



22/04/2022

Open Belgian Championships - Antwerpen

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GOLD

Wed 13 4x100m wisselslag 04:20.73 6e

Fernando D/Tore D/Lona V/Helena M

50m	00:30.55	30.55	100m	01:02.11	31.56
150m	01:34.46	32.35	200m	02:12.36	37.9
250m	02:42.38	30.02	300m	03:17.96	35.58
350m	03:47.99	30.03	400m	04:20.73	32.74

DEHAUDT Fernando

GOLD /11029/05

Wed 12 1500m vrije slag 16:14.42 -13 4e 15 Rp

50m	00:29.33	29.33	100m	00:59.40	30.07
150m	01:30.53	31.13	200m	02:01.65	31.12
250m	02:33.43	31.78	300m	03:05.24	31.81
350m	03:37.50	32.26	400m	04:09.61	32.11
450m	04:42.02	32.41	500m	05:14.54	32.52
550m	05:47.15	32.61	600m	06:19.73	32.58
650m	06:52.86	33.13	700m	07:25.79	32.93
750m	07:58.93	33.14	800m	08:31.89	32.96
850m	09:05.29	33.4	900m	09:38.30	33.01
950m	10:11.71	33.41	1000m	10:44.96	33.25
1050m	11:18.22	33.26	1100m	11:51.34	33.12
1150m	12:24.50	33.16	1200m	12:57.64	33.14
1250m	13:30.85	33.21	1300m	14:04.09	33.24
1350m	14:37.61	33.52	1400m	15:10.49	32.88
1450m	15:43.25	32.76	1500m	16:14.42	31.17

Wed 25 400m vrije slag 04:06.57 1.3 5e 14 Rp

50m	00:28.07	28.07	100m	00:58.16	30.09
150m	01:28.26	30.1	200m	01:59.32	31.06
250m	02:30.66	31.34	300m	03:02.70	32.04
350m	03:34.71	32.01	400m	04:06.57	31.86

Wed 25 400m vrije slag 04:07.58 2.31 4e 14 Rp

50m	00:28.93	28.93	100m	01:00.46	31.53
150m	01:32.38	31.92	200m	02:03.95	31.57
250m	02:35.15	31.2	300m	03:06.71	31.56
350m	03:37.69	30.98	400m	04:07.58	29.89

Wed 39 800m vrije slag 08:30.51 -1.4 3e 15 Rp

50m	00:29.56	29.56	100m	01:00.49	30.93
150m	01:32.08	31.59	200m	02:03.54	31.46
250m	02:35.55	32.01	300m	03:07.54	31.99
350m	03:40.01	32.47	400m	04:12.10	32.09
450m	04:44.55	32.45	500m	05:16.81	32.26
550m	05:49.39	32.58	600m	06:21.78	32.39
650m	06:54.44	32.66	700m	07:26.81	32.37
750m	07:59.45	32.64	800m	08:30.51	31.06

DELBECQUE Tore

GOLD /11015/00

Wed 08 50m schoolslag 00:31.38 0.23 19e 8 Rp

DUJARDIN Faye

GOLD /21035/06

Wed 20 50m vrije slag 00:28.30 -0.05 27e 11 Rp

Wed 30 100m vrije slag 01:01.49 -0.3 39e 11 Rp

50m	00:29.00	29	100m	01:01.49	32.49
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LAMMENS Louise

GOLD /21122/04

Wed 100 5000m vrije slag 1:03:00. -38 2e

MOERMAN Helena

GOLD /21101/00

Wed 09 200m vrije slag 02:13.07 -2.3 24e 8 Rp

50m	00:31.04	31.04	100m	01:04.57	33.53
150m	01:40.05	35.48	200m	02:13.07	33.02

Wed 20 50m vrije slag 00:28.41 -0.3 29e 8 Rp

Wed 30 100m vrije slag 01:01.36 0.3 36e 9 Rp

50m	00:30.14	30.14	100m	01:01.36	31.22
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VANSTEENKISTE Lona

GOLD /21082/08

Wed 05 100m vlinderslag 01:05.13 -1.5 7e 14 Rp

50m	00:30.46	30.46	100m	01:05.13	34.67
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Wed 05 100m vlinderslag 01:05.40 -1.2 8e 13 Rp

50m	00:30.70	30.7	100m	01:05.40	34.7
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Wed 09 200m vrije slag 02:13.19 -1.8 25e 12 Rp

50m	00:31.13	31.13	100m	01:05.38	34.25
150m	01:40.09	34.71	200m	02:13.19	33.1

Wed 18 200m vlinderslag 02:25.51 -0.5 5e 13 Rp

50m	00:31.21	31.21	100m	01:08.45	37.24
150m	01:46.34	37.89	200m	02:25.51	39.17

Wed 18 200m vlinderslag 02:22.98 -3.1 3e 15 Rp

50m	00:31.12	31.12	100m	01:07.32	36.2
150m	01:45.09	37.77	200m	02:22.98	37.89

Wed 24 400m vrije slag 04:39.71 -0.7 10e 12 Rp

50m	00:31.47	31.47	100m	01:06.31	34.84
150m	01:42.45	36.14	200m	02:18.39	35.94
250m	02:54.30	35.91	300m	03:30.32	36.02
350m	04:06.30	35.98	400m	04:39.71	33.41

Wed 30 100m vrije slag 01:02.64 1.21 57e 11 Rp

50m	00:30.29	30.29	100m	01:02.64	32.35
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