



27/11/2022

2e Dag Provinciaal Criterium - Zwevegem

GOLD Swimming Team
Live slow, swim fast!HIGHS
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GARKA

DE SAEDELEER
JEAN-LUC
loodgieter
asfalt- & zinkwerkenVROEGVOGEL
bvba

AFLOS Dames 1			GG	GOLD		
Wed 10	4x50m vrije slag	01:54.83		3e		
Helena M/Zoé N/Anaïs O/Luna O						
50m	00:28.11	28.11	100m	00:57.34	29.23	
150m	01:26.35	29.01	200m	01:54.83	28.48	

ANQUETIL Inaya			GM	GOLD/21102/09		
Wed 08	50m vlinderslag	00:38.30	-2.1	4e		

BALCAEN Sander			GOLD/11134/11			
Wed 05	50m rugslag	00:41.90	1e			

DE BRUYNE Sander			GM	GOLD/11135/13		
Wed 07	200m vrije slag	03:01.00	-11	5e		
50m	00:38.40	38.4	100m	01:24.82	46.42	
150m	02:14.06	49.24	200m	03:01.00	46.94	

BENOOT Jens			GM	GOLD/11097/08		
Wed 05	50m rugslag	00:39.95	-3.5	1e		
Wed 07	200m vrije slag	02:51.09	-12	3e		
50m	00:37.29	37.29	100m	01:21.62	44.33	
150m	02:08.52	46.9	200m	02:51.09	42.57	

DE BRUYNE Sander			GM	GOLD/11135/13		
Wed 01	400m vrije slag	06:55.90	3.84	3e 4 Rp		
50m	00:45.95	45.95	100m	01:37.74	51.79	
150m	02:30.90	53.16	200m	03:23.92	53.02	
250m	04:16.64	52.72	300m	05:10.21	53.57	
350m	06:03.75	53.54	400m	06:55.90	52.15	

DE BRUYNE Silke			GM	GOLD/21128/11		
Wed 02	200m wisselslag	03:17.51	-27	2e		
50m	00:45.44	45.44	100m	01:37.51	52.07	
150m	02:32.86	55.35	200m	03:17.51	44.65	

Wed 08	50m vlinderslag	00:43.57	1e			
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DE MOOR Maxime			GM	GOLD/11094/09		
Wed 03	200m wisselslag	02:56.19	-7.4	6e		
50m	00:41.33	41.33	100m	01:24.33	43	
150m	02:17.78	53.45	200m	02:56.19	38.41	

Wed 05	50m rugslag	00:37.04	-2.7	3e		
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DE MOOR Pauline			GM	GOLD /21066/06		
Wed 02	200m wisselslag	03:07.10	-3.2	6e		
50m	00:41.01	41.01	100m	01:26.13	45.12	
150m	02:24.06	57.93	200m	03:07.10	43.04	

Wed 04	50m rugslag	00:39.19	3e			
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DEPRAETERE Indy			GM	GOLD/21137/13		
Wed 01	400m vrije slag	07:34.67	-6.1	8e		
50m	00:46.56	46.56	100m	01:42.55	55.99	
150m	02:41.14	58.59	200m	03:39.60	58.46	
250m	04:39.51	59.91	300m	05:38.66	59.15	
350m	06:38.24	59.58	400m	07:34.67	56.43	

MEURISSE Kyana			GOLD/21114/10			
Wed 02	200m wisselslag	03:01.07	-8.6	3e 2 Rp		
50m	00:38.27	38.27	100m	01:23.79	45.52	
150m	02:18.82	55.03	200m	03:01.07	42.25	

MOERMAN Helena			GOLD /21101/00			
Wed 06	200m vrije slag	02:38.08	-10	2e 4 Rp		
50m	00:35.46	35.46	100m	01:15.94	40.48	
150m	01:57.62	41.68	200m	02:38.08	40.46	

MOERMAN Helena			GOLD /21101/00			
Wed 04	50m rugslag	00:33.40	2e 5 Rp			
Wed 08	50m vlinderslag	00:30.39	-1.8	1e 7 Rp		

NAERT Zoé			GOLD /21081/08			
Wed 04	50m rugslag	00:35.71	0.2	3e 4 Rp		
Wed 06	200m vrije slag	02:21.14	-2.4	6e 7 Rp		
50m	00:32.43	32.43	100m	01:08.13	35.7	
150m	01:45.02	36.89	200m	02:21.14	36.12	

