



20/02/2022

UZKZ Cup 2022 - Zwevegem

GOLD Swimming Team
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GARKA

DE SAEDELEER
JEAN-LUC
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AFLOS Gemengd 2			GG	GOLD		
Wed 14	4x50m vrije slag	02:12.33		5e		
Ilian B/Kyana M/Maxime D/Laura P						
50m	00:32.00	32	100m	01:05.97	33.97	
150m	01:39.13	33.16	200m	02:12.33	33.2	

ANQUETIL Inaya			GM	GOLD/21102/09		
Wed 01	100m vlinderslag	01:31.94	-3.3	15e		
50m	00:42.65	42.65	100m	01:31.94	49.29	
Wed 07	100m schoolslag	01:32.21	2.15	12e		
50m	00:44.15	44.15	100m	01:32.21	48.06	
Wed 09	200m vrije slag	02:41.27	-6.6	15e		
50m	00:37.48	37.48	100m	01:20.13	42.65	
150m	02:02.70	42.57	200m	02:41.27	38.57	
Wed 12	100m wisselslag	01:24.21	-1.7	21e		
50m	00:41.43	41.43	100m	01:24.21	42.78	

BALCAEN Sander			GOLD/11134/11			
Wed 08	100m schoolslag	01:54.43	-3.6	11e		
50m	00:53.53	53.53	100m	01:54.43	60.9	
Wed 10	200m vrije slag	03:27.91		19e		
50m	00:43.80	43.8	100m	01:37.97	54.17	
150m	02:34.30	56.33	200m	03:27.91	53.61	

BENOOT Jens			GM	GOLD/11097/08		
Wed 08	100m schoolslag	01:42.09		12e		
50m	00:48.84	48.84	100m	01:42.09	53.25	
Wed 10	200m vrije slag	03:04.97	2.02	19e		
50m	00:39.74	39.74	100m	01:28.46	48.72	
150m	02:18.83	50.37	200m	03:04.97	46.14	
Wed 13	100m wisselslag	01:35.43		14e		
50m	00:44.74	44.74	100m	01:35.43	50.69	

BEUNENS Ilian			GOLD/11129/09			
Wed 10	200m vrije slag	02:32.06	-5.7	11e	1 Rp	
50m	00:34.82	34.82	100m	01:14.18	39.36	
150m	01:54.55	40.37	200m	02:32.06	37.51	

BREDA Simon			GOLD/11130/09			
Wed 08	100m schoolslag	01:45.45		13e		
50m	00:49.54	49.54	100m	01:45.45	55.91	
Wed 13	100m wisselslag	01:39.91		16e		
50m	00:49.37	49.37	100m	01:39.91	50.54	

DE BRUYNE Silke			GM	GOLD/21128/11		
Wed 07	100m schoolslag	01:50.20	0.91	12e		
50m	00:53.07	53.07	100m	01:50.20	57.13	
Wed 09	200m vrije slag	03:11.31		13e		
50m	00:43.33	43.33	100m	01:32.47	49.14	
150m	02:23.70	51.23	200m	03:11.31	47.61	

DE MOOR Maxime			GM	GOLD/11094/09		
Wed 02	100m vlinderslag	01:36.33	-4.8	10e		
50m	00:42.09	42.09	100m	01:36.33	54.24	
Wed 05	200m rugslag	02:51.33	-5.9	6e		
50m	00:41.38	41.38	100m	01:25.32	43.94	
150m	02:09.20	43.88	200m	02:51.33	42.13	
Wed 10	200m vrije slag	02:34.72	-8.4	12e		
50m	00:34.97	34.97	100m	01:14.69	39.72	
150m	01:55.40	40.71	200m	02:34.72	39.32	

DE MOOR Pauline			GM	GOLD /21066/06		
Wed 01	100m vlinderslag	01:32.66	-3.8	9e		
50m	00:42.63	42.63	100m	01:32.66	50.03	
Wed 09	200m vrije slag	02:38.47	-4.1	22e		
50m	00:35.53	35.53	100m	01:16.38	40.85	
150m	01:58.52	42.14	200m	02:38.47	39.95	

