



AFLOS Gemengd 1		GG	GOLD	
Wed 11	4x50m wisselslag	02:35.19	8e	
Kyana M/Laura P/Beau P/Maxime D				
50m	00:37.74	37.74	100m	01:23.33
150m	02:03.14	39.81	200m	02:35.19
				45.59
				32.05

BALCAEN Sander		GOLD/11134/11		
Wed 03	50m schoolslag	00:48.28	-6 4e	
Wed 08	100m rugslag	01:32.39	6e	
50m	00:44.00	44	100m	01:32.39
				48.39

BENOOT Jens		GM	GOLD/11097/08	
Wed 03	50m schoolslag	00:44.91	-4.1	4e
Wed 08	100m rugslag	01:29.64	-6.2	5e
50m	00:44.46	44.46	100m	01:29.64
				45.18

DE BRUYNE Sander		GM	GOLD/11135/13	
Wed 06	100m rugslag	01:47.91	3e	
50m	00:51.92	51.92	100m	01:47.91
				55.99

DE BRUYNE Silke		GM	GOLD/21128/11	
Wed 04	400m vrije slag	06:15.00	5e	
50m	00:41.33	41.33	100m	01:29.15
150m	02:18.15	49	200m	03:06.57
250m	03:55.27	48.7	300m	04:43.65
350m	05:31.25	47.6	400m	06:15.00
				43.75

Wed 07	100m rugslag	01:33.04	-2.0	6e
50m	00:45.17	45.17	100m	01:33.04
				47.87

DE MOOR Maxime		GM	GOLD/11094/09	
Wed 08	100m rugslag	01:18.67	-7	2e
50m	00:38.09	38.09	100m	01:18.67
				40.58

Wed 10	100m vlinderslag	01:30.67	-5.7	5e
50m	00:41.04	41.04	100m	01:30.67
				49.63

DE MOOR Pauline		GM	GOLD /21066/06	
Wed 04	400m vrije slag	05:58.30	14.3	9e
50m	00:38.73	38.73	100m	01:22.61
150m	02:07.37	44.76	200m	02:52.88
250m	03:39.21	46.33	300m	04:26.27
350m	05:12.96	46.69	400m	05:58.30
				45.34

Wed 07	100m rugslag	01:27.22	2.22	3e
50m	00:42.16	42.16	100m	01:27.22
				45.06

DECLERCQ Ziva		GOLD/21136/10		
Wed 02	50m schoolslag	00:53.56	-2.7 5e	
Wed 07	100m rugslag	01:48.24	-4.3 7e	
50m	00:52.17	52.17	100m	01:48.24
				56.07

DELBEQUE Tore		GOLD /11015/00		
Wed 03	50m schoolslag	00:30.84	0.76 3e 10 Rp	
Wed 08	100m rugslag	01:08.41	4e	
50m	00:32.83	32.83	100m	01:08.41
				35.58

DEPOORTER Ian		GOLD/11100/07		
Wed 05	400m vrije slag	04:57.39	-5.9 6e 2 Rp	
50m	00:32.51	32.51	100m	01:09.65
150m	01:47.25	37.6	200m	02:25.52
250m	03:03.67	38.15	300m	03:42.14
350m	04:20.78	38.64	400m	04:57.39
				36.61

Wed 08	100m rugslag	01:13.63	-4.5 3e	
50m	00:35.90	35.9	100m	01:13.63
				37.73

DEPOORTER Lion		GOLD/11111/10		
Wed 05	400m vrije slag	06:23.41	9.54 11e	
50m	00:41.04	41.04	100m	01:27.50
150m	02:16.62	49.12	200m	03:06.39
250m	03:56.13	49.74	300m	04:46.09
350m	05:35.33	49.24	400m	06:23.41
				48.08

Wed 08	100m rugslag	01:39.24	3.83 8e	
50m	00:47.77	47.77	100m	01:39.24
				51.47

DEPRAETERE Indy		GM	GOLD/21137/13	
Wed 06	100m rugslag	01:46.89	4.6	1e
50m	00:51.28	51.28	100m	01:46.89
				55.61

LAZOU Lente		GOLD/21110/05		
Wed 04	400m vrije slag	04:31.01	10 2e 13 Rp	
50m	00:31.04	31.04	100m	01:05.20
150m	01:39.70	34.5	200m	02:14.25
250m	02:48.43	34.18	300m	03:22.75
350m	03:57.15	34.4	400m	04:31.01
				33.86

Wed 09	100m vlinderslag	01:07.28	3e 9 Rp	
50m	00:31.43	31.43	100m	01:07.28
				35.85

