



22/01/2022

Flanders Cup - Antwerpen

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DEHAUDT Fernando GG GOLD /11029/05

Wed 09 400m vrije slag 04:14.28 3.12 11e 12 Rp

50m	00:29.40	29.4	100m	01:00.54	31.14
150m	01:32.87	32.33	200m	02:04.85	31.98
250m	02:37.68	32.83	300m	03:09.88	32.2
350m	03:42.84	32.96	400m	04:14.28	31.44

Wed 09 400m vrije slag 04:12.43 1.27 9e 13 Rp

50m	00:29.30	29.3	100m	01:01.67	32.37
150m	01:33.84	32.17	200m	02:06.34	32.5
250m	02:38.23	31.89	300m	03:10.43	32.2
350m	03:42.13	31.7	400m	04:12.43	30.3

Wed 34 1500m vrije slag 16:38.96 1.42 5e 13 Rp

50m	00:29.98	29.98	100m	01:02.16	32.18
150m	01:35.23	33.07	200m	02:08.04	32.81
250m	02:41.47	33.43	300m	03:14.80	33.33
350m	03:48.46	33.66	400m	04:21.92	33.46
450m	04:55.62	33.7	500m	05:29.41	33.79
550m	06:03.29	33.88	600m	06:36.89	33.6
650m	07:10.91	34.02	700m	07:44.58	33.67
750m	08:18.00	33.42	800m	08:51.51	33.51
850m	09:25.70	34.19	900m	09:59.27	33.57
950m	10:33.28	34.01	1000m	11:07.31	34.03
1050m	11:40.64	33.33	1100m	12:14.50	33.86
1150m	12:48.49	33.99	1200m	13:22.94	34.45
1250m	13:56.99	34.05	1300m	14:29.82	32.83
1350m	15:03.14	33.32	1400m	15:36.93	33.79
1450m	16:09.15	32.22	1500m	16:38.96	29.81

LAMMENS Louise GG GOLD /21122/04

Wed 16 800m vrije slag 09:40.60 2.37 14e 9 Rp

100m	01:07.50	67.5	200m	02:19.30	71.8
400m	04:45.50	73.1	800m	09:40.60	73.77

Wed 27 400m vrije slag 04:44.33 2.27 21e 9 Rp

50m	00:32.31	32.31	100m	01:07.42	35.11
150m	01:42.80	35.38	200m	02:19.16	36.36
250m	02:55.51	36.35	300m	03:32.56	37.05
350m	04:09.10	36.54	400m	04:44.33	35.23