DECLERCQ Ziva			GOLD/21136/10			
Wed 07	100m schoolslag	01:56.96	-0.8	19e		
50m	00:54.33	54.33	100m	01:56.96	62.63	
Wed 12	100m wisselslag	01:50.59		22e		
50m	00:53.18	53.18	100m	01:50.59	57.41	

DEPRAETERE Indy			GM	GOLD/21137/13		
Wed 03	200m vrije slag	03:43.05		1e		
50m	00:50.35	50.35	100m	01:47.05	56.7	
150m	02:46.20	59.15	200m	03:43.05	56.85	

HUYGHE Cis			GM	GOLD /11120/06		
Wed 10	200m vrije slag	02:06.34	4e	9 Rp		
50m	00:28.39	28.39	100m	01:00.41	32.02	
150m	01:33.87	33.46	200m	02:06.34	32.47	

LIZY Kyra			GM	GOLD/21119/11		
Wed 01	100m vlinderslag	01:52.84		6e		
50m	00:49.55	49.55	100m	01:52.84	63.29	
Wed 07	100m schoolslag	01:47.35	4.99	9e		
50m	00:51.25	51.25	100m	01:47.35	56.1	
Wed 12	100m wisselslag	01:38.08		13e		
50m	00:48.54	48.54	100m	01:38.08	49.54	



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Wed 01	100m vlinderslag	01:24.37	6e
	50m	00:37.88 37.88	100m 01:24.37 46.49
Wed 07	100m schoolslag	01:26.63	2.1 5e 1 Rp
	50m	00:40.38 40.38	100m 01:26.63 46.25
Wed 09	200m vrije slag	02:31.96	2.8 17e
	50m	00:34.81 34.81	100m 01:12.93 38.12
	150m	01:52.92 39.99	200m 02:31.96 39.04

MEURISSE Kyana **GOLD/21114/10**

Wed 04	200m rugslag	03:01.66	-0.4 3e 1 Rp
	50m	00:41.22 41.22	100m 01:27.40 46.18
	150m	02:15.57 48.17	200m 03:01.66 46.09
Wed 09	200m vrije slag	02:48.36	-5.7 5e
	50m	00:37.09 37.09	100m 01:20.37 43.28
	150m	02:06.25 45.88	200m 02:48.36 42.11
Wed 12	100m wisselslag	01:29.47	-3.9 6e
	50m	00:40.57 40.57	100m 01:29.47 48.9

MUYLLE Michelle GM **GOLD/21067/07**

Wed 01	100m vlinderslag	01:27.84	-3.2 8e
	50m	00:40.37 40.37	100m 01:27.84 47.47
Wed 07	100m schoolslag	01:35.44	2.63 8e
	50m	00:45.60 45.6	100m 01:35.44 49.84
Wed 12	100m wisselslag	01:26.48	-0.9 15e
	50m	00:40.39 40.39	100m 01:26.48 46.09

PACKET Laura GM **GOLD/21092/08**

Wed 01	100m vlinderslag	01:30.82	0.29 14e
	50m	00:41.83 41.83	100m 01:30.82 48.99
Wed 07	100m schoolslag	01:35.12	-2.1 14e
	50m	00:45.32 45.32	100m 01:35.12 49.8
Wed 09	200m vrije slag	02:38.43	-9.3 12e
	50m	00:36.69 36.69	100m 01:17.09 40.4
	150m	01:59.51 42.42	200m 02:38.43 38.92
Wed 12	100m wisselslag	01:24.88	-5 24e
	50m	00:39.94 39.94	100m 01:24.88 44.94

PACKET Sarah GM **GOLD/21138/11**

Wed 07	100m schoolslag	01:53.35	-4.6 15e
	50m	00:53.13 53.13	100m 01:53.35 60.22
Wed 12	100m wisselslag	01:46.67	18e
	50m	00:49.06 49.06	100m 01:46.67 57.61

PENEZ Beau GM **GOLD/11105/10**

Wed 05	200m rugslag	02:57.65	-14 2e 1 Rp
	50m	00:42.25 42.25	100m 01:28.03 45.78
	150m	02:14.60 46.57	200m 02:57.65 43.05
Wed 10	200m vrije slag	02:47.08	5e
	50m	00:38.35 38.35	100m 01:21.36 43.01
	150m	02:05.32 43.96	200m 02:47.08 41.76
Wed 13	100m wisselslag	01:27.97	-6.1 5e
	50m	00:41.88 41.88	100m 01:27.97 46.09

