



15/07/2022

Vlaams Zomercriterium - Antwerpen

GOLD Swimming Team
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bvba**ANQUETIL Inaya** GM **GOLD/21102/09**

Wed 08 100m vinderslag 01:24.33 6e

50m	00:39.72	39.72	100m	01:24.33	44.61
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Wed 11 400m vrije slag 05:50.58 27e

50m	00:38.46	38.46	100m	01:22.26	43.8
150m	02:07.67	45.41	200m	02:53.57	45.9
250m	03:38.13	44.56	300m	04:23.54	45.41
350m	05:07.53	43.99	400m	05:50.58	43.05

Wed 20 200m schoolslag 03:23.40 -7.1 6e

50m	00:46.15	46.15	100m	01:39.20	53.05
150m	02:33.47	54.27	200m	03:23.40	49.93

Wed 36 100m schoolslag 01:29.33 -4.9 5e 3 Rp

50m	00:43.63	43.63	100m	01:29.33	45.7
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Wed 43 200m wisselslag 02:56.33 -14 12e 2 Rp

50m	00:37.97	37.97	100m	01:26.58	48.61
150m	02:16.97	50.39	200m	02:56.33	39.36

Wed 49 100m vrije slag 01:11.45 -2.6 11e 2 Rp

50m	00:35.55	35.55	100m	01:11.45	35.9
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BALCAEN Sander **GOLD/11134/11**

Wed 35 100m schoolslag 01:45.56 6e

50m	00:49.85	49.85	100m	01:45.56	55.71
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Wed 50 100m vrije slag 01:27.36 -2.6 22e

50m	00:40.51	40.51	100m	01:27.36	46.85
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BENOOT Jens GM **GOLD/11097/08**

Wed 27 100m schoolslag 01:40.83 -5.4 32e

50m	00:47.99	47.99	100m	01:40.83	52.84
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Wed 29 200m schoolslag 03:32.61 14e

50m	00:48.22	48.22	100m	01:44.18	55.96
150m	02:39.00	54.82	200m	03:32.61	53.61

Wed 33 200m vrije slag 03:00.19 -6.5 38e

50m	00:40.51	40.51	100m	01:27.42	46.91
150m	02:15.95	48.53	200m	03:00.19	44.24

Wed 40 100m vrije slag 01:20.53 -6.9 53e

50m	00:38.90	38.9	100m	01:20.53	41.63
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Wed 52 200m wisselslag 03:14.25 -16 35e

50m	00:43.39	43.39	100m	01:33.50	50.11
150m	02:30.32	56.82	200m	03:14.25	43.93

Wed 56 100m rugslag 01:32.38 -6 34e

50m	00:44.64	44.64	100m	01:32.38	47.74
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DE BRUYNE Silke GM **GOLD/21128/11**

Wed 34 200m wisselslag 03:24.38 -5.1 24e

50m	00:45.41	45.41	100m	01:36.47	51.06
150m	02:36.77	60.3	200m	03:24.38	47.61

Wed 54 100m rugslag 01:32.73 13e

50m	00:44.71	44.71	100m	01:32.73	48.02
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DE MOOR Maxime GM **GOLD/11094/09**

Wed 02 400m vrije slag 05:24.29 10e

50m	00:36.66	36.66	100m	01:17.83	41.17
150m	01:59.47	41.64	200m	02:41.51	42.04
250m	03:22.73	41.22	300m	04:04.64	41.91
350m	04:45.37	40.73	400m	05:24.29	38.92

Wed 14 200m rugslag 02:54.64 -1.7 14e

50m	00:41.21	41.21	100m	01:26.49	45.28
150m	02:11.59	45.1	200m	02:54.64	43.05

Wed 17 100m vinderslag 01:33.51 0.08 21e

50m	00:42.14	42.14	100m	01:33.51	51.37
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DECLERCQ Ziva **GOLD/21136/10**

Wed 41 100m vrije slag 01:38.36 58e

50m	00:45.84	45.84	100m	01:38.36	52.52
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Wed 54 100m rugslag 01:51.47 55e

50m	00:54.31	54.31	100m	01:51.47	57.16
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DEPOORTER Ian **GOLD/11100/07**