OOSTERLYNCK Anaïs			GOLD/21090/06			
Wed 02	200m wisselslag	02:32.71	-5.4	1e 9 Rp		
50m	00:32.07	32.07	100m	01:11.26	39.19	
150m	01:57.84	46.58	200m	02:32.71	34.87	

OOSTERLYNCK Anaïs			GOLD/21090/06			
Wed 06	200m vrije slag	02:15.72	-1.2	3e 9 Rp		
50m	00:31.30	31.3	100m	01:05.86	34.56	
150m	01:41.30	35.44	200m	02:15.72	34.42	

OVAERE Luna			GOLD /21040/06			
Wed 06	200m vrije slag	02:13.20	-0.6	1e 10 Rp		
50m	00:31.23	31.23	100m	01:04.63	33.4	
150m	01:38.69	34.06	200m	02:13.20	34.51	

Wed 08	50m vlinderslag	00:30.50	-0.05	1e 9 Rp		
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PACKET Laura			GM	GOLD/21092/08		
Wed 02	200m wisselslag	03:06.13	6e			
50m	00:38.56	38.56	100m	01:27.62	49.06	
150m	02:22.75	55.13	200m	03:06.13	43.38	

Wed 08	50m vlinderslag	00:37.01	-2.1	4e		
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loodgieter
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PACKET Sarah GM GOLD/21138/11

Wed 02 200m wisselslag 04:00.76 8e

50m	01:43.51	103.51	100m	02:43.99	60.48
150m	03:30.10	46.11	200m	04:00.76	30.66

Wed 04 50m rugslag 00:45.37 2e

PENEZ Beau GM GOLD/11105/10

Wed 03 200m wisselslag 02:59.45 -22 1e 1 Rp

50m	00:40.32	40.32	100m	01:26.57	46.25
150m	02:20.93	54.36	200m	02:59.45	38.52

Wed 05 50m rugslag 00:39.27 -4.3 2e

VALCKE Mirthe GM GOLD/21139/08

Wed 06 200m vrije slag 02:55.71 -14 9e

50m	00:40.13	40.13	100m	01:24.80	44.67
150m	02:11.90	47.1	200m	02:55.71	43.81

VANDEN BAVIERE Margo GM GOLD/21096/09

Wed 04 50m rugslag 00:40.08 -6.6 1e

VANDENBERGHE Lukas GM GOLD/11133/10

Wed 03 200m wisselslag 03:09.46 -28 5e

50m	00:43.92	43.92	100m	01:31.27	47.35
150m	02:27.33	56.06	200m	03:09.46	42.13

Wed 05 50m rugslag 00:42.09 3e

VANDENBERGHE Staf GM

Wed 05 50m rugslag 00:48.04 4e

Wed 07 200m vrije slag 03:02.77 6e

50m	00:40.90	40.9	100m	01:28.08	47.18
150m	02:16.80	48.72	200m	03:02.77	45.97

VERHEYE Miel GM GOLD/11142/06

Wed 03 200m wisselslag 02:21.99 4e 9 Rp

50m	00:30.69	30.69	100m	01:06.03	35.34
150m	01:50.63	44.6	200m	02:21.99	31.36

Wed 07 200m vrije slag 02:00.67 3e 12 Rp

50m	00:28.32	28.32	100m	00:59.68	31.36
150m	01:30.57	30.89	200m	02:00.67	30.1

VERPLANCKE Mara GM GOLD/21140/13

Wed 01 400m vrije slag 07:13.81 5.16 6e

50m	00:49.26	49.26	100m	01:46.15	56.89
150m	02:41.11	54.96	200m	03:37.02	55.91
250m	04:32.72	55.7	300m	05:28.49	55.77
350m	06:22.92	54.43	400m	07:13.81	50.89

WENES Joelia GM GOLD/21141/12

Wed 01 400m vrije slag 06:42.81 -3.4 13e

50m	00:42.94	42.94	100m	01:33.56	50.62
150m	02:25.26	51.7	200m	03:16.51	51.25
250m	04:09.46	52.95	300m	05:01.19	51.73
350m	05:53.92	52.73	400m	06:42.81	48.89