MEURISSE Kyana		GOLD/21114/10		
Wed 04	400m vrije slag	05:42.48	-15 3e 2 Rp	
50m	00:36.69	36.69	100m	01:19.28
150m	02:03.33	44.05	200m	02:46.73
250m	03:30.65	43.92	300m	04:14.51
350m	04:57.83	43.32	400m	05:42.48
				44.65

Wed 07	100m rugslag	01:22.18	-6.9 2e 3 Rp	
50m	00:39.18	39.18	100m	01:22.18
				43



**MOERMAN Helena** GM **GOLD /21101/00**

Wed 04 400m vrije slag 04:53.65 4e 5 Rp

50m	00:32.26	32.26	100m	01:08.75	36.49
150m	01:46.61	37.86	200m	02:24.66	38.05
250m	03:02.65	37.99	300m	03:40.63	37.98
350m	04:18.31	37.68	400m	04:53.65	35.34

Wed 09 100m vlinderslag 01:12.49 -5.8 7e 2 Rp

50m	00:33.02	33.02	100m	01:12.49	39.47
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**OOSTERLYNCK Anaïs** GM **GOLD/21090/06**

Wed 04 400m vrije slag 04:50.54 -2.7 1e 8 Rp

50m	00:32.04	32.04	100m	01:08.05	36.01
150m	01:45.03	36.98	200m	02:22.27	37.24
250m	02:59.26	36.99	300m	03:36.80	37.54
350m	04:14.38	37.58	400m	04:50.54	36.16

Wed 09 100m vlinderslag 01:10.57 -2.3 1e 6 Rp

50m	00:32.75	32.75	100m	01:10.57	37.82
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**PACKET Laura** GM **GOLD/21092/08**

Wed 07 100m rugslag 01:29.16 3.07 10e

50m	00:43.40	43.4	100m	01:29.16	45.76
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Wed 09 100m vlinderslag 01:28.50 -2.0 6e

50m	00:40.30	40.3	100m	01:28.50	48.2
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**PACKET Sarah** GM **GOLD/21138/11**

Wed 02 50m schoolslag 00:52.34 -2.1 4e

Wed 07 100m rugslag 01:39.55 -2.1 8e

50m	00:48.11	48.11	100m	01:39.55	51.44
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**PENEZ Beau** GM **GOLD/11105/10**

Wed 08 100m rugslag 01:25.86 2.85 4e

50m	00:42.24	42.24	100m	01:25.86	43.62
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Wed 10 100m vlinderslag 01:28.60 -13 1e

50m	00:41.65	41.65	100m	01:28.60	46.95
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**VALCKE Mirthe** GM **GOLD/21139/08**

Wed 02 50m schoolslag 00:47.02

Wed 04 400m vrije slag 06:36.30 9e

50m	00:40.71	40.71	100m	01:26.73	46.02
150m	02:16.51	49.78	200m	03:06.48	49.97
250m	03:58.97	52.49	300m	04:51.98	53.01
350m	05:46.71	54.73	400m	06:36.30	49.59

**VANDEN BAVIERE Margo** GM **GOLD/21096/09**

Wed 04 400m vrije slag 05:41.74 -22 12e

50m	00:37.66	37.66	100m	01:20.68	43.02
150m	02:04.64	43.96	200m	02:48.81	44.17
250m	03:32.19	43.38	300m	04:16.53	44.34
350m	05:01.27	44.74	400m	05:41.74	40.47

Wed 09 100m vlinderslag 01:34.04 1.68 4e

50m	00:42.33	42.33	100m	01:34.04	51.71
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**VANDENBERGHE Lukas** GM **GOLD/11133/10**

Wed 05 400m vrije slag 06:25.41 12e

50m	00:42.57	42.57	100m	01:29.86	47.29
150m	02:18.84	48.98	200m	03:08.35	49.51
250m	03:58.51	50.16	300m	04:48.93	50.42
350m	05:39.09	50.16	400m	06:25.41	46.32

Wed 08 100m rugslag 01:30.82 0.19 5e

50m	00:45.97	45.97	100m	01:30.82	44.85
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**VANDENBERGHE Staf**

Wed 03 50m schoolslag 00:46.64 2e

Wed 08 100m rugslag 01:40.49 8e

50m	00:49.54	49.54	100m	01:40.49	50.95
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**VERPLANCKE Mara** GM **GOLD/21140/13**

Wed 06 100m rugslag 01:50.41 -5.7 2e

50m	00:52.24	52.24	100m	01:50.41	58.17
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**WENES Joelia** GM **GOLD/21141/12**

Wed 01 200m wisselslag 03:38.21 6e

50m	00:49.43	49.43	100m	01:42.97	53.54
150m	02:45.84	62.87	200m	03:38.21	52.37