



30/10/2022

Provinciale Kampioenschappen lange afstand - Zwevegem



BALCAEN Sander GM **GOLD/11134/11**

Wed 01	1500m vrije slag	25:39.14	8e
50m	00:41.24	41.24	100m 01:29.44 48.2
150m	02:20.13	50.69	200m 03:11.60 51.47
250m	04:04.20	52.6	300m 04:55.08 50.88
350m	05:45.71	50.63	400m 06:37.53 51.82
450m	07:29.22	51.69	500m 08:21.06 51.84
550m	09:12.95	51.89	600m 10:05.04 52.09
650m	10:58.40	53.36	700m 11:51.96 53.56
750m	12:44.17	52.21	800m 13:36.57 52.4
850m	14:27.29	50.72	900m 15:19.01 51.72
950m	16:10.96	51.95	1000m 17:03.76 52.8
1050m	17:56.22	52.46	1100m 18:47.85 51.63
1150m	19:40.95	53.1	1200m 20:33.89 52.94
1250m	21:26.24	52.35	1300m 22:18.50 52.26
1350m	23:09.05	50.55	1400m 24:02.17 53.12
1450m	24:53.36	51.19	1500m 25:39.14 45.78

DEPRAETERE Indy GM **GOLD/21137/13**

Wed 02	400m vrije slag	07:40.75	3e
50m	00:48.45	48.45	100m 01:43.79 55.34
150m	02:40.21	56.42	200m 03:38.00 57.79
250m	04:37.97	59.97	300m 05:38.93 60.96
350m	06:36.75	57.82	400m 07:40.75 64

OVAERE Luna GM **GOLD /21040/06**

Wed 03	800m vrije slag	09:42.99	-11	2e	10 Rp
50m	00:32.87	32.87	100m 01:08.76	35.89	
150m	01:44.99	36.23	200m 02:21.36	36.37	
250m	02:57.78	36.42	300m 03:34.26	36.48	
350m	04:10.69	36.43	400m 04:47.16	36.47	
450m	05:23.50	36.34	500m 06:00.06	36.56	
550m	06:37.48	37.42	600m 07:14.83	37.35	
650m	07:53.12	38.29	700m 08:30.85	37.73	
750m	09:07.95	37.1	800m 09:42.99	35.04	

DE BRUYNE Sander GM **GOLD/11135/13**

Wed 02	400m vrije slag	06:52.06	-15	1e	4 Rp
50m	00:45.52	45.52	100m 01:37.08	51.56	
150m	02:30.23	53.15	200m 03:23.26	53.03	
250m	04:16.80	53.54	300m 05:10.48	53.68	
350m	06:02.68	52.2	400m 06:52.06	49.38	

PENEZ Beau GM **GOLD/11105/10**

Wed 01	1500m vrije slag	23:20.88	10e
50m	00:42.63	42.63	100m 01:29.35 46.72
150m	02:16.85	47.5	200m 03:04.43 47.58
250m	03:51.48	47.05	300m 04:40.18 48.7
350m	05:27.74	47.56	400m 06:16.48 48.74
450m	07:04.84	48.36	500m 07:52.99 48.15
550m	08:40.87	47.88	600m 09:29.11 48.24
650m	10:18.07	48.96	700m 11:06.26 48.19
750m	11:54.36	48.1	800m 12:43.34 48.98
850m	13:30.72	47.38	900m 14:17.42 46.7
950m	15:04.98	47.56	1000m 15:51.76 46.78
1050m	16:38.42	46.66	1100m 17:25.40 46.98
1150m	18:12.18	46.78	1200m 18:57.57 45.39
1250m	19:44.02	46.45	1300m 20:29.63 45.61
1350m	21:15.06	45.43	1400m 21:58.87 43.81
1450m	22:42.51	43.64	1500m 23:20.88 38.37