Wed 10 50m vrije slag 00:28.50 -0.5 10e 4 Rp

DEPOORTER Lion **GOLD/11111/10**

Wed 07 400m vrije slag 06:20.87 37e

50m	00:39.78	39.78	100m	01:26.88	47.1
150m	02:15.57	48.69	200m	03:04.96	49.39
250m	03:54.46	49.5	300m	04:45.87	51.41
350m	05:34.47	48.6	400m	06:20.87	46.4



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bvba**MEURISSE Kyana** **GOLD/21114/10**

Wed 03 100m vlinderslag 01:38.18 2.58 18e

50m	00:42.91	42.91	100m	01:38.18	55.27
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Wed 16 400m vrije slag 05:51.42 -9 19e

50m	00:38.49	38.49	100m	01:22.54	44.05
150m	02:07.90	45.36	200m	02:53.32	45.42
250m	03:37.67	44.35	300m	04:23.59	45.92
350m	05:08.50	44.91	400m	05:51.42	42.92

Wed 26 100m schoolslag 01:48.84 2.29 51e

50m	00:50.81	50.81	100m	01:48.84	58.03
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Wed 34 200m wisselslag 03:12.57 2.37 25e

50m	00:43.23	43.23	100m	01:32.13	48.9
150m	02:29.92	57.79	200m	03:12.57	42.65

Wed 41 100m vrije slag 01:17.52 0.38 26e

50m	00:35.53	35.53	100m	01:17.52	41.99
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Wed 54 100m rugslag 01:27.36 0.1 21e

50m	00:42.26	42.26	100m	01:27.36	45.1
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OOSTERLYNCK Anaïs **GOLD/21090/06**

Wed 13 200m wisselslag 02:41.50 -2.0 4e 5 Rp

50m	00:33.52	33.52	100m	01:15.54	42.02
150m	02:04.89	49.35	200m	02:41.50	36.61

Wed 18 100m vlinderslag 01:12.02 -1.4 1e 4 Rp

50m	00:33.65	33.65	100m	01:12.02	38.37
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Wed 28 50m vlinderslag 00:31.49 -2.0 1e 7 Rp

Wed 32 200m schoolslag 03:09.49 5e

50m	00:42.87	42.87	100m	01:31.87	49
150m	02:21.23	49.36	200m	03:09.49	48.26

Wed 44 100m vrije slag 01:05.90 -0.5 7e 5 Rp

50m	00:31.46	31.46	100m	01:05.90	34.44
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SAGAERT Louis **GOLD/11131/10**

Wed 12 100m vlinderslag 01:58.56 18e

50m	00:52.51	52.51	100m	01:58.56	66.05
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SAGAERT Manon **GOLD/21126/09**

Wed 05 200m rugslag 02:57.57 10e

50m	00:40.80	40.8	100m	01:26.66	45.86
150m	02:12.50	45.84	200m	02:57.57	45.07

Wed 08 100m vlinderslag 01:37.87 19e

50m	00:42.01	42.01	100m	01:37.87	55.86
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Wed 47 100m rugslag 01:25.44 -1.2 17e

50m	00:40.76	40.76	100m	01:25.44	44.68
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Wed 49 100m vrije slag 01:16.50 43e

50m	00:36.31	36.31	100m	01:16.50	40.19
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VANDEN BAVIERE Margo **GM** **GOLD/21096/09**

Wed 08 100m vlinderslag 01:34.18 -6.3 16e

50m	00:42.34	42.34	100m	01:34.18	51.84
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Wed 11 400m vrije slag 05:56.95 28e

50m	00:39.88	39.88	100m	01:24.65	44.77
150m	02:11.28	46.63	200m	02:57.62	46.34
250m	03:43.58	45.96	300m	04:29.56	45.98
350m	05:14.18	44.62	400m	05:56.95	42.77

Wed 24 200m vrije slag 02:48.67 1.55 32e

50m	00:39.10	39.1	100m	01:22.64	43.54
150m	02:06.53	43.89	200m	02:48.67	42.14

Wed 43 200m wisselslag 03:10.76 -3.3 34e

50m	00:39.95	39.95	100m	01:30.63	50.68
150m	02:27.60	56.97	200m	03:10.76	43.16

Wed 49 100m vrije slag 01:17.22 -0.9 45e

50m	00:36.69	36.69	100m	01:17.22	40.53
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