



05/03/2023

UZKZ Cup 2023 - Zwevegem

GOLD Swimming Team
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bvba**DEHAUDT Fernando** **GOLD /11029/05**

Wed 05 200m rugslag 02:08.12 1e 14 Rp

50m	00:30.29	30.29	100m	01:02.52	32.23
150m	01:35.65	33.13	200m	02:08.12	32.47

Wed 08 100m schoolslag 01:11.91 3e 7 Rp

50m	00:34.30	34.3	100m	01:11.91	37.61
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Wed 10 200m vrije slag 01:53.43 0.87 1e 15 Rp

50m	00:26.43	26.43	100m	00:54.90	28.47
150m	01:24.15	29.25	200m	01:53.43	29.28

DELBECQUE Tore **GOLD /11015/00**

Wed 10 200m vrije slag 02:08.26 5e 4 Rp

50m	00:28.39	28.39	100m	01:00.84	32.45
150m	01:34.95	34.11	200m	02:08.26	33.31

LAZOU Lente **GOLD/21110/05**

Wed 04 200m rugslag 02:25.52 1e 11 Rp

50m	00:33.54	33.54	100m	01:10.52	36.98
150m	01:48.17	37.65	200m	02:25.52	37.35

Wed 09 200m vrije slag 02:07.16 1.63 1e 13 Rp

50m	00:29.85	29.85	100m	01:02.19	32.34
150m	01:34.60	32.41	200m	02:07.16	32.56

MOERMAN Helena **GOLD /21101/00**

Wed 01 100m vlinderslag 01:11.06 0.29 3e 3 Rp

50m	00:32.74	32.74	100m	01:11.06	38.32
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Wed 09 200m vrije slag 02:10.34 -1.3 2e 10 Rp

50m	00:29.98	29.98	100m	01:03.22	33.24
150m	01:36.91	33.69	200m	02:10.34	33.43

NAERT Zoé **GOLD /21081/08**

Wed 04 200m rugslag 02:40.83 6e 5 Rp

50m	00:37.50	37.5	100m	01:18.37	40.87
150m	01:59.82	41.45	200m	02:40.83	41.01

Wed 07 100m schoolslag 01:20.28 -1.8 2e 8 Rp

50m	00:37.37	37.37	100m	01:20.28	42.91
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Wed 12 100m wisselslag 01:13.95 -1.5 7e

50m	00:35.24	35.24	100m	01:13.95	38.71
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OVAERE Luna **GOLD /21040/06**

Wed 01 100m vlinderslag 01:07.05 0.02 1e 10 Rp

50m	00:31.13	31.13	100m	01:07.05	35.92
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Wed 09 200m vrije slag 02:11.94 -0.8 3e 11 Rp

50m	00:31.70	31.7	100m	01:04.95	33.25
150m	01:38.19	33.24	200m	02:11.94	33.75

VERHEYE Miel **GOLD/11142/06**

Wed 10 200m vrije slag 01:58.21 -2.2 3e 13 Rp

50m	00:27.18	27.18	100m	00:57.42	30.24
150m	01:28.30	30.88	200m	01:58.21	29.91

Wed 13 100m wisselslag 01:05.45 5e

50m	00:29.56	29.56	100m	01:05.45	35.89
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