SAGAERT Louis **GOLD/11131/10**

Wed 02	100m vlinderslag	01:52.82	3e
	50m	00:50.47 50.47	100m 01:52.82 62.35
Wed 10	200m vrije slag	03:08.27	0.94 13e
	50m	00:41.57 41.57	100m 01:30.39 48.82
	150m	02:19.99 49.6	200m 03:08.27 48.28
Wed 13	100m wisselslag	SW 4.4	
		valse start	

SAGAERT Manon **GOLD/21126/09**

Wed 04	200m rugslag	02:52.15	-4.3 11e 3 Rp
	50m	00:39.36 39.36	100m 01:22.69 43.33
	150m	02:07.75 45.06	200m 02:52.15 44.4
Wed 09	200m vrije slag	02:42.45	-1.1 16e
	50m	00:35.80 35.8	100m 01:17.21 41.41
	150m	02:00.63 43.42	200m 02:42.45 41.82
Wed 12	100m wisselslag	01:22.50	16e
	50m	00:37.59 37.59	100m 01:22.50 44.91

VALCKE Mirthe **GOLD/21139/08**

Wed 07	100m schoolslag	01:36.14	15e
	50m	00:45.10 45.1	100m 01:36.14 51.04
Wed 09	200m vrije slag	03:09.93	22e
	50m	00:40.80 40.8	100m 01:29.11 48.31
	150m	02:20.72 51.61	200m 03:09.93 49.21

VANDE GHINSTE Jelena GM **GOLD/211127/11**

Wed 07	100m schoolslag	01:45.24	-3.6 7e
	50m	00:50.89 50.89	100m 01:45.24 54.35
Wed 12	100m wisselslag	01:42.79	-7.5 16e
	50m	00:51.74 51.74	100m 01:42.79 51.05



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VANDEN BAVIERE Margo GM GOLD/21096/09

Wed 01 100m vlinderslag 01:32.36 -6.4 16e

50m	00:42.71	42.71	100m	01:32.36	49.65
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Wed 07 100m schoolslag 01:43.34 -2.5 17e

50m	00:47.93	47.93	100m	01:43.34	55.41
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Wed 12 100m wisselslag 01:31.22 -2.3 26e

50m	00:42.41	42.41	100m	01:31.22	48.81
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VANDENBERGHE Lukas GM GOLD/11133/10

Wed 08 100m schoolslag 01:41.54 3e

50m	00:48.35	48.35	100m	01:41.54	53.19
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Wed 13 100m wisselslag 01:34.59 7e

50m	00:45.93	45.93	100m	01:34.59	48.66
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VERPLANCKE Mara GM GOLD/21140/13

Wed 03 200m vrije slag 03:54.67 -2.5 3e

50m	00:56.33	56.33	100m	01:55.31	58.98
150m	02:56.25	60.94	200m	03:54.67	58.42

WENES Joelia GM GOLD/21141/12

Wed 03 200m vrije slag 03:23.14 -0.7 5e

50m	00:44.45	44.45	100m	01:36.63	52.18
150m	02:32.78	56.15	200m	03:23.14	50.36

Wed 11 100m wisselslag 01:43.15 3e

50m	00:48.68	48.68	100m	01:43.15	54.47
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WILL Jamie GM GOLD/11106/10

Wed 05 200m rugslag 03:23.95 10e

50m	00:48.80	48.8	100m	01:41.28	52.48
150m	02:33.28	52	200m	03:23.95	50.67

Wed 13 100m wisselslag 01:30.19 -0.1 6e

50m	00:44.77	44.77	100m	01:30.19	45.42
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WILL Yanis GM GOLD/11118/10

Wed 10 200m vrije slag 03:28.91 14.3 20e

50m	00:45.16	45.16	100m	01:40.89	55.73
150m	02:36.35	55.46	200m	03:28.91	52.56

Wed 13 100m wisselslag 01:45.38 -2.8 12e

50m	00:48.32	48.32	100m	01:45.38	57.06
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