DE BRUYNE Silke GM **GOLD/21128/11**

Wed 03	800m vrije slag	12:42.17	10e
50m	00:43.31	43.31	100m 01:31.15 47.84
150m	02:20.15	49	200m 03:07.49 47.34
250m	03:55.28	47.79	300m 04:44.21 48.93
350m	05:32.42	48.21	400m 06:21.26 48.84
450m	07:09.89	48.63	500m 07:59.19 49.3
550m	08:47.14	47.95	600m 09:35.72 48.58
650m	10:23.25	47.53	700m 11:11.37 48.12
750m	11:57.72	46.35	800m 12:42.17 44.45

DE MOOR Maxime GM **GOLD/11094/09**

Wed 01	1500m vrije slag	20:26.65	9e	5 Rp
50m	00:36.75	36.75	100m 01:17.92	41.17
150m	01:58.98	41.06	200m 02:40.84	41.86
250m	03:22.57	41.73	300m 04:04.02	41.45
350m	04:45.45	41.43	400m 05:27.38	41.93
450m	06:09.39	42.01	500m 06:51.31	41.92
550m	07:32.54	41.23	600m 08:13.98	41.44
650m	08:55.22	41.24	700m 09:36.59	41.37
750m	10:17.62	41.03	800m 10:58.79	41.17
850m	11:39.86	41.07	900m 12:20.90	41.04
950m	13:02.25	41.35	1000m 13:43.91	41.66
1050m	14:25.29	41.38	1100m 15:06.63	41.34
1150m	15:47.42	40.79	1200m 16:28.66	41.24
1250m	17:09.86	41.2	1300m 17:49.98	40.12
1350m	18:30.27	40.29	1400m 19:10.04	39.77
1450m	19:49.58	39.54	1500m 20:26.65	37.07

VANDEN BAVIERE Margo GM **GOLD/21096/09**

Wed 03	800m vrije slag	11:25.34	11e	1 Rp
50m	00:39.54	39.54	100m 01:22.60	43.06
150m	02:06.00	43.4	200m 02:49.24	43.24
250m	03:33.56	44.32	300m 04:16.82	43.26
350m	05:00.14	43.32	400m 05:43.52	43.38
450m	06:26.29	42.77	500m 07:10.05	43.76
550m	07:52.92	42.87	600m 08:37.13	44.21
650m	09:20.73	43.6	700m 10:03.62	42.89
750m	10:46.55	42.93	800m 11:25.34	38.79



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VANDENBERGHE Lukas GM **GOLD/11133/10**

Wed 01 1500m vrije slag 25:20.22 14e

50m	00:42.88	42.88	100m	01:31.53	48.65
150m	02:22.46	50.93	200m	03:13.14	50.68
250m	04:04.83	51.69	300m	04:55.45	50.62
350m	05:45.65	50.2	400m	06:36.97	51.32
450m	07:28.10	51.13	500m	08:18.64	50.54
550m	10:02.30	103.66	600m	10:54.08	51.78
650m	11:45.55	51.47	700m	12:36.98	51.43
750m	13:28.50	51.52	800m	14:19.81	51.31
850m	15:11.58	51.77	900m	16:02.93	51.35
950m	17:46.80	103.87	1000m	18:39.17	52.37
1050m	20:23.58	104.41	1100m	21:13.95	50.37
1150m	22:04.34	50.39	1200m	22:54.80	50.46
1250m	23:45.84	51.04	1300m	24:35.89	50.05
1350m	25:20.22	44.33	1400m	26:53.24	93.02
1500m	25:20.22	-46.51			

VERPLANCKE Mara GM **GOLD/21140/13**

Wed 02 400m vrije slag 07:08.65 2e

50m	00:47.96	47.96	100m	01:42.89	54.93
150m	02:38.06	55.17	200m	03:34.38	56.32
250m	04:28.96	54.58	300m	05:25.03	56.07
350m	06:19.74	54.71	400m	07:08.65	48.91

WENES Joelia GM **GOLD/21141/12**

Wed 02 400m vrije slag 06:46.18 6e

50m	00:45.31	45.31	100m	01:37.13	51.82
150m	02:28.77	51.64	200m	03:19.54	50.77
250m	04:12.25	52.71	300m	05:05.59	53.34
350m	05:57.84	52.25	400m	06:46.18	48.34