.03
1350m	14:29.86	31.77	1400m	15:01.52	31.66
1450m	15:33.90	32.38	1500m	16:05.08	31.18

DUJARDIN Faye GG **GOLD /21035/06**

Wed 02 200m vrije slag 02:14.11 1.95 38e 10 Rp

50m	00:30.85	30.85	100m	01:05.49	34.64
150m	01:40.39	34.9	200m	02:14.11	33.72

Wed 13 50m vrije slag 00:28.06 0.1 40e 12 Rp

Wed 21 100m vrije slag 01:01.08 0.91 41e 11 Rp

50m	00:29.10	29.1	100m	01:01.08	31.98
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Wed 23 50m schoolslag 00:36.67 -0.9 45e 9 Rp

LAMMENS Louise GG **GOLD /21122/04**

Wed 02 200m vrije slag 02:13.56 1.75 34e 10 Rp

50m	00:31.23	31.23	100m	01:05.13	33.9
150m	01:39.80	34.67	200m	02:13.56	33.76

Wed 17 800m vrije slag 09:24.55 -7.5 10e 12 Rp

50m	00:31.77	31.77	100m	01:06.23	34.46
150m	01:41.02	34.79	200m	02:15.99	34.97
250m	02:51.32	35.33	300m	03:26.89	35.57
350m	04:02.58	35.69	400m	04:38.33	35.75
450m	05:14.07	35.74	500m	05:50.01	35.94
550m	06:26.13	36.12	600m	07:02.06	35.93
650m	07:37.89	35.83	700m	08:14.00	36.11
750m	08:49.78	35.78	800m	09:24.55	34.77

Wed 31 400m vrije slag 04:37.47 0.44 19e 11 Rp

50m	00:31.86	31.86	100m	01:06.47	34.61
150m	01:41.59	35.12	200m	02:17.07	35.48
250m	02:52.59	35.52	300m	03:28.02	35.43
350m	04:03.30	35.28	400m	04:37.47	34.17

LAZOU Lente GG **GOLD/21110/05**

Wed 02 200m vrije slag 02:03.69 6e 15 Rp

50m	00:29.24	29.24	100m	01:00.77	31.53
150m	01:32.36	31.59	200m	02:03.69	31.33

Wed 02 200m vrije slag 02:04.68 8e 15 Rp

50m	00:28.89	28.89	100m	01:00.19	31.3
150m	01:32.34	32.15	200m	02:04.68	32.34

Wed 17 800m vrije slag 09:04.90 6e 14 Rp

50m	00:30.09	30.09	100m	01:03.18	33.09
150m	01:37.36	34.18	200m	02:10.99	33.63
250m	02:44.89	33.9	300m	03:18.95	34.06
350m	03:53.04	34.09	400m	04:27.35	34.31
450m	05:01.66	34.31	500m	05:36.15	34.49
550m	06:11.02	34.87	600m	06:46.09	35.07
650m	07:21.04	34.95	700m	07:55.96	34.92
750m	08:31.01	35.05	800m	09:04.90	33.89

Wed 21 100m vrije slag 00:58.66 1.01 14e 14 Rp

50m	00:28.24	28.24	100m	00:58.66	30.42
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Wed 31 400m vrije slag 04:21.01 -2.0 5e 15 Rp

50m	00:29.59	29.59	100m	01:01.98	32.39
150m	01:34.92	32.94	200m	02:08.12	33.2
250m	02:40.92	32.8	300m	03:14.34	33.42
350m	03:48.13	33.79	400m	04:21.01	32.88

Wed 31 400m vrije slag 04:21.13 -1.9 4e 15 Rp

50m	00:29.71	29.71	100m	01:02.26	32.55
150m	01:35.31	33.05	200m	02:09.08	33.77
250m	02:41.92	32.84	300m	03:15.70	33.78
350m	03:49.00	33.3	400m	04:21.13	32.13



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GOLD Swimming Team
Live slow, swim fast!**HIGH5**
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GARKA

DE SAEDELEER
JEAN-LUC
loodgieter
asfalt- & zinkwerkenVROEGVOGEL
bvba**OVAERE Luna**

GG

GOLD / 21040/06

Wed 02 200m vrije slag 02:15.29 1.45 43e 10 Rp

50m	00:31.42	31.42	100m	01:04.81	33.39
150m	01:39.50	34.69	200m	02:15.29	35.79

Wed 06 100m vlinderslag 01:09.99 0.08 46e 7 Rp

50m	00:33.08	33.08	100m	01:09.99	36.91
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Wed 25 400m wisselslag 05:45.97 26.2 23e 5 Rp

50m	00:32.90	32.9	100m	01:11.59	38.69
150m	01:57.21	45.62	200m	02:42.42	45.21
250m	03:34.50	52.08	300m	04:27.78	53.28
350m	05:07.40	39.62	400m	05:45.97	38.57

Wed 29 200m vlinderslag 02:40.40 5.92 24e 5 Rp

50m	00:36.02	36.02	100m	01:16.55	40.53
150m	01:58.53	41.98	200m	02:40.40	41.87

VANDAMME Thijs

GG

GOLD / 11055/05

Wed 01 100m vrije slag 00:54.35 0.19 55e 14 Rp

50m	00:26.07	26.07	100m	00:54.35	28.28
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Wed 07 100m rugslag 01:04.60 3.41 45e 9 Rp

50m	00:30.63	30.63	100m	01:04.60	33.97
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VANSTEENKISTE Lona

GM

GOLD / 21082/08

Wed 06 100m vlinderslag 01:09.28 1.16 43e 11 Rp

50m	00:32.31	32.31	100m	01:09.28	36.97
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Wed 25 400m wisselslag 05:33.92 6.6 21e 10 Rp

50m	00:33.52	33.52	100m	01:13.19	39.67
150m	01:56.15	42.96	200m	02:37.37	41.22
250m	03:29.17	51.8	300m	04:21.67	52.5
350m	04:58.62	36.95	400m	05:33.92	35.3

Wed 31 400m vrije slag 04:40.71 1.01 22e 14 Rp

50m	00:31.84	31.84	100m	01:06.94	35.1
150m	01:42.83	35.89	200m	02:18.35	35.52
250m	02:54.29	35.94	300m	03:30.18	35.89
350m	04:06.39	36.21	400m	04:40.71